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FREE LEGAL ADVICE IS AVAILABLE!

Did you know that free legal advice is available to Muckleshoot Tribal and Community members? The Muckleshoot Tribal Court's Legal Advice Clinic provides free legal advice on a wide range of matters, including child custody disputes, probate, hunting violations, civil rights and more.

"Most of us need legal help at some point, but not everyone can afford to pay for an attorney," Tribal Court Administrator Bobbie Jo Norton says. "The clinic is a place where people can spend time with an attorney at no cost to them."



Jared Miller

Originally launched as a pilot project in November 2014, the clinic is open to all members of the Muckleshoot community, with no low income requirement. Staffed by Jared Miller, a private attorney, the clinic provides legal advice on matters in tribal, state, and federal jurisdictions and helps people complete legal documents, understand their legal rights, and gain access to the Tribal Court system.

"Legal issues can be a large source of stress," Norton says. "Getting help through the free legal clinic can be an empowering and valuable resource."

"The legal system and the court system can be very scary for people," Miller agrees, adding that "One of the most important things that I do is let people know what their rights are and help them understand when they should hire an attorney, or whether they can deal with the legal issue themselves."

As needed, referrals are made to legal programs that represent low-income individuals in legal matters. A comprehensive listing of legal resources is being developed and expanded, Norton says.

"Providing free legal services to members of the Muckleshoot community has improved access to justice and helped people deal with legal matters in their lives that they might otherwise not confront," Miller adds. "I think it's a very forward-thinking thing for the tribal government to do."

Issues the MIT Legal Aid Clinic deals with include, but are not limited to, advice-only services with respect to document review, criminal and civil litigation advice, probate matters, family law matters, explanation of the scope of Tribal Court jurisdiction, assistance with access to Tribal Court and other routine matters.

Each Clinic participant receives up to one (1) hour of free legal services per visit. The Clinic is held in the Legal Building on the First and Third Wednesday of each month. Tribal and Community members can schedule an appointment or learn more about the clinic by contacting the Muckleshoot Tribal Court at (253) 876-3203.

When the Muckleshoot Canoe Family left the floor after doing a protocol that made the elders proud, they'd completed their 13th Canoe Journey - 15 if you count the Paddle to Seattle and last year's Youth Pull.

This year's journey, the Paddle to Nisqually, was dedicated to the memory of Kathy Crombie, whose loving heart and good humor will never be forgotten by those who traveled with her.

Since Nisqually is just two camps away, Muckleshoot started at Neah Bay, with stops at Pillar Point, Lower Elwha, Jamestown S'Klallam, Port Townsend, Port Gamble, Suquamish, Muckleshoot (Seattle) and Puyallup.

A pull-out section featuring 120 photos starts on page 11.



MUCKLESHOOT CANOE FAMILY
Paddle to Nisqually 2016

Changes at Muckleshoot Child & Family Services Program

The Muckleshoot Child & Family Services (MCFS) Program is excited to announce the hiring of new staff. MCFS would like to thank Tribal Council, The MCFS Committee, and MIT Human Resources in supporting our efforts to bring on a full staff. MCFS has hired and appointed **Romajeane Thomas** as the new Program Manager. Romajeane first came to MCFS in January 2015 in the capacity of a Family Protection Advocate Liaison (PAL) before she transferred to her position as Administrative Support Manager to the Tribal Council.

MCFS is excited to have her back in the capacity of Program Manager. Romajeane is a Muckleshoot Tribal Member and is passionate about servicing families in the community and shares the future vision and the goals of the program.

MCFS has also hired **Trudi Moses** as the new Foster Home Licensor. Trudi is a Muckleshoot Tribal member and we here at MCFS are excited to have her as a part of the team. Trudi brings with her an understanding of the processes of Foster Home licensing and is currently working on planning a Foster Home Recruiting event in the near future!

The newest PAL positions filled at MCFS are:

- **Ituau Atimalala** is of Samoan descent and has Muckleshoot tribal members in her immediate family. Ituau was an incidental hire position prior to recently becoming permanent. Ituau has built a positive rapport with her clients and is passionate about serving the Muckleshoot families and community.

- **Rachelanne Subido** is of Crow descent and started her position in June as an incidental hire before recently becoming permanent. Rachelanne has past experience working with the Muckleshoot Community from her position with the DSHS Office of Indian Child Welfare. Rachelanne is so excited to come to work every day and serve the Muckleshoot community and is quickly developing a positive rapport with her clients. We have 2 more positions that are currently being filled, so stay tuned!

Dyani Baker is a Muckleshoot Tribal Member and is our newest Administrative staff hire. Dyani began her position with MCFS in May. We are happy and excited to have her as part of our team. MCFS is currently staffed as follows:

Management:
Program Director, Cynthia Orie
Program Manager, Romajeane Thomas

Protection Advocate Liaison (PAL)
Jacqueline Hernandez
Etene Taimalelagi
Ituau Atimalala
Rachel Ann Subido
2 New hires (TBA)

Investigators
Laurel Kelly
Ann Chae

Foster Home Licensor
Trudi Moses

Administrative Staff
Eva Jerry
Dyani Baker

Records & Data Management
Rachel Sutton

Program Coordinator Title IV-E
Betsy Tulee

NEWS & NOTES

MCFS recently held its 2nd Annual Summer Safety Fair and this year's event was at Sunset Park in Auburn. In an effort to promote summer safety for children MCFS provided bike helmets and life vests, and goodie bags filled with sunglasses, swim goggles, sunscreen and bubbles and sidewalk chalk. Also MCFS PAL Etene manned the grill and cooked up some fabulous burgers and hot dogs for a nice summer picnic lunch. Children also had a chance to win bicycles, tricycles, scooters, and skateboards to complement their brand-new helmets. *PLEASE NOTE: MCFS is requesting community care givers of the program including foster and relative care to call your assigned PAL if you have out of state travel plans this summer. Details regarding out-of-state travel requirements will be provided to you by the MCFS PAL's and/or management.*

As MCFS continues to grow and evolve into a program that not only is mandated to protect children within the Muckleshoot Community but into a program that is active in prevention and offering services to families, we appreciate the community and Tribal Operations support that allows us to move forward in a positive direction.

It is a goal of the MCFS program to become more involved in community events as well as host some events in the future and to become a regular part of the Muckleshoot Monthly!

Trudi Moses, new Foster Home Licensor

Greetings! Please let me formally introduce myself as the newly appointed Foster Home Licensor for the Muckleshoot Indian Tribal Children and Family Services Program. Many may be acquainted with me from past work experience within MIT Youth Development Program, Housing, or the Loan Guarantee Program.

My professional background has been in the social services and public administration field for over 18 years, and cultural background as a proud Muckleshoot Tribal member and also descendent from the Skokomish Tribe. Residing in the Muckleshoot community with my husband, Carl "Bud" Moses Sr. and our 9 children and 9 grandchildren, Family is my treasure!

I am delighted to have the opportunity to serve the community in the capacity of the foster home licensor. Foster Care is one of the most important elements of the child welfare system, as it provides foster children with the family connections essential to adolescent development. Providing a loving and nurturing environment to serve the best interest of the child is of utmost importance to our current and forthcoming licensed foster families. Foster parents and relative care families must receive support to care for and nurture children. It is my goal to provide support and target retention, recruitment efforts, evaluate strategies for change, and involved in continuous improvement to better meet the needs of our communities children in need of services

Continued on page 2



Housing Commissioner Warren KingGeorge addresses the Town Hall Meeting. PHOTO BY EVAN AVILA

Town Hall Meeting Re-Cap

By Evan Avila

On July 18th, 2016, a Town Hall Meeting was conducted at the Muckleshoot Elders Complex. The purpose of the meeting was to update Tribal Members on news and information concerning the Housing Authority.

The meeting began with a presentation by Warren KingGeorge which provided general information regarding the Housing Authority.

The presentation displayed all of the positive changes that have been occurring within the department through graphs and data that had been collected from previous years.

The presentation also provided a sneak-peak into what the department hopes to accomplish in the future.

At the conclusion of Warren's presentation, the floor was handed over to tribal members so everyone could voice their questions and concerns.

Once everyone had spoken, participants exchanged ideas and suggestions about what the community would like to address in future meetings.



Tomanamus Forest Community Day planned for Friday, September 16

Come out and join the fun! The Annual Tomanamus Forest Community Day will take place on Friday, September 16, from 9AM to 3PM, at Medicine Eagle Flats. There will be games, activities, raffles, giveaways and much more. Lunch will be served from 11:00AM to 1:00PM.

Van shuttle service will be available from Philip Starr Building, or drive up on your own. Watch for the signs right after you pass Greenwater. The first bus leaves Philip Starr at 8:15AM, and after that they will run approximately every 10 minutes. The last bus will return at 4:45PM.

Come on out and enjoy a Forestry Fun Day for the whole family!

CHILD & FAMILY SERVICES PROGRAM

continued from page 1

and supporting the foster families.

My door will always open to welcome any questions or concerns in regard to licensing of foster homes and the support services.



Point Piper sets record in Longacres Mile victory

EMERALD DOWNS – In one of the most explosive races in Washington history, Point Piper, a well-traveled California-based 6-year-old, overpowered 10 rivals – including 6-to-5 favorite O B Harbor and two-time defending champion Stryker Phd – to score a 4 3/4-length victory in 81st running of the \$200,000 Longacres Mile on August 14.

With two-time Kentucky Derby-winning jockey Mario Gutierrez aboard, Point Piper ran the one mile distance in 1:32.90 to break the track and state record of 1:33 set by Sky Jack in 2003, also in the Longacres Mile. It was also the second Longacres Mile win for Gutierrez, who rode Nyquist to a Kentucky Derby victory on the first Saturday in May.

BILLY FRANK JR. NISQUALLY NATIONAL WILDLIFE REFUGE



The Muckleshoot Tribe was honored by the Nisqually Tribe during the recent Canoe Journey for its support in the successful efforts to rename the Nisqually Wildlife Refuge, which is now officially known as the Billy Frank Jr. Nisqually National Wildlife Refuge. Vice-Chair John Daniels Jr. and Councilmember Louie Ungaro are pictured at the refuge after being wrapped in blankets and accepting a fine bentwood box on behalf of the Tribe.

AUBURN AUGUSTFEST PARADE



2015-'16 Skopabsh Kiyah Bonnie Graft



Sonny & Bonnie



Julie Patterson and Robert Baker Jr.



Congressman Dave Reichert with Kiyah Bonnie Graft



Sonny Bargala representing Veterans



Every parade needs convertibles! Thanks, Jeff Olson.



Councilmember Jaison Elkins with Frank Chopp, Speaker of the WA State House of Representatives.



KING 5 News Anchor Lori Matsukawa Visits Muckleshoot

Lori Matsukawa (on right), recently came to Muckleshoot to meet with Cultural Program staff to discuss possible collaborations between tribal drummers and the Taiko drummers of Seattle. She was gifted a 12 blanket by, from left to right, Eileen Richardson, Will Bill, Justice Bill and Joseph Martin.

Farewell, Romajejan!

Romajejan Thomas was honored with a backyard barbecue behind the Philip Starr Building to mark her return to Muckleshoot Child & Family Services after a very capable stint heading up the Tribal Council Support Staff operation. In her new position, Romajejan will serve as MCFS Program Manager.

PHOTOS BY EVAN AVILA

PHOTO BY DAVID BEAN

PHOTO BY EVAN AVILA

FAMILY RESOURCE CENTER ASSISTANCE INFORMATION 2016

FOOD BANK

This assistance is available for Tribal Member households only. Food Bank hours are from 10:00 AM-4:00 PM, Monday through Friday, closed 12-1 for lunch. Food boxes are only given to households who come into the office to sign up for a box. At no time will we give a box to someone else for you.

You may sign up for one box per Tribal household once weekly. Delivery of food boxes is only offered to elderly Muckleshoot Members (age 50 and older) or handicapped Muckleshoot Members (with State Social Security Disability letter). Delivery requests need to be called in before 12:30 PM.

CLOTHING BANK

The clothing bank is open to receive clothing donations so that clients in need can look through the donations and take items they need for themselves or family members. The clothing bank is open during office hours, and is available to all tribal/community members.

EMERGENCY ASSISTANCE

Emergency assistance is available for Muckleshoot Tribal households who are experiencing an emergency within their household. It is available once per (calendar) year, per tribal household, and is income based.

This assistance requires an application explaining circumstances, and income eligibility information. If you are in need of assistance, please come in and fill out an application. You can use it on rent/mortgage, utilities, Homeowner's Insurance, car repairs, furniture, appliances, a bed, gas purchase for Dr. Appointments/hospital visits, or bathroom/kitchen items.

Applications received and complete will be processed by staff, at our earliest convenience. Each household needs to update their address/income with the staff at the Resource Center. This assistance depends on availability of funds.

LAUNDRY ASSISTANCE

Laundry assistance is available for Tribal Member households once quarterly. If you have a need for this assistance you can pick up an application at the Resource Center. The amount of assistance provided is based on your household size. If you have a washer/dryer but need laundry soap, we have soap available on a quarterly basis.

OTHER ASSISTANCE – (tribal member households only)

Our office has diaper assistance, which is available once every two (2) weeks. We have personal hygiene packs available once a month, which are available to tribal member adults 18 years or older. We have baby hygiene packs available for tribal children on a monthly basis. We also have women's personal items available. We have toilet paper available once per month per household. There is baby formula available once per month per household.

This assistance is available for Tribal Member households, and is dependent on funding. If you are in need of any other type of assistance, please don't hesitate to ask us for help. If our office does not assist with what you need, we will assist you with finding other options.

ENERGY ASSISTANCE

There are two types of energy assistance funds that we receive throughout the year. There is a 7 day processing time for applications, please, do not wait until you have a shut-off notice.

Once your utilities are shut off, there is a deposit added on to the account, and you must set up a new account with the utility company. Applications need to be complete when turned in. The household income is based on 60% State Median Income, which is from King County household income limits. Energy assistance is based on funding availability.

- 1.) The LIHEAP energy funds are for low income Native American households residing within King or Pierce County (excluding Seattle city limits).
- 2.) Tax Fund energy funds follow the same guidelines as LIHEAP, but must have a Muckleshoot Tribal Member living within the household.

SENIOR ENERGY ASSISTANCE

This energy assistance is for Muckleshoot Tribal Member elder households (living within a 30 mile radius from the Muckleshoot Tribal Chimney), who need assistance with their utility bills. It is available to Tribal Member households once per quarter, and is in addition to the LIHEAP/Tax Fund Energy programs. There is a 7 day processing time for applications, please do not wait until you have a shut-off notice. Once your utilities are shut off, there is a deposit added on to the account, and you must set up a new account with the utility company. Applications need to be complete when turned in. This program is subject to Centralized Income standards of 100% of King County Median Income. This assistance is based on funding availability.

S.T.O.W.W.

Small Tribes Organization of Western Washington. We also are the main contact for commodities distribution. If you are in need of this assistance, please come in and fill out an application. We will fax the application in to a STOWW representative, and they will contact you as to whether you are eligible for their program. We distribute commodities from our office on a monthly basis. The STOWW phone number is 253-589-7101 X228.

GENERAL ASSISTANCE

This assistance is open to unemployed Muckleshoot Tribal Members and to other Native Americans living on our reservation. This assistance is available depending on funding. Please call the office to inquire about funding.

DSHS STAFF is at our office Tuesdays, Wednesdays and Thursdays every week from 8:30-3:30.

DIVISION OF CHILD SUPPORT is at our office the 1st and 3rd Wednesday of the month.

Our phone numbers to the office are:

Dawn Miller, Program Manager (253) 876-3356,
Charlotte Porterfield, Admin. Spec (253) 876-3020,
Deidre Edwards, Receptionist (Main Line), (253) 876-3336,
Renae Ward-Anderson, Social Services/Energy Assistance (253) 876-3126,
Juanita Sam, Emergency Assistance (253) 876-3084,
Antonio Cabanas-Food Bank (253) 876-3098,
Darren Redthunder-Food Bank (253) 876-3357,
DSHS –Outstation (253) 876-3003
– Income Verification (253) 876-3024 and our office fax # (253) 876-2806.

If you have questions, please don't hesitate to call us.

WALKING ON...

James "JR" Smith

James "JR" Smith (formerly Ralphie Lozier III) was born in Bremerton, WA on December 30, 1989 to Rhonda Jones and Ralph Lozier, and joined his mother in paradise on July 19, 2016. He was 26.

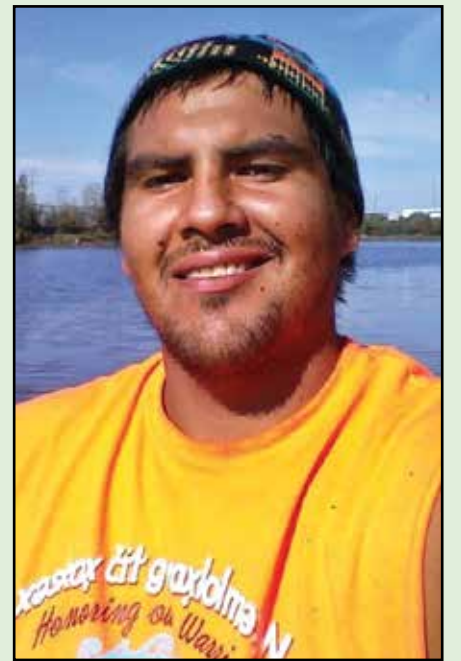
A uniquely talented athlete in baseball, softball, football, and wrestling, he was well-liked for his larger-than-life personality. Growing up in the North Kitsap area, his unparalleled power hitting won him many accolades in baseball. He earned countless championships and MVP awards in tribal tournaments, and competed multiple times in the Softball World Series and the Babe Ruth World Series, where he set a home run record that stands to this day.

JR was a proud Muckleshoot tribal member, fisherman, and hunter, with many special friends and relatives in and around the Muckleshoot, Port Gamble, Suquamish, Quinault, and Quileute reservations.

He was preceded in death by his mother, Rhonda, and stepfather, Lloyd Smith Jr.

He is survived by grandparents Mike Sr. and Barbara Jones, Nancy Sigo (Jim Henry), Lloyd Sr. and Jan Smith, Ron and Sharon Charles, and Kate and Pete Perez; parents Mike Jr. and Michelle Jones of Little Boston, and Ralph Lozier (Melissa Calvert) of Enumclaw; siblings Trisdin Lozier, Leesa Lozier, Miranda Smith, Reuben Smith (Jessie Lemickson), Mike Jones III, Anthony Jones Sr. (Hannah), and Christopher Jones; nieces Clara Jones and Makinley Smith; nephews Zeke Lozier, Anthony Jones Jr. and Russell Smith; and many aunts, uncles, cousins, and innumerable friends.

Services were held on July 29, 2016 at the Port Gamble S'Klallam Tribal Center in Kingston, WA, with Kari and Dennis DeCoteau officiating. Arrangements were through Cook Family Funeral Home. Sign the online guestbook at www.cookfamilyfuneralhome.com



Dontae Wayne Jones

Dontae Wayne Jones, a proud member of the Tulip Tribes, was born to Alpheus Jones Jr. and Ami Pablo on April 20, 1996. He went to be with the Lord on August 1, 2016. He was 20 years old.

Before graduating from Heritage High School he enjoyed playing basketball, where they were all-district champs and went on to state tournament in Spokane. He also played varsity football and softball with his school mates.

He enjoyed spending time with his family, he loved his Seahawks, traveling and playing video games. Dontae was a very respectful young man and you cannot forget his contagious smile.

He leaves behind his father Alpheus Jones Jr. (Dana); mother Ami (Charles); foster mother Michelle Hamilton; foster brother Keanu Hamilton; foster sister Kayla Hamilton; grandparents Alpheus Jones Sr. (Mildred); Cheryl Tovar (Dan); Lori Parks; Gary Varner (Mari); and great grandmother Leota Pablo; siblings Alpheus Jones III, Antoinette The-Boy Jones, Roselynn The-Boy Jones, Kia Pablo, Desirae Jablonski-Jones, Deachae Jones, Reylynne Jones and Kian Jones; along with numerous aunts, uncles, cousins, nieces, and nephews; as well as numerous friends.

He was preceded in death exactly one month to the day after his Papa Eddie Pablo Sr. Funeral services were held August 5, 2016 at the Tulip Gym, followed by burial at Mission Beach Cemetery. Dontae's loving hugs will be truly missed by many.



Thank you from the family of Norma "Wassie" Eyle

We just wanted to say thank you to all who have been there for our Eyle/Moses family the past three months. It was a long three months for us. There are so many people we would like to thank, but too many to name.

We would like to thank MIT programs (MCDC, MELA, Resource Center, and especially the Elders program) for the food and support from each of these programs. There was so much support for our mother and our family! There were several of you who brought food, and we appreciate all that was donated!

We appreciate all the prayers! We appreciate everyone who came by to see our mother, grandmother, great grandmother, sister, aunt, cousin. She enjoyed the visits! She especially loved her baths and massages the last two months!

She was such a giving person. She tried to help whenever and whomever she could. We will miss her wisdom, spirituality, and her loyalty! But she is not suffering anymore, and she is with all of our relatives. Her spirituality was a special gift to all of us!

We will be working on fundraisers this upcoming year for headstone and memorial. We hope to see all of you there!

The Family of Norma "Wassie" Eyle

My Trip to Switzerland

By Madrienne Salgado

Greetings,

I wanted to share with our community about a recent experience I had.

Back in June a friend of mine, Jace Whitehouse, asked if I'd be interested in dancing (Powwow-Jingle) in Switzerland. At first I thought he was joking. But he provided me details about the trip that assured me he was serious.

We would dance on July 7th and 8th, performances would be for the United Nations and the permanent U.S Mission (basically an Embassy) in Geneva Switzerland. Our troop would be sponsored by the Gathering of Nations Powwow (GON).

Travel was about 12 hours each way, this included layovers in Paris and Amsterdam.

The experience was once in a lifetime. I was so honored to have been considered to participate in the group, which included myself and 7 others, we were all from different parts of the U.S. and Canada but we all went as representatives of the GON. There was a women's fancy dancer, two men's fancy dancers, a men's chicken dancer, a men's traditional dancer, two drummers/singers, and I was there dancing jingle.

During our performances we promoted the 2017 Gathering of Nations Powwow and my friend Jace was our official MC. First we'd all come out dancing in Grand Entry style. Then Jace would explain to the audience about the origins and the details of our dances. After Jace's explanation, we'd all dance individually to exhibition our dance styles. At the end of the performance, after everyone had danced their solos, we'd all dance off together in a Grand Exit.

In addition to our powwow troop, there were two other performance groups. One was a small group from Puyallup, dancing and singing coastal jams and the other group was a father and son duo from New Mexico. The dad played the flute and commented for his son, who was a world champion hoop dancer.

The audience was delighted to learn about our dances and after our performances would come and ask questions and take photos.

After our performances we were free to explore the city. We walked along the famous Lake Geneva shore and toured the pristine city. We sampled and enjoyed local fare and window shopped at countless charming boutiques.

I will always cherish my time and memories in Geneva. The entire experience was exhilarating, from the breathtaking landscape, to the cuisine, and most of all meeting so many people from so many different countries and walks of life.

But I was especially proud to be there representing the Muckleshoot Indian Tribe as a member of the Gather of Nations Powwow troop.

I was also grateful to my supervisor who granted me annual leave to participate in this exciting adventure, so thank you John Daniels Jr!



UN line up 2 with K. Harper



Dancing at Mission



Me holding MIT flag at UN



Solo at UN



Lake Geneva



Me holding MIT flag at UN



UN landscape



UN line up

I hope you all enjoyed this story and photos that come with it. If you have any questions about my trip feel free to stop me anytime!

CASINO NEWS

TDP Participant of the Month Katrina Sharp

The Muckleshoot Casino Tribal Development Program is proud to spotlight our newest participant, Katrina Sharp, and her progress since joining the TDP.

During high school, Katrina worked towards earning her associates degree. Since then, she started her family and has been raising her three children while continuing her education. She currently has 63 credits towards her AA and is looking to transfer to the Northwest Indian College very soon.

Katrina started with the Muckleshoot Casino in December of 2015 as a beverage server and made the decision to join the Tribal Development Program to pursue a career in the Finance Department. She's been working in the F&B (Food & Beverage) Revenue Audit department, which tracks all of F&B revenue, for three months and has excelled at it.

Finance has become her home since she transferred. She enjoys the environment and gets lost in the paperwork and numbers. She's constantly working hard to finish her projects before leaving for the day and has strived to learn the ins and outs of the department after only a short period of time there.

A lot of her learning occurred because of her initiative to find answers on her own while her trainer was on vacation. She's been on par with the workload and makes it her goal to beat the average of three packets per week, making the mission to ensure the department is no longer behind.

When asked what she misses most, she said "the guests." Katrina has a flare for making people feel welcome and happy. She walks through the casino and is stopped by regular guests who remember her and miss her. She looks forward to using her breaks just to go and greet them on the floor.

Katrina has already made a lasting impression on her upper management as well. Her manager, Edward Collins, says "Katrina has made a positive impression with her keen sense of processes, professional demeanor, and quick learning ability. She quickly embraced the F & B audit procedures and is becoming a premier auditor in a short timeframe. We expect great contributions from Katrina."

Congratulations Katrina on your hard work and perseverance! We look forward to watching you grow with success.



Katrina Sharp

PHOTO BY TARA HOWELL

Casino is Purchasing Huckleberries

The Muckleshoot Casino has purchased its annual allocation of 100 gallons of blackberries, and is now purchasing huckleberries only. The casino will accept gallon-bags (5 pounds per bag-weight) for the 2016 huckleberry season, July 15 through October 15, 2016.

A maximum of 10 gallon-bags (5 pounds bag-weight) will be accepted from the same individual seller for the 2016 season. Prices paid are:

- \$55.00 per gallon for excellent quality huckleberries
- \$45.00 per gallon for acceptable quality huckleberries

Unacceptable quality huckleberries will not be purchased. Casino staff will determine the quality of the berries.

All deliveries should be made to Muckleshoot Casino at the warehouse dock (door 4) located by the parking garage at the back side of the building down the delivery ramp. The huckleberries should be delivered in one gallon containers and will be inspected and graded for quality at time of delivery. Delivery hours will be 7:00 a.m. – 3:00 p.m. weekdays only.

Pickers agreeing to sell their product will be given a receipt (load manifest) from the Casino documenting the transaction and authorizing payment to the picker for the huckleberries received. The picker will then bring the load manifest receipt to Lisa Sneatlum or Carl Abbott at the Planning Offices in the Philip Starr Building, where the receipt from the casino will be exchanged for cash payment.

QUESTIONS: Please contact Lisa Sneatlum @ (253) 876-3325 or Carl Abbott @ (253) 876-3150.



MUCKLESHOOT WILDLIFE PROGRAM TRANSPLANTS MOUNTAIN GOATS INTO CEDAR RIVER WATERSHED

The Muckleshoot Wildlife Program, in cooperation with the Washington Department of Fish and Wildlife, transported six mountain goats from Oregon into the Cedar River Watershed on July 20. The WDFW was interested in testing procedures to transport goats by vehicle and helicopter in preparation for a large-scale goat translocation from Olympic National Park to the North Cascades in 2018.

They reached out to us to see if we had ideas for where to release goats. The release site needed to include safe areas with limited public access, outside of wilderness, and where goat numbers were low but habitat could support more animals. Our surveys in the Cedar-Green watersheds have revealed very low numbers in habitat where there had historically been more goats, so we felt that the area could support more animals. Seattle Public Utilities was supportive of the augmentation.

Four adult female, one yearling male, and one yearling female were captured in the Elkhorn Mountains northwest of Baker City, OR, in the morning and loaded into individual crates. Mike Middleton, Mike McDaniel, and WDFW staff then drove the goats to the Cedar River Watershed.

A helicopter was used to transport goats from a staging area four miles to the release site. Goats were released simultaneously into exceptional goat habitat not far from cliffs.

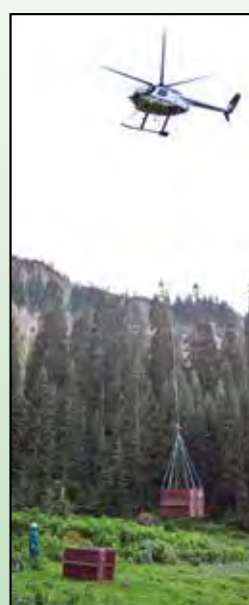
The four adult goats are wearing GPS collars that relay their locations to us via email; the other two have ear tag radio transmitters due to their young age and small body size. We plan to monitor animal movement and possibly replace the ear tags with GPS collars once the goats are older.

Mountain goat numbers south of I-90 are low and have been declining for 15 years. Kelly Butte used to be home for 30 goats, but now we are lucky if we see 10 on our survey flights. Goat numbers in the Corral Pass area are low but seem to be stable at around 12. Harvest guidelines that ensure sustainable harvest recommend minimum populations of 100 goats with harvest of no more than 4 males. None of the areas south of I-90 and north of Mount Rainier where we know goats to occur interact to form a population of 100.

If goats are to persist in the Cedar-Green-White River into the future they must be protected from harvest and poaching.



Goats in crates at staging area ready to be transported to release site.



Helicopter bringing 2 crates into release site in the Cedar River.



Goats being released from crates.



Mountain goats being captured under drop net in Oregon. Goats were physically restrained.



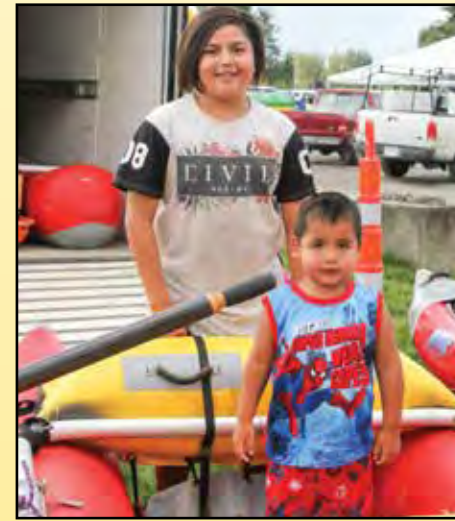
Yearling male with Muckleshoot ear transmitter.



National Night Out

August 2nd, 2016, Muckleshoot Pow Wow Grounds

PHOTO BY EVAN AVILA



Please Welcome Our New NWIC Muckleshoot Site Manager, Destiny Petroske!!

Destiny Petroske has been hired to fill the Northwest Indian College, Muckleshoot site manager position.

Destiny, a Lummi Tribal Member and Duwamish descendent, obtained bachelor's degrees in native studies leadership at NWIC in fall 2015 and in anthropology at Western Washington University in winter 2015. Destiny also earned an AA DTA from Spokane Falls Community College in spring 2012.



Destiny Petroske

Her last place of employment was with NWIC as the student activities/leadership coordinator for the last year before starting as the site manager in July 2016. Her job function included running Native based co-curricular activities and helping students run their own clubs and organizations.

She has been a true advocate for helping students participate in the College Horizons program and the American Indian Higher Education Consortium. She helped Northwest Indian College take first place in the Business Bowl at AIHEC this last year making it the first time NWIC even placed in the business categories.

Her next steps are to start her master's at Evergreen State College in the Tribal Governance Program, fall 2016. Her hobbies include beading, practicing xwlemi chosen and playing S'hal.

Please Welcome Our Newest Instructor, Alix Jean Cavé

The GLC would like to introduce our newest instructor, Alix Jean Cavé. Alix is originally from Port-au-Prince, Haiti, but has been living in the United States since 1970.

He is a US Army veteran, having served with the 3rd US Infantry for four years after which he was honorably discharged. Alix has a bachelor's degree in Cultural Anthropology and Comparative Sociology from Florida International University and has a master's in Early Childhood Education from Florida State University.



He is a new arrival to the Pacific Northwest, hailing from a small town in north Florida where he says he lived in the city of Monticello, located in the only county in Florida without a stop light! Alix is newly married to Debbie Windom as of the 16th of April 2016, and looks forward to a long tenure with the Muckleshoot Tribal College. We welcome him with open arms!

NORTHWEST INDIAN COLLEGE
Xwlemi Eth>Tals Nexw Squl

Fall quarter registration is OPEN!!

The first day of the quarter is **September 19th.**

We offer a variety of programs at our Muckleshoot Site of Northwest Indian College.

We offer:

Two Associate's level degrees (2 years)

Associate of Arts and Science in
General Direct Transfer

Associate of Technical Arts in
Chemical Dependency Studies

Bachelor's level degree (4 years)

Bachelor of Arts in
Tribal Governance and Business Management

Bachelor of Arts in
Community Advocates & Responsive Education

Human Services (ONLINE)



NWIC:

Fall quarter BEGINS September 19th

MOST Program:

Janet Emery, Program Assistant, 253-876-3355
Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292
Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305
Cord Rose, MOST Program IT Instructor, 253-876-3344
Denise Bill, MOST Program Manager, 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Contacts:

Cary Hutchinson
GED Instructor
253-876-3375
Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge
GED Test Administrator
253-876-3395
Mitzi.Judge@muckleshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:
The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Site Manager – Destiny Petroske
Email: dpetroske@nwic.edu<mailto:dpetroske@nwic.edu>
Phone: 360-255-4433

Instructional Technician – Melissa Reaves
Email: mreaves@nwic.edu<mailto:mreaves@nwic.edu>
Phone: 360-255-4432

Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)
Site Manager: Destiny Petroske
Phone: 253.876.2831
Email: dpetroske@nwic.edu

Instructional Aid/Technician: Melissa Reaves
Phone: 253.876.3274
Email: mreaves@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382.
Dena Starr, Scholarship program Manager at 253-876-3147
Victoria Lucyk, Acting Academic/Career Counselor at 253-876-2845
Melissa Scearcy, Admin. Specialist II at 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations in western Washington. Students can earn an AA through the on-line Reservation-Based, Community Determined Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Reservation-Based B.A. program. Designed for place-bound students with connections to tribal communities, the program has been "reservation based" from the beginning with classes held on Indian reservations in western Washington.

Contact:

Cindy Marchand-Cecil – Evergreen
Phone: 360.458.4226
Email: marchanc@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395
Email: Mitzi.judge@muckleshoot.nsn.us

Evergreen State College Course Offering

Indigenous Pathways to Rich and Thriving Communities is a nine-credit upper division course taught as part of the fall, 2016 curriculum for the Reservation Based Community Determined Program.

Classes meet at most sites on Monday and Thursday evenings, where students earn nine credits per quarter. There are four Saturday classes held at Evergreen Longhouse at The Evergreen State College, where students earn three credits per quarter. Returning students can also have independent learning contracts for up to four credits per quarter.

This interdisciplinary course will use a variety of methods, materials, and approaches to explore contemporary economic development issues in tribal communities. Students will examine the field of community and economic development. We will explore the values, vision and principles that guide community and economic development efforts, the process of development, and change strategies such as asset building and community organizing.

We will focus on the promotion of equity and address critical issues such as poverty, racism and disinvestment. We will learn from history while also investigating challenges currently facing urban and rural tribal communities, as well as the experiences of different tribes throughout the United States.

American Indian tribes retain sovereign powers of self-government over their internal affairs and over their self-reserved territories and natural resources in order to sustain their continued existence. The powers of tribal governments, particularly their jurisdiction over lands and natural resources, are often challenged by non-Indian interests.

The contemporary development of Native American political communities continues to be adversely affected by federal Indian public policy, jurisdictional conflicts in state-tribal relations, and "incorporation" conflicts with the U.S. political economy.

The core course also briefly explores economic development in Alaska which has been described as the first and most radical experiment in self-determination. Unlike treaties with Indians in the lower 48 states, the Alaska Native Claims Settlement Act (ANCSA) transferred land and cash to native business corporations and vested control in the hands of Native people them-

selves.

Over the last 25 years debate has continued about whether these corporations should focus on the "bottom line" or operate to serve social welfare and community objectives. This course seeks to explore the political aspects of tribal sovereignty and the continued development of self-governance as the basis for tribal community and economic development, self-determination, and community sustainability, all with a focus towards promoting, advocating for, and understanding economic development in Indian Country.


Students enrolled in the fall Quarter, 2016 will write a final paper that summarizes the history of economic development on a tribe they select over the past 35 years.

Here are the assigned readings for Fall Quarter, 2016:
Collapse of Western Civilization: A View from the Future
The Color of Wealth: The Story behind the U.S. Racial Wealth Divide
Asking the Right Questions: A Guide to Critical Thinking (11h ed.)
Reservation Capitalism: Economic Development in Indian Country
Up from the Ashes: Nation-Building at Muckleshoot
Universities and Indian Country: Case Studies in Tribal-Driven Research
Planning the American Indian Reservation: From Theory to Empowerment

Alaska Native Corporations: Sakuuktugut
Thank you and please let me know if you have any questions.
My best, Cindy

Cindy Marchand-Cecil, MSW
Program Director/Faculty

The Evergreen State College
Reservation-Based, Community Determined Program
2700 Evergreen Parkway NW|Olympia, Washington 98505
marchanc@evergreen.edu|T:360.867.6286|F: 360.458.4226
www.evergreen.edu/tribal



ATTENTION MIT SCHOLARSHIP RECIPIENTS

PLEASE BE AWARE THAT COUNCIL ADOPTED RESOLUTION 13-217, revised policies, guidelines and procedures of the Scholarship Program-Higher Education & Vocational-Technical

Please stop by the MIT College or MIT Scholarship Building to pick up a copy or email us at: ScholarshipsDept@Muckleshoot.nsn.us to request a copy. Please call us for any questions you may have or call to set up an appointment to go over the new policies at 253-876-3378.


Also for those that might not be aware the MIT Scholarship Application can only be filled out online at <http://Scholarship.muckleshoot.nsn.us>

Summer2016 deadline is May 27, 2016 at 5pm!! Fall2016 Dates: July 8- Aug. 19
 Winter2017 Dates: Oct.21- Dec.2, 2016 Spring2017 Dates: Jan.20- Mar.3

Please read all the instructions and make sure you attach all required documents!!!! Please call our office for assistance. The Education Committee meets on Mondays, so your application and/or Appeals must be into our office on Wednesday's by no later than 1:00p.m., to ensure that it will be on the agenda for Education Committee to review.

For more information please contact the MIT Scholarship Office.

Office hours: 8:00 am to 5:00 pm
 Fax No. (253) 876-3082



MIT HIGHER-EDUCATION AND VOCATIONAL TECHNICAL SCHOLARSHIP PROGRAM POLICIES

Exciting Things Are Happening At the GED Learning Center!

Have you ever considered finishing school? Getting your GED? Moving up where you work or even obtaining a new job? Now is the time!

Exciting things are happening at the GED Learning Center (GLC). The first half of the year has seen four graduates, we now have GED Academy, and we have a new instructor.

As well as several individual tests passed, we have had four students qualify for their GED credential. This is a huge increase over the previous year. These students made a goal to pass all four tests so that they could start working at their careers and schooling, instead of having to settle. Watching these students and seeing their motivation was incredible. The GED is not easy, but, with the right tools and motivation, can be done. This is proof.

The GED Learning Center now has a new tool to help students pass their GED tests; GED Academy. GED Academy is an online classroom program that is customized to individual students. It works with students on all four testing areas. Students take pretests that allow the program to customize lessons specifically for the student's needs. There is no need to waste time learning the skills the student already has. Best of all, because this is an online program, GED Academy can be accessed anywhere and anytime internet is available. Students aren't limited to the GED Learning Center hours for studying.

Your GED is obtainable! Just ask our four recent graduates. Studying is also now easier than ever thanks to the custom lesson plans and the flexibility of GED Academy. Extra help is also available with the addition of Alix to our staff. We also offer classroom and workshop options. What are you waiting for? Your journey to greatness can begin now!

MIT Scholarship Program

Believing in Education



If you have questions or are in need of assistance, please email or call us!
Phone: 253-876-3378 Email: ScholarshipsDept@Muckleshoot.nsn.us

During application periods visit our **online application** to apply.
<http://Scholarship.muckleshoot.nsn.us>

For more info about the scholarship program, visit our **website**.
<http://tinyurl.com/mitScholarshipProgram>

Application Periods

Summer 2016 April 15th—May 27th	Winter 2017 Oct. 21st—Dec. 2nd
Fall 2016 July 8th—Aug. 19th	Spring 2017 Jan. 20th—March 3rd

Scholarship Orientation

Scholarship Orientation will be required of each student once per academic year before receiving funding. Required orientation will start with the 2016-2017 academic year (Summer 2016).

Summer 2016

- Tuesday, May 31st 5:30pm-7:30pm
- Thursday, June 2nd 3pm-5pm
- Friday, June 3rd 1pm-3pm
- Tuesday, June 14th 5:30pm-7:30pm

Fall 2016

- Tuesday, July 19th 5:30pm-7:30pm
- Thursday, July 21st 1pm-3pm
- Tuesday, August 2nd 1pm-3pm
- Wednesday, August 3rd 5:30pm-7:30pm

Winter 2017

- Tuesday, December 6th 5:30pm-7:30pm
- Thursday December 5th 1pm-3pm

Spring 2017

- Tuesday, March 7th 1pm-3pm
- Wednesday, March 8th 5:30pm-7:30pm

Online Orientation will be offered for out of state students and those unable to attend an in-person orientation session. Please contact us if you need to do online orientation.

ScholarshipsDept@Muckleshoot.nsn.us 253-876-3378

MUCKLESHOOT TRIBAL COLLEGE ALUMNI SURVEY RESULTS

We had 67 completed surveys that were distributed over the Tribal email, and through the Muckleshoot Monthly. The following are the results:

- 96% of our alumni are employed by the Tribe.
- 60% of the alumni stated their current employment is a direct result of their education at the Tribal College.
- The top 3 programs most used by our Muckleshoot Tribal College Alumni were the 1.) MOST, 2.) NWIC, and 3.) Antioch University.
- 81% of the students were employed full time while they were students.
- Alumni reported their reasons for attending the Tribal College were: 63% the location, 61% the programs, 52% the Tribal program emphasis.
- Muckleshoot Tribal College is now serving Second generation college students, as 63% were other than First Generation College students.
- Alumni ages for starting at Muckleshoot Tribal College were varied.

- 36% were 22-35 years old
- 19% were 35-50 years old
- 18% were 16-18 years old
- 16% were 19-21 years old
- 10% were 50 years old

Alumni reported challenges as students were:

- 57% state their work schedules
- 55% noted family issues
- 40% finances
- 36% of the alumni were interested in becoming a mentor for current students.

Our alumni stated their interest in other Tribal college programs as:

- 46% were interested in certificate programs
- 34% in a Master's Degree
- 31% Cont. Ed classes

- 18% in BA program
- 12% AA Degree.

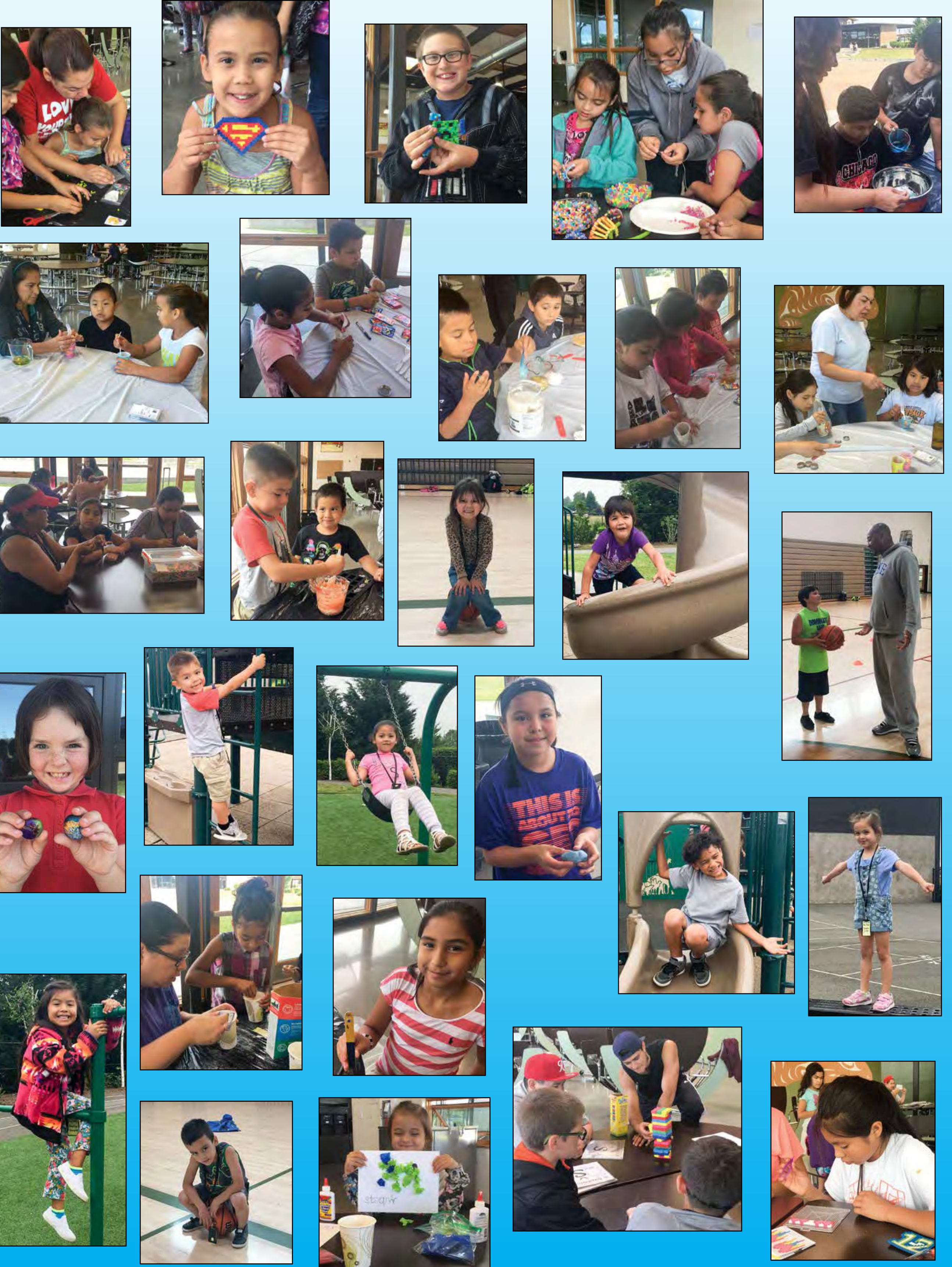
It is exciting to see that our alumni are committed as lifelong learners and willing to mentor other students coming behind them! Muckleshoot Tribal College Alumni, thank you for your participation and valuable feedback it will be very helpful in our continued growth and development at the Tribal College.



MTS SUMMER CAMP, SESSION ONE

June 20th - July 1st, Muckleshoot Tribal School

PHOTOS BY AUTUMN JUDGE



Q & A About Head Start Health Documents

Why Does Head Start Keep Hounding Me About Health Documents?

There are currently 3,542 performance Head Start programs across the United States. One component of these standards is health. Head Start programs are required to collect health documents for all enrolled students within a specific timeframe. Part of our job is to determine a child's health status (whether they need additional follow-up or are up-to-date on medical and dental care). We are required to collect physical exams, dental exams, immunizations, vision, hearing, and developmental screenings to make this determination.

Once we have this information, we can partner with families to assist in finding affordable health insurance (if applicable), finding a primary care provider, requesting records, making appointments, and following up with providers, as needed.

What Does All This Have To Do With My Child Going to School?

Children who are struggling with health, dental, vision, hearing, and developmental issues and concerns, are not as ready to learn as those children who are following up regularly with the child's primary care provider and dentist, receiving support services (if needed), and maintaining consistent attendance at school due to good health all contribute to a child's overall success at school.

FREE LEGAL AID CLINIC

The Muckleshoot Tribal Court is introducing a pilot project to establish a Legal Aid Clinic for the benefit of eligible Tribal and Community Members in need of legal advice. These services may include, but are not limited to, advice-only services with respect to document review, criminal and civil litigation advice, probate matters, family law matters, explanation of the scope of Tribal Court jurisdiction, assistance with access to Tribal Court, and other routine matters. Advice may be provided to members seeking to use both State and Tribal Court, but, preference shall be given to Tribal Court cases.

To implement this pilot project the Tribe has contracted with Jared Miller an attorney with Baldwin, Crocker & Rudd, P.C. Mr. Miller will provide advice services at the Clinic on the 1st and 3rd Wednesdays of each month. Each clinic participant will receive up to one (1) hour of free legal services with Mr. Miller or another licensed attorney. The attorney will decline services where there is a conflict of interest or an ethical issue. For more information, or to schedule an appointment on one of our Clinic days, please contact the Muckleshoot Tribal Court at (253) 876-3203.

Clip & Save

2016/17 Muckleshoot Tribal School - 15209 SE 376th St. Auburn, WA 98092 Phone 253-931-6709

August 2016						
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May 2017						
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30	31	1	2	3	4	5

SPECIAL DAYS - Subject to Change

YELLOW - TEACHERS ONLY **GREEN - EARLY RELEASE**
PINK/RED - NO SCHOOL **ORANGE - SUMMER SCHOOL**
DK GREEN - COMMUNITY CIRCLE

APPROVED BY MTS Commission 6/1/16 School Website-www.muckleshoottribalschool.org
 Closures Website-www.flashalert.com

^ First Day of School * End of Quarter/Semester
 # Last Day of School Afterschool - 10/3-5/19

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Tribal Member Mauricio Stukayu Blanchard Wins Silver Medal in USA National Taekwondo Championships

As you may remember from earlier this year, tribal member Mauricio Stukayu Blanchard won the silver medal in the Washington State Taekwondo Championships and qualified for both the Pan American Taekwondo Union (PATU) International Championship and the 2016 USA Taekwondo National Championships in Richmond, Virginia on the Fourth of July.

However, just one week after the State Championship, Mauricio fell off a playset at school and completely broke both bones in his left arm, his ulna and radius. The left arm is the workhorse blocking arm since most Taekwondo fighters favor kicking with their right leg. Mauricio had a cast on for the next 6 weeks, and then got it put into a brace for the next month, but he continued to train every day at Velocity Taekwondo Center and the Hyper Fight Club, even with the cast on.

His coaches knew it would require a lot of hard work to bounce back from such a serious injury, but the day after the doctor cleared him to fight again, he went to the PATU competition in the Xfinity Arena and won the Silver Medal in his first international tournament, which featured competitors from North and South America.

Then for July 4th he headed out to the East Coast to compete in the full-contact Olympic Sparring Tournament - Heavyweight Division for the Official USA Taekwondo National Championships. Mauricio just turned 8 and was matched up against 18 other kids who were all State Champions. In addition, most of these kids were 9 years old, higher level belts, and as much as 9 inches taller and 50 pounds heavier.

At this level of competition, the fighters are very good, and it is not easy to score points because you have to hit accurately and with a high level of pressure in order to score a point on the Dae Do scoring system. It requires large amounts of intense training on speed, power, footwork, agility, and style. In addition, it takes smarts, experience, and lots of hard work.

At Nationals it is single elimination and most people get knocked out in the first and second rounds. In order to get to the

Finals, there are 4 rounds. You have to win in the Round of 32, the Round of 16, the Quarterfinals, and the Semifinals. Mauricio won all of his fights and made it all the way to the Final Gold Medal Match, defeating all of his opponents in dominating fashion with multiple shutouts and high scoring victories.

Finally, in the gold medal match, he lost to his close friend and training teammate, also from his same school, Velocity Taekwondo Center, home of the 2009 Taekwondo World Champion Gold Medalist, Danielle Pelham, and the 2010 Team USA Coach of the Year, Dave Pelham, who are his dedicated instructors. So, Mauricio came home as the Official USA Taekwondo Silver Medalist... and Washington State brought home both the Gold and Silver Medals in the National Championships!

Mauricio's entire family is extremely proud of him. He trains so hard; up to 6 days a week and 3 hours per day. And he just earned his green belt, too. Mauricio said he felt so proud to be representing the Muckleshoot Indian Tribe. But, he says, he is still not satisfied, and in the future he still strives for the gold and is going to keep fighting hard for it. He says this with confidence and determination.



Proud Coach



Silver medalist Mauricio (left) on winners platform at USA National Taekwondo Championships



Mauricio's first opponent



Mauricio Stukayu Blanchard at USA Taekwondo National Championships



Mauricio with the Silver Medal he won at the Pan American Taekwondo Championships.



Mauricio just earned his green belt



Mauricio Pan American Championships card



Mauricio with his coach (on right) at Nationals waiting to see who he fights next

Please Welcome Our New Home Health Aids!



Cheryl Charles
Home Health Aid



Colleen Anderson
Home Health Aid



Mary Weed
Home Health Aid

Consistency

By Effie Tull



Meaning - Steadfast, adherence to the same principles. This word speaks volumes.

I ask this question to ponder on. What are you individually steadfast or consistent at in your life?

This could be in many areas of your life. Some of you may be able to respond instantly without thought. Others may have to think about what your answer to this question would be.

In our daily life, we have regular routines that we follow constantly, such as getting up and doing what needs to be done.

Those who have children cook, clean the house, and complete daily chores to run the home.

Those who work outside the home commute to work and complete whatever their responsibility is in that job. That in and of itself demands consistency.

A few principles of consistency are personal health-care, personal motivations, and big time management. These go along with consistency.

Here's a thought to think about as well. How is your spiritual life? Or do you even consider this a part of your life?

I do, so let me share a little bit of my constant attitude in my daily life. The Father Above is a constant friend, like an umbrella over me. I may have tears fall from my eyes and sadness in my heart but God's love continues to wash over me.

Father, your rushing encompasses me and brings me peace and joy. Your love is constant and brings me great joy and comfort because you Father, you are always near and I am never alone. Your love I feel as it covers and surrounds me.

Sincerely,
Effie

Elders Fishing Trip



Laquia Elkins

Happy Birthday

Arletta Morrison	8/3
Bradley Michel	8/5
Robert Spencer	8/5
Michael Nelson	8/6
Christine Johnson	8/7
Jesse McDaniel Jr	8/10
Leonard Moses	8/14
Leon Oliver	8/16
Ada McDaniel	8/16
John Starr	8/22
Pauline Lezard	8/23
Julie Wonderling	8/25
Franklin Ross	8/26
Gerald Moses	8/30
Douglas Edwards Sr	8/30

Chef Gail's Sugar Free Berry Pie:

Ingredients:

- 1 Pie crust, top and bottom
- 4 Cups of berry of choice; huckleberry, blueberry. If using mixed berries, do 2 cups of each, ex: 2 Cups sliced Strawberry and 2 Cups of diced Rhubarb.
- 3 Tablespoons tapioca
- ¼ Cup of frozen juice; orange, apple, or pineapple juice.
- 1 Egg, mixed

Baking Instructions:

- Layer pie pan with bottom layer of pie crust. Trim edge to leave about ½ inch over pan.
- Mix berries, tapioca, and juice. Let sit for a minute so juice and tapioca combine and absorb.
- Layer berry mixture in pie shell.
- Cover with top layer of pie crust, trim to match bottom layer, overlap bottom crust to top, pinch edges together.
- Coat top layer of crust with mixed egg.
- Bake at 350 for 30-40 minutes and Enjoy!

Gardner of the Month: Miranda McClinton, Home Health Aid

By Uri Israel

Miranda McClinton is helping Delbert Starr honor his mother's memory through gardening. Delbert told Miranda many stories about how his mother loved being out in her garden.

"I began to tell Dub that we can garden together and do what your mom did. Then I began to love gardening and Dub took a big interest in it too" Miranda said.

Miranda explained that Dub gets out, walks around, and helps weed the garden.

"It made Dub happy knowing that he could go in his back yard, pick vegetables, and see all of the beautiful flowers in his front lawn! It made him happy to know that I took a big interest in gardening and that he was making a garden for his mom" Miranda explained.

Miranda believes, from her experience working with Delbert Starr, that gardening at home is very stress relieving and can help with exercise. It is always great to have everything in front of you and not have to go to the store to get it. Gardening makes a lot of people happy and saves money too.

Delbert's sunflower seeds were very popular this year at the NW Seed Exchange and helped the garden program trade for seeds we did not have.

We thank Miranda for all she does. We applaud Delbert Starr for honoring his mother's love of gardening by building his own garden and keeping his mother's love for flowers and plants alive.



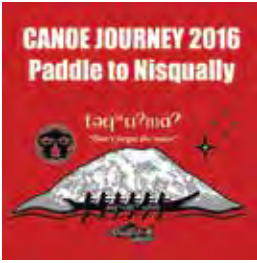
Delbert Starr in his sunflower garden 2015



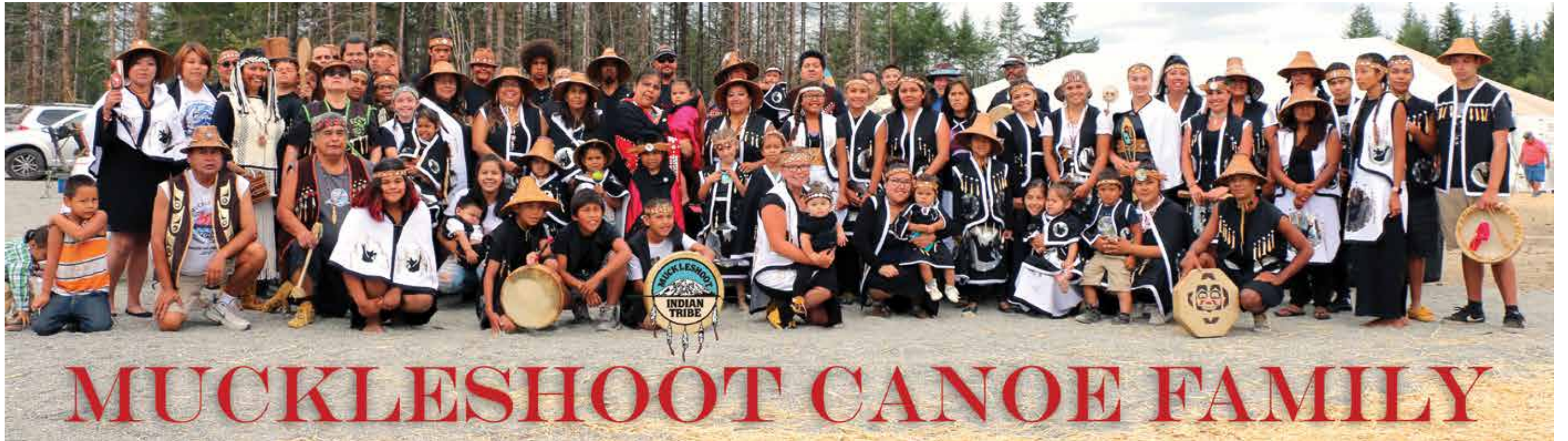
Delbert Starr surveys his garden this year 2016.



Miranda McClinton with flowers she helped plant this year in Delbert Starr's garden.



Paddle to Nisqually 2016



MUCKLESHOOT CANOE FAMILY

PHOTOS BY JOHN LOFTUS



PHOTO BY EVAN AVILA



PADDLE TO NISQUALLY



PHOTO BY EVAN AVILA

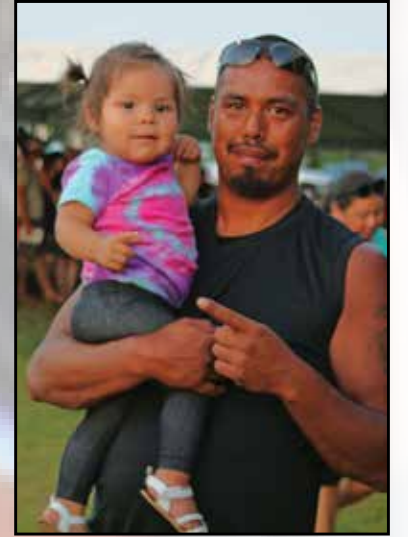


PHOTO BY EVAN AVILA

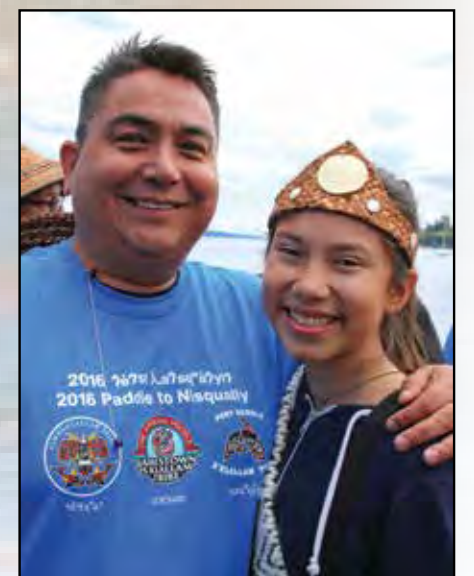






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MUCKLESHOOT SOBRIETY POWWOW

July 22nd - 24th, Muckleshoot Powwow Grounds



CONFIDENTIAL

- Do you have a burning question that you would like answered?
- Text in your question to [253-237-7052](tel:253-237-7052) and check our HWC Facebook page [facebook.com/muckleshoot.hwc](https://www.facebook.com/muckleshoot.hwc) on Thursdays to see if your question was answered.
- If you are having a medical emergency call [911](tel:911).
- If you are having a crisis between 8 am - 6 pm call HWC Family & Youth Services at [253-333-3605](tel:253-333-3605).
- If you are having a crisis after hours call the 24-hour crisis line at [1-866-427-4747](tel:1-866-427-4747).



Long-billed whimbrels at Neah Bay.

Muckleshoot Needle Exchange Program

Muckleshoot Behavioral Health

Services Offered:
 Exchange used syringes for clean syringes
 Receive safe injection supplies
 Receive overdose prevention education and Narcan
 Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm

Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van
 Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

Prostate Cancer: A Leading Cancer for Men

This is one health problem men can lay full claim to -- after all, women don't have prostates. The prostate is a walnut-sized gland behind the penis that secretes fluids important for ejaculation and is prone to problems as men age. Prostate cancer is the most common cancer in men other than skin cancer. Close to 200,000 men will develop prostate cancer this year in the U.S.

But while one in six men will be diagnosed with prostate cancer in his lifetime, only 1 in 35 will die from it. "Many prostate cancers are slow-growing and unlikely to spread, while others are aggressive," says Djenaba Joseph, MD, medical officer for cancer prevention at the CDC. "The problem is, we don't have effective tests for identifying which cancers are more dangerous." Screening for prostate cancer requires a digital rectal exam (the infamous gloved finger) and a blood test for prostate specific antigen (PSA).

But in fact, "Screening has never definitively been shown to reduce the chances of dying from prostate cancer," according to Joseph. That's because screening finds many cancers that would never be fatal, even if undetected. Testing then leads to aggressive treatment of relatively harmless cancers, which causes problems like impotence and incontinence.

Should you get screened for prostate cancer? Some experts say yes, but "the best solution is to see your doctor regularly and talk about your overall risk," says Joseph. "All men should understand the risks and benefits of each approach, whichever you choose."

Domestic Violence Services & Resources

Muckleshoot Behavioral Health Program
 17513 S.E. 392nd St. Auburn, WA 98092
 (253) 804-8752

OTHER RESOURCES
 National Domestic Violence Hotline
 1-800-799-7233 (24 hr)
 Washington Domestic Violence Hotline
 1-800-562-6025
 DAWN Crisis/Advocacy:
 425-656-7867 (24 hr)
 King County Sexual Assault Center
 1-888-998-6423 (24 Hr)
 Crisis Clinic
 1-866-427-4747 (24 Hr)
 Seattle Indian Health Board
 206-324-9360

SERVICES WE PROVIDE
 Safety Planning
 Individual & Family Therapy
 Weekly Support Group
 Emergency Housing
 Assistance Obtaining Protection Orders
 Court Advocacy & Transportation
 Legal Referrals
 Individualized Resources
 Emergency Supplies
 Help Navigating Legal & Social Systems

These services are available to all victims of domestic violence or sexual assault, men and women, any age

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support. Please don't wait, get help today!

Washington
Apple Health
 1-855-923-4633
www.wahealthplanfinder.org

IF YOU'VE HAD A CHANGE IN
 - INCOME
 - FAMILY
 - ADDRESS
YOU MUST REPORT CHANGES WITHIN 60 DAYS.

LUCKILY, REPORTING A CHANGE IS EASY!

COME SEE TONYA MONTGOMERY OR LISA ELKINS IN THE MANAGED CARE DEPARTMENT @ THE MUCKLESHOOT HEALTH AND WELLNESS CENTER.

MUCKLESHOOT HEALTH AND WELLNESS CENTER
 17500 SE 392ND ST AUBURN WA 98092
 253-939-6648

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
 CHS Team
 (253) 939-6648

SEEKING CCDF PROVIDERS

Do you have a genuine love of children and enjoy seeing them thrive in a safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.

We are seeking individuals that can offer - flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services.

Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send me an Email: linda.eyle@muckleshoot-nsn.us.

Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with me in protecting this resource!

15599 SE 376TH St Auburn, WA 98092

MIT HEALTH & WELLNESS CENTER SHUTTLE BUS SERVICE

Effective 06/27/16
 Pick-up times are approximate
Monday-Friday Schedule
 8 am to 9pm
Bus Route Repeats Itself Every Hour on the Hour
No service between 11:00 a.m.-Noon Monday-Friday
8:00 A.M. - 9:00 P.M.

1 st Run	Last Pick up/Drop Off	Destination
8:00 am	9:00pm	Health & Wellness
8:05	5:05	Resource Center
8:07	5:07	Finance
8:09	5:09	Phillip Starr
8:12	8:12	Virginia Cross Education
8:17	8:17	Dogwood Street (Behind Tribal Store)
8:21	8:21	Green Tree Apartments (Behind Casino)
8:25	8:25	17 th Street SE
8:30	8:30	N.W. Family Church (Across from Chinook School)
8:37	8:37	Davis Property
8:40	8:40	Skopabsh Village
8:43	8:43	Shaker Church
8:45	8:45	Cedar Village
8:49	8:49	Pentecostal Church
8:53	4:53	Senior Center on 392 nd ST.

Last Scheduled Route begins at 8:00 PM

Saturday Schedule
 10am to 2pm

1 st Run	Last pick up/Drop Off	Destination
10:00am	1:00pm	Health & Wellness
10:10	1:10	Virginia Cross Education
10:15	1:15	Dogwood St SE (Behind Tribal Store)
10:20	1:20	Green Tree Apartments (Behind Casino)
10:25	1:25	17 th Street SE
10:30	1:30	N.W. Family Church (Across from Chinook School)
10:40	1:40	Davis Property
10:45	1:45	Skopabsh Village
10:50	1:50	Shaker Church
10:52	1:52	Cedar Village
10:55	1:55	Pentecostal Church

Last Scheduled Route begins at 1:00PM

BUS ROUTE REPEATS ITSELF EVERY HOUR ON THE HOUR
 Subject to change during adverse weather and unscheduled service disruption
 Revised 06/17/2016

Wa. Health Plan Finder Open Enrollment

Open Enrollment is available now!

- Survivors of domestic violence (DV) can now apply for and enroll in health insurance coverage through the Federal Marketplace at any time during the year! They do not need to wait for Open Enrollment to begin. This Special Enrollment Period (SEP) is available to anyone who has experienced DV.
- There are many health insurance options—
- Screening and counseling for domestic violence are now covered benefits as a result of the Affordable Care Act!
- Health coverage can help you get medical treatment that you may need.

There are regulations that clarify how married victims of domestic violence and their dependents can qualify for financial help when they apply for health insurance or apply for a hardship exemption if needed!

FEEL FREE TO CONTACT THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER WITH ANY QUESTIONS! 253-939-6648

Is your Narcan Kit Expired?

Please Check the Expiration Date on your Narcan Kits!!!!

If expired please come get a new one at:
 MIT Behavioral Health 253-804-8752
 MIT Pharmacy 253-333-3618

If you have questions or you are concerned please feel free to call
 Megan Gifford at 253-804-8752

Expiration Date is Located on the Vial

American Indian & Alaska Native Trust Income and MAGI:
How it is used to figure if you Qualify for WA Apple Health (aka: Medicaid) and other Low Cost Health Insurance

Q: What is MAGI: (Modified Adjusted Gross Income)?
A: MAGI is your adjusted gross income as determined for Federal Income Tax purposes with certain income subtracted out.

Q: What is the purpose of MAGI?
A: MAGI is used to determine eligibility for Medicaid and other Health Insurance Plans offered through the Health Plan Finder/Marketplace.

Q: Are there special rules for calculating MAGI for American Indians and Alaska Natives (AI/ANs)?
A: Yes. MAGI is based on taxable, adjusted gross income that is reported to the Internal Revenue Service (IRS). Because some income received by AI/AN is non-taxable it is excluded in figuring the MAGI.

Q: What types of AI/AN income are usually exempt from MAGI?

- Distributions from Alaska Native Claims Settlement Act (ANCSA);
- Distributions from trust/reservation property;
- Income from related to hunting, fishing, and natural resources;
- Student financial aid from the BIA and/or Tribes;;
- Government income based on need such as SSI (Supplemental Security Income);

Q: Is my Senior Income or Tribal (gaming) Per Capita excluded from MAGI?

- No, Senior Income payments are not taxable and must not be included in your MAGI.
- Yes, Per Capita payments (gaming income) are included in your MAGI.

For more information stop by the Managed Care Department At the Muckleshoot Health & Wellness Center 17500 SE 392nd Street Auburn, WA 98092

*News you can use!
 Q: Ever wonder why we ask about your income?*

The Tribal Orthodontic Program - Braces for teeth.

The Tribe does have a Tribal Orthodontic Program (TOP). It is only available to enrolled MIT members. In order to be a potential candidate for the TOP, you will be screened and have to meet the following criteria:

1. Enrolled MIT member
2. Demonstrated that you have good oral hygiene - take good care of your teeth and gums.
3. Demonstrated that you go to all your regular dental check-up appointments.
4. Have a strong desire to have braces - there are many that turn it down because they don't want to go through all that's needed for 2-3 years.
5. Are old enough to be capable of taking care of your teeth daily - can brush your teeth without being told and show that you will take care of your teeth in braces.
6. Be evaluated by an Orthodontist (dentist that specializes in braces) to see if you need braces-sometimes a tooth may need to be removed, because your teeth are too crowded.
7. Be able to pay for half of the total orthodontic treatment when the braces are put on.

Frequently Asked Questions about Braces

Why aren't there more kids getting braces if they need them?

Answer: Some kids, parents and adult patients don't want braces, you have to be committed to take the time to clean your teeth and braces after each meal and clean them really good every day for 2-3-4 years... Then you will need to wear a retainer for the rest of your life to make sure the teeth don't get crooked again. If a client says that they don't want them, we do go any farther with them.. This is a set up for failure, and the client's teeth could get ruined if they put braces on and don't take care of them. We will not risk a client looking bad and damaging their teeth because they didn't want braces in the first place. It's a lot of work having braces, they don't just put them on and that's it... no, the client has extra work for the next 2-3-4 years taking care of their teeth while these are on.

Why do we have to pay half of the total amount?

Answer: The Dental Program has paid for treatment in full up front for clients in the past. We had nearly a 90% failure rate. The client's missed many, many orthodontist appointments and some kids took the braces off with needle nose pliers, many clients didn't go the dentist to get regular check up, get fillings, get teeth cleaned and as a result the client's teeth looked worse than when the braces were put on. If a client has to pay for some of the cost, they will make sure the orthodontist appointments don't get missed and get regular dental check-ups. Besides, you will get 100% of the money you paid back if you complete your treatment on time, 75% back if you complete in 60 days of original end date, 50% if completed within 90 days of original end date..Etc. So if you complete on time, you get your money back.

Keep in mind, that if your treatment plan is 3 years, and you think that your teeth look straight after 2 years and you want them off, you will still be required to pay the full amount, whether your finish the treatment or not.

How can I see about getting braces if I think I need them?

Answer: Must be registered at the HWC and be a MIT member. Make an appointment at the Dental office, (253) 939-2131. Make sure you have a good track record of getting regular dental checks ups and taking care of fillings, cleanings etc. Ask the Dentist if you are an candidate for braces. If you are, you will be referred out to an Orthodontist and then go from there.

Mouth Guards: Sports Equipment That Protects Your Smile

Have you ever thought about how you would feel if you lost one or two of your front teeth? You would probably avoid smiling. You may even feel uncomfortable talking face-to-face with someone because it wouldn't be easy to pronounce certain words.



What about eating an apple or corn on the cob? It's easy to take your teeth for granted until they are suddenly gone.

Each year, thousands of teens get hurt on the playing field, the basketball court, or while skateboarding, biking, or participating in various activities. Blows to the face happen in nearly all sports.

However, you don't have to be on the football field to benefit from a mouth guard, even in non-contact sports such as gymnastics, rollerblading, and field hockey, accident causing injuries occur to the mouth and teeth.

Many sports experts and dental professionals recommend that a mouth guard be worn for any recreational activity that poses a risk of injury to the mouth.

Don't take your teeth for granted. Protect your smile with a mouth guard. Call the MIT Dental Clinic today to schedule an appointment to get fitted for a custom mouth guard.

MIT Dental Clinic
 (253) 939-2131
 Monday-Friday, 8am to 5pm

Diabetes Education Classes Update and Schedule

Hello everyone! The first half of 2016 is nearly over and we are gearing up for our diabetes education classes to begin on August 10, 2016. Our diabetes program has been evolving since September of 2015, and since then, we have seen improvements with our client's blood sugars becoming within the normal range. Our program consists of points that are earned for:

- Coming to education classes once a month to learn more about controlling diabetes.
- Making an appointment with your doctor to focus on your diabetes and see where it stands on a controlled or uncontrolled level.
- Completing yearly labs related to your diabetes.
- Connecting with Diabetes Registered Nurse and Registered dietician.
- Beginning physical activity with improvements.
- Bringing your glucometer to your doctor appointment.
- Completing annual foot, dental, and eye exam.

Diabetes care is changing with technology, our program is advancing into these new practices and we would love to inform you about them.

The education classes have been consisting of basic diabetes information; what's a normal blood sugar, what's kidney disease, heart disease, and how can I prevent nerve damage? Our 20 participants that attended education class felt they walked away with new information to take better care of themselves.

Our class welcomes any family member or friend you would like to bring. Discussion topics cover food choices, food portions, exercise, and having your blood sugar checked to know your number. Within class we enjoy cooking and giving demonstrations on what is needed to prepare a meal, portions, and healthier choice of ingredients.

So come to our class, located in the Mountain conference room from 10-11am and second class at 3-4p once a month. Lastly, points are earned and totaled for a reward for things such as, cookware, workout clothing, and workout equipment. Hope to see you there!

September 14th, 2016-importance of physical activity
 October 12th, 2016-Immunization needed with Diabetes
 November 2016-National Diabetes Month with event TBA

QUITTING SMOKING CAN BE HARD, WE CAN MAKE IT EASIER

THERE ARE MANY OPTIONS FOR SMOKING CESSATION.

WE CAN EVEN HELP YOU QUIT SMOKELESS TOBACCO PRODUCTS, LIKE CHEW AND SNUFF.

- THE BENEFITS ARE ENDLESS:
- SAVE MONEY
- SAVE YOUR LUNGS
- IMPROVE YOUR HEART HEALTH
- DECREASE YOUR CANCER RISK
- IMPROVE YOUR ORAL HEALTH
- DECREASE 2ND HAND EXPOSURE TO YOUR FAMILY
- DID WE MENTION SAVE MONEY

COME AND TALK WITH A MUCKLESHOOT HWC-PHARMACY MEMBER, OR YOUR MEDICAL PROVIDER.

YOUR MIND, BODY, AND WALLET WILL THANK YOU

Call Us at the Pharmacy **TODAY: 253-333-3618** or contact your medical provider for a visit.

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?
There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections:
 These are just a few of the conditions they can help you with.
 They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend, CHS does consider this as an emergency room visit.

You must call CHS office for PO numbers within 72 hours/3 days of being seen.

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE – AUBURN
 202 Cross Street SE | Phone: 253-876-8111
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 3:30pm

MULTICARE URGENT CARE – KENT
 222 State Ave N | Phone: 253-372-7788
 Hours: Monday – Friday, 9:00am – 8:30pm
 Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON
 17700 SE 272nd St @ Wax Road |Phone: 253-372-7020
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 5:30pm

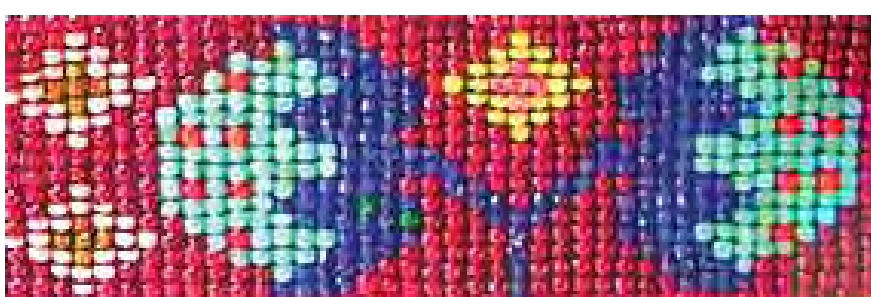
VALLEY MEDICAL CENTER – COVINGTON
 27500 168th Place SE | Phone: 253-395-2006
 Hours: Monday – Friday, 8:00am – 8:00pm
 Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MH URGENT CARE NOTICE

MIT HWC Stop & Shop New Service !!!
New Stop & Shop service :

To & from Enumclaw Safeway & Auburn Walmart
 Every Tues & Thurs round trips to each of these stores
 Starts at noon until 9:00 p.m.
 The last pick up run is at approx. 5:10 pm.
 Pick up is at the usual bus stops.

NOTICE:
 The Feathered Healing Circle will meet on Thursdays at 5:00 PM – Cynthia Lozier



New Registration Changes For the HWC Effective 04/01/16

Questions? Call (253) 939-6648 Registration Clerk
 We've made a few changes to how often MIT members have to update at the HWC.

- The Registration application has been made shorter.
- There is now a one page Update form.
- We've made these changes, because many MIT members don't move and everything stays the same from year to year.
- We do need to know when you get any kind of health insurance coverage and we need to know if it ends.
- We also need a current phone number to reach you.

A. All new applicants must complete and submit all required information to determine their eligibility for services at the HWC.

All current people registered at the HWC:

1. Enrolled MIT members who are CHS eligible will be required to update every three (3) years, or when their address, name, insurance coverage or Tribal affiliation changes.
2. Enrolled MIT members who are CHS eligible and over the age of 50 will be required to update every ten (10) years, or when their address, name, insurance coverage or Tribal affiliation changes.
3. Other non MIT natives that are CHS eligible will be required to update annually on or around their birthday , or when their address, name, insurance coverage or Tribal affiliation changes.
4. Other non MIT natives, who are CHS eligible based on an economic (full time employment with Tribal entity) will be required to update annually or, or when their address, name, insurance coverage or Tribal affiliation changes.
5. Other non MIT natives that CHS eligible based on a social tie (spouse, significant other or extended family member etc.) will be required to update annual or , or when their address, name, insurance coverage or Tribal affiliation changes.

So, if you've updated at the HWC:
 In 2016, you won't need to update until 2019*
 In 2015, you won't need to update until 2018*
 In 2014, you won't need to update until 2017*
 * Not unless your address, name, insurance coverage changes.



WHY ARE REGULAR DENTAL VISITS IMPORTANT?

Regular dental visits are important because they help keep your teeth and gums healthy. You should have a regular dental visit at least every 6 months. And in between those examinations, it's important that you work to keep your teeth and gums clean and healthy. If you need additional help, your dentist may even suggest more frequent visits.

**You could win a
\$50 Gift Card over age 13
\$25 Gift Card under age 12**

**if you are not late and go to all your
scheduled dental appointment(s) for that month.
There will be two drawings on the last Thursday of the
month for all patients that were on time and went
to all their appointment(s).**

For May, June, July, Sept, Oct, Nov and Dec 2016

Remember to call 24 hours in advance if you cannot keep your appointment, so someone else can use your spot.

Dental Clinic (253) 939-2131

Recently lost your health insurance?

Let us help bridge the gap to health insurance coverage when a change in employment or other circumstances ends your current health insurance coverage.

Many people may qualify for free or low cost health insurance in 2016 due the following reasons:

- losing employment;
- Losing employer sponsored health insurance (ie: HMA);
- Getting married;
- Adding a child to the family through birth, adoption, or foster child placement;
- Losing health insurance due to divorce or separation;
- Moving between counties or states;
- Turing 26 and losing a parents coverage;

Visit the Managed Care Department at the Muckleshoot Health & Wellness Center
17500 SE 392nd Street
Or call Ph # 253-939-6648



MUCKLESHOOT CARES ABOUT OUR YOUTH



partners should... **VALUE** each other's individuality • have **EQUAL** say in the relationship • **RESPECT** each other's boundaries • feel **SAFE** being open and honest • be able to **SHARE** feelings without negative consequences

WHAT?

- **No one deserves to be abused and abuse is never the victims' fault.**
- **1 in 3 young people will be in an abusive or unhealthy relationship**
- **Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are "dating."**
- **50% of young people who experience rape or physical or sexual abuse will attempt to commit suicide.**
- **Dating violence can affect anyone, regardless of age, gender, ethnicity, sexual orientation, or income.**

WHO TO CONTACT?

Christine Mandry & Mathilda Dunn from the Behavioral Health Program (253) 333-3605

A healthy relationship has open and honest communication and an even playing field in which partners share control over decisions.

If you would like to speak with someone about dating violence, please contact: Mathilda or Christine @ (253) 333-3605 or the National Domestic Violence Hotline @ 1-866-331-9474

Love is Respect can help you identify healthy relationships www.loveisrespect.org

Muckleshoot Behavioral Health Family and Youth Services

**17500 SE 392nd Street, Auburn 98092
Phone: (253) 333-3605**

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm 8-6 pm	10am- 8 pm	9-9 pm
Wednesday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Saturday	-----	10 am-2 pm	10-2 pm
Sunday		All Programs Closed	

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	N/A Sat 10-2 pm
Wellness Center	(253) 333-3616	N/A Sat 10-2 pm
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures Aug & Sept 2016

Day	Date	Times Closed	Reason for Closure
Thurs.	Sept 1st	8-9 am	Monthly All Staff Meeting
Fri.	Sept 2nd	All Day	MIT Employee Appreciation Day
Mon.	Sept 5th	All Day	Labor Day

Child Find Screening

What is a Child Find Screening?

Screening is a **free** check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376 th St Auburn WA 98092 253-931-6709 Ext 3700	Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376 th St Auburn, WA 98092 253-876-3056 Ext 3922
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A Powerful (Sugary) Punch, Right in the Gut!

Summer is a time for warmer weather, tasty treats, and unfortunately, more sweetened drinks like Rock star, juice and soda. These sugar-filled drinks might pack a punch for the taste buds, but the bad news is they also pack a damaging punch for your body. High levels of sugar can lead to obesity, insulin resistance, diabetes, and heart disease.

Did you know?

- To burn off one can of soda you would have to lift weights for 1.3 hours?
- To burn off one 8.4 oz. can of Red Bull you would have to take a 1 hour walk?
- To burn off one Monster you would have to do 2 hours of housework?
- To burn off one Rockstar you would have to dance for 57 minutes?

To avoid unwanted weight gain, increased fatigue, and constant food cravings try to avoid sweetened beverages as much as possible. Instead you can enjoy guilt-free, delicious, and nourishing water! Here are some tips to flavoring water at home and ensuring proper hydration throughout the summer months:

- Natural Flavors to Add to Your water...**
- Jalapeno & watermelon
 - Apples & cinnamon
 - Lemon & mint
 - Orange slices & vanilla bean
 - Blackberries & sage
 - Strawberries & basil
 - Cucumber & lemongrass
 - Peaches & cayenne pepper
 - Lime slices & basil

For more information, contact HWC at (253) 939-6648 to schedule an appointment with Kaleigh Krantz, MHWC dietitian.

WHAT ARE THE SIGNS OF HEROIN USE?

- Definitive signs of heroin use include:**
- Needles or syringes not used for other medical purposes
 - Burned silver spoons
 - Aluminum foil or gum wrappers with burn marks
 - Missing shoelaces (used as a tie off for injection sites)
 - Straws with burn marks
 - Small plastic bags, with white powdery residue
 - Water pipes or other pipe

Behavioral noticeable with heroin addiction include:

- Lying or other deceptive behavior
- Avoiding eye contact, or distant field of vision
- Substantial increases in time spent sleeping
- Increase in slurred, garbled or incoherent speech
- Sudden worsening of performance in school or work, including expulsion or loss of jobs
- Decreasing attention to hygiene and physical appearance
- Loss of motivation and apathy toward future goals
- Withdrawal from friends and family, instead spending time with new friends with no natural tie
- Lack of interest in hobbies and favorite activities
- Repeatedly stealing or borrowing money from loved ones, or unexplained absence of valuables
- Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
- Regular comments indicating a decline in self esteem or worsening body image
- Wearing long pants or long sleeves to hide needle marks, even in very warm weather

Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:

- Weight loss-they may wear big clothes to hide their weight loss..
- Runny nose (not explained by other illness or medical condition)
- Needle track marks visible on arms
- Infections or abscesses at injection site
- For women, loss of menstrual cycle (amenorrhea)
- Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers
Muckleshoot Behavioral Health
253-804-8752
Ask to talk to a counselor

Reasons to go to HWC Urgent Care Clinic:

- Cold symptoms—head ache, cough, congestion
- Flu symptoms
- Vomiting / fever
- Ear pain
- Minor injuries (not work related)
- Animal/Insect bites
- Sunburn
- Minor sprains/strains
- Any other symptom that has been going on for approximately 2 weeks and is not being managed by your primary care provider (PCP).

Daily walk-ins available from 9 am - 11:30 am & 1 pm - 4 pm.

Note: In urgent care, you may not see your PCP. If your medical concern is complex, you may be asked to schedule an appointment.

Reasons to go to the Emergency Room

- Chest pain
- Difficulty breathing
- Loss of consciousness
- Serious trauma including head injuries
- Severe burns
- Broken bones
- Severe abdominal pain
- Vomiting that is severe and continues for several hours
- Fainting
- Deep cuts or wounds where bleeding is not controllable
- Pregnancy related emergencies

Call EMS for a 911 if you are going to the ER

If you are unsure or have any questions, contact the HWC Medical Clinic at 253-939-6648

Muckleshoot Health

Diabetes Classes 2016

August 10th - Foot, Eye Dental
September 14th - Physical Activity
October 12th - Immunizations

Earn your points throughout the year!!

Ways to earn Incentive points:	-Get in for individual teaching with Diabetes Nurse and Nutritionist.
-Attend monthly education classes	-Being more active
-Complete all yearly lab work and appointments with your doctor.	-Take medications daily
	-Healthy eating

Where: Health and Wellness Center, Mountain Room
Time: 10 - 11am & 3 - 4 pm

Contact Nikki, RN or Emilie Price, CHR
253-939-6648

Teen Resources

Muckleshoot Health & Wellness Center
253-939-6648
Mon/Tue/Thu/Fri 8 - 5 pm
Wednesdays 9 - 5 pm
Closed for lunch 12 - 1pm
Daily Medical Walk Ins 9 - 11:30 am & 1 - 4 pm

Auburn Public Health Center
901 Auburn Way North
Auburn, WA 98002
253-477-0600

Teen Clinic - Walk Ins
Tuesdays 12:30 - 4 pm

Planned Parenthood
1105 South 348th Street #B103
Federal Way, WA 98003
800-769-0045
Mon 9 - 5 pm | Tue & Fri 8 - 4 pm | Wed 11 - 7 pm
Thu 8:30 - 4:30 pm
Open at 10 am on the third Friday of each month.
Walk-in and scheduled appointments available
Low cost services

Helpful and informative websites:
For weekly health tips, contests and life advice text **NATIVE** to
www.wernative.org www.ivannaknow.org
www.staying-alive.org www.teenadvice.org
www.866teenlink.org
Teen Crisis Hotline - 866-427-4747

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!
By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



Beautiful Quileute canoe at Pillar Point

Urgent Care Clinic Update

Urgent Care Clinic is available daily from 9 am - 11:30 am & 1 pm - 4 pm.

- Patients are seen in order of medical need.
- You may not be able to see your own clinic provider in that different providers are assigned each day.
- We will only be able to address the urgent medical concern that brings you into the clinic.
- To make sure you see your own provider it is best to make an appointment.
- If your medical concern requires more time than urgent care allows, you may be asked to schedule a longer appointment.

If have any questions, contact the HWC Medical Clinic at 253-939-6648

MUCKLESHOOT CARES ABOUT OUR YOUTH

Be Safe

Enjoy your youth

- What can I do to prevent getting pregnant?
- I am pregnant ... what do I do?
- I'm thinking about sex ...
- STI's ... what is that?

If you have any of these questions and would like to talk to someone about it, call the HWC Family and Youth Services Program at 253-333-3605. We will help!

We are open Monday - Friday from 9 am to 6 pm.

facebook.com/muckleshoot.hwc

2016 Per Capita Deadlines and Schedule

August 31, 2016 - Enrollment Cut Off Date for November 2016 Per Capita
 August 30, 2016 - Per Capita Distribution
 August 31, 2016 - Per Capita Distribution
 September 1, 2016 - Per Capita Distribution Finance Building

October 7, 2016 - Deadline for New Direct Deposits to be turned in to Tax Fund
 October 14, 2016 - Deadline to stop taking Direct Deposit Changes/Cancellations
 November 21, 2016 - Per Capita Distribution
 November 22, 2016 - Per Capita Distribution
 November 23, 2016 - Per Capita Distribution – Half Day Distribution Only in Finance
 November 30, 2016 - Enrollment Cut Off Date for March 2017 Per Capita

SAVE THE DATE

Muckleshoot B-3 Baby Group Open House

Friday, August 26 from 12:00pm-3:00pm

Lunch and raffle prizes included



Plan ahead and be an informed voter!

King County Elections 2016 Voter's Calendar

General Election

October 10 Deadline to register online, mail in a voter registration form, or update registration info
October 19 Ballots and voters' pamphlets mailed - Watch your mailbox!
October 19 Accessible voting center at King County Elections opens
October 31 Deadline for new Washington voters to register in person
November 8 Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m. This is the last day accessible voting centers are open

King County Elections: 919 SW Grady Way, Renton, 98057
 206-296-VOTE (8683); TTY Relay: 711
www.kingcounty.gov/elections | Email: elections@kingcounty.gov
 Alternate formats available upon request

Attention Employment Opportunity

2016-17 School Work Session For Youth Participants

Muckleshoot College and Career Education Opportunities Formerly Youth Work Training Program

The Muckleshoot College and Career Education Opportunities Program will be accepting applications for youth interested in working with our School Work Session August 8 - September 9, 2016

In order to be eligible to work with the program youth must be between the ages of 14-19 years old, enrolled in school, and unrolled Muckleshoot Tribal Member. Descendants may apply but will be put on a waiting list, may call if you have questions.

All applicants must provide 2016-2017 School Enrollment Verification. Application packet must be Completed and must Pass Union Analysis (UA). Incomplete Applications will not be Accepted

First Come First Served!

Important Dates:

- August 8-September 9, 2016 Applications must be submitted at the Muckleshoot Human Resources Office
- September 12, 2016 Offering Positions and Screenings
- September 26, 2016 First day of work & Mandatory Orientation (Parents/Guardians are Welcome)

Applications are available at the OM Tribal School 38223 172nd Ave SE - Bldg. C Auburn, WA 98892 Tel. # 253-876-2839 And Human Resources Reception Desk Pick one up today!

Applications must be submitted to the Muckleshoot Human Resources Office only during August 8-September 9, 2016 between 9am-5pm. HR will date and time stamp every application when received. Must sign in CCEOP log book at HR upon submittal.

Muckleshoot Human Resources Office 39009 172nd Avenue SE Auburn, WA 98892 Phone 253/876-3135

IN THE MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

IN RE THE WELFARE OF: ERICKAH IOLA ROSE MOSES (DOB: 10/10/2014) HARLYN EDRYCK MOSES-CROSS (DOB: 08/14/2015) Indian children.

NO. MUC-J-01/16-009, 010 NOTICE OF INTENT TO WITHDRAW

Case No. MUC-PO-05/16-083

In Re the Protection of: M.C, DOB: 09/20/1949, an elder/vulnerable adult vs. DEREK JERRY, DOB: 01/21/1985, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION TO: DEREK JERRY, DOB: 01/21/1985

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

- The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
- Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
- The respondent is Excluded from the elder/vulnerable adult's residence.
- Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence as well as the Muckleshoot Elders Complex.
- A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
- The protection order expires September 29th, 2016, but may be renewed prior to its expiration.
- Next hearing: September 29th, 2016 at 11:00 p.m.
- Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 1st day of August, 2016.
 /s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court
 39015 172nd Avenue SE, Auburn, WA 98092
 Phone: (253) 876-3203 / Fax: (253) 876-2903

NOTICE BY PUBLICATION OF INTENT TO WITHDRAW - 1

Enumclaw

CHRYSLER DODGE Jeep

Preferred pricing for Tribal Members

- Good Credit/Bad Credit
- 98% Approval rating
- Referral Fees from \$100-\$500!
- Special Pricing on New and Used Vehicles
- Aggressive Financing Rates and Programs
- New and Used Vehicles
- Special Fleet pricing

Muckleshoot Tribal Members Enumclaw Chrysler Jeep Dodge Ram Is YOUR Store!

Visit Us Today for YOUR Tribal Specials!

Contact Josh Curley/Grant Fraser at 360.802.0200

When Can I sign Up for Medicare Part A & Part B?

Will You Be 65 years old within the next 3 months?

1st Month	2nd Month	3rd Month	Your Birthday Month	5th Month	6th Month	7th Month

When should you sign up for Medicare:

- You can sign up for Medicare 3 months before or 3 months after your 65th birthday;
- Or if your employer sponsored health insurance ends due to retirement;
- If you are currently covered by an employer sponsored health insurance you may not have to sign up for Medicare until that coverage ends;
- You should check with your employer to see if they require you to sign up for Medicare when you turn 65 years old;

What is Medicare Health Insurance?

Original Medicare has 2 parts:

- Medicare Part A**—covers inpatient hospital, skilled nursing facility hospice & home health care;
- Medicare Part B**—covers outpatient medical care, including doctor visits, durable medical equipment, lab tests, and preventative services.

NOTE: If you don't sign up for Medicare Part B when you're first eligible you will have to pay a "Late Enrollment Penalty" for as long as you have Part B.

Visit the Health & Wellness Center's Managed Care Department at 17500 SE 392nd Street Auburn, WA PH # 253-939-6648

HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise
 Men's Shelters
Phone contact: (253) 854-0077 Ext: 2
Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032
 Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.
 Renton In-take (walk-in only): Tu & Th, 1-3pm.
 Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place
 Shelter for Single Women, Women with children
Phone contact: (206) 628-2008
Location: 3802 S Othello St, Seattle 98118
 Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees, CALL for screening. M-F 8:30-9am.

Catholic Community Services
 Single Men & Women's Shelter
Phone contact: (253) 572-0131
Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402
 Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center
 Family Shelter (Moms, Dads, & Kids)
Phone contact: (253) 854-3437 Ext: 104
Location: 515 W Harrison St, Kent, WA, 98032
 Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+. All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources
 Youth Shelter
Phone contact: (253) 833-5666
Location: 816 F Street Southeast, Auburn, WA 98002
 Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County
 Family Shelter (Moms, Dads, & Kids)
Phone contact: (425) 255-1201
Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.
 Call for availability. Leave a message DAILY, until call is returned. 24-hour voicemail

PENTECOSTAL



Rebecca sang many songs during Saturday's concert.



Britnee shares about her upcoming trip to the Philippines.



Alex Garcia shared a few songs at the camp meeting. His daughter-in-law, Tracey, and a few of his family sang with him.



Pastor Kenny prays to open the service.



Thomas Isis shares his testimony.

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M.
EVERY SUNDAY
IN THE COUGAR ROOM
ALL INVITED

Please come join us for
MASS & Catechism
At the Muckleshoot Catholic church



Catechism starts at 3:00pm
Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass
For more info. Please contact me at
Tara.Vasquez@muckleshoot.nsn.us
Or by phone at (253)347-6937



UNIVERSITY of WASHINGTON

July 29, 2016

Dear Glorianna Maria Abella:

Congratulations on your high scholarship for Spring Quarter 2016. Your grade point average places you among the top undergraduates at the University of Washington Tacoma. I am pleased to name you to the quarterly Dean's List.

A notation will be placed in your University transcript, and the University's Office of News and Information will notify your home town newspaper of this honor. For information regarding the release of information to your home town newspaper, please visit <http://www.washington.edu/news/uw-hometown-news/>

Best wishes for your continued academic success.

Sincerely,

Mark A. Pagano
Chancellor



RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge
Doug Moses, 425-301-60811

St. Leo The Great

Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with
Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

Free Legal Services for Low Income Native Americans and Alaska Natives

Do you have a non-criminal legal problem?

The Native American Unit at Northwest Justice Project provides free civil (non-criminal) legal services to eligible Native Americans and Alaska Natives who cannot afford a lawyer in Washington.

Legal issues include (among other things):

- Protecting Indian monies (per capita, settlement, and other tribal income) from garnishment and/or impacting other income and benefits;
- Education – suspensions, special education, truancy;
- Child custody matters involving the Indian Child Welfare Act;
- Trust land rights- leasing, rights of way, homeownership;
- Estate Planning (wills) for Indian trust property owners;
- Indian Health Care and other tribal benefits;
- Driver's license suspensions based on unpaid fines;
- Tribal housing.

To find out if the Native American Unit can help you, please call.

- In King County:** Call 2-1-1
- For all other counties:** Call the CLEAR hotline at 1-888-201-1014. CLEAR phone lines are open from 9:15 a.m. – 12:15 p.m., Monday thru Friday.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.

Rev. 5/2016

EVERGREEN LONGHOUSE OFFERING GRANTS TO NATIVE ARTISTS
Application Deadline is October 19, 2016

The Longhouse Education and Cultural Center recognizes the importance of supporting the arts at the source – by supporting artists themselves. Each year, the Longhouse issues a call for grant proposals for Native artists living in Washington and Oregon. Since 2006, Native artists working in a variety of media have been awarded funding to create new work, gain skills, acquire tools and materials, pass along cultural knowledge, and much more.



The Native Creative Development Program™ was designed to address the professional development needs of individual Native artists, such as purchasing supplies and materials, harvesting resources, portfolio development, apprenticeships, workshop fees, training and education, teaching a workshop, etc.

Applications for **all forms of visual, performance-based arts, media and literary arts** will be accepted. **Native** is defined as: American Indian, Alaska Native or Native Hawaiian. Documentation of ancestry is required. In addition, you must be a Washington or Oregon resident to be considered for this award

The grants are designed to provide Native artists such as weavers, regalia makers, carvers, beaders, tool makers, as well as artists working in any format to apply for the grants. The deadline is October, 19, 2016. Awards are between \$2,500 and \$5,000. Artists have used the funds to purchase tools, equipment, establish web pages, purchase market displays, create marketing material and marketing websites for their work.

Interested folks can download the application at:
<http://www.evergreen.edu/longhouse/grantprograms.htm>

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner

When: Every 2nd Tuesday of the month: Canoe Family song & dance - **5:30 to 7:30 PM**

Get Your Weave On! Weaving with Gail WhiteEagle

When: Tuesdays (except 2nd Tuesday's) - **12:00 PM to 8:00 PM**

Wednesdays & Thursdays - **9:00 AM to 5:00 PM**

Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Hedrick

When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

POKER DEALER TRAINING

MUCKLESHOOT TRIBAL MEMBERS ONLY

The Muckleshoot Poker Room

Poker Dealer Training

7-11-2016 thru 10-10-2016.

Please contact Muckleshoot Poker room for details and sign-ups.

Tribal Members wanting to get ahead of the game...contact

Clifford Brown 253-293-8707

I will do my best to get you cards and give you some valuable details!

From the Office of Tribal Credit...

Did you know that our office has copies of the Consumer Reports magazine? You are more than welcome to stop by our office and take a look at them. We can also photocopy pages for you too. Consumer Reports has The Best of the Best and Worst of the Worst for vehicles as well as any other item that you might be looking to buy.

Tomanamus Forest Permits

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number

Tribal Members Only.
 The permits are FREE.
 Office Hours are
 8am to 5pm
 Monday thru Friday.

Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

Community Classes

The Cultural Program
2016 Class Schedule

Culture Song, Dance & Dinner

When:
 • Every 2nd Tuesday of the month: Canoe Family song & dance.
 5:30 to 7:30 PM

Food & drinks will be provided.

Get Your Weave On!

When:
 Tuesdays (except 2nd Tuesday's)
 12:00 PM to 8:00 PM
 Wednesdays & Thursdays
 9:00 AM to 5:00 PM

Where:
 Canoe Family Clubhouse @ 38907 172nd Ave SE.
 (In-between the Community Resources and Muckleshoot Police buildings)

Classes are open to all community members and tribal employees.

For questions regarding the Weaving class Please contact: Gail White Eagle 253-876-3052

For questions regarding Culture Night Please contact: James Smiskin 253-876-3013

EVENTS CALENDAR

August 25 **Floyd J. Baker Memorial** - Headstone blessing at 10AM, Old White Lake Cemetery, followed by dinner and giveaway at Shaker Church.

August 26 **B-3 Baby Group Open House** 12-3 pm

August 27-28 **Floyd J. Baker Memorial Men's Softball Tournament**, Muckleshoot Ballfields. 2 tokens allowed, women can play. \$275 entry fee. Awards to winners. Contact Pauline Lezard for info: 253-569-5099

September 16-17 **Salmon Homecoming** - 10am -10pm Waterfront Park, Seattle

October 30 **Halloween Party** - 12-4 pm at Emerald Downs

November 11 **Veteran's Day Dinner** - 5-7 pm at Pentecostal Church

November 19 **Thanksgiving Dinner** - 4-6 pm at Emerald Downs

December 17 **Christmas Party** - 2-6 pm at Emerald Downs

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

IN THE MUCKLESHOOT COURT OF JUSTICE
 FOR THE MUCKLESHOOT INDIAN RESERVATION
 AUBURN, WASHINGTON

Case No. MUC-PO-06/16-090

In Re the Protection of: A.S., DOB: 09/11/1958, an elder/vulnerable adult vs. MARIE MITCHELL, DOB: 03/10/1992, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION TO: MARIE MITCHELL, DOB: 03/10/1992

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

- The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
- Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
- The respondent is Excluded from the elder/vulnerable adult's residence.
- Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence as well as the Muckleshoot Elders Complex.
- A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
- The protection order expires September 29th, 2016, but may be renewed prior to its expiration.
- Next hearing: September 29th, 2016 at 11:00 p.m.
- Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 1st day of August, 2016.
 /s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court 39015 172nd Avenue SE, Auburn, WA 98092
 Phone: (253) 876-3203 / Fax: (253) 876-2903

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:

MUCKLESHOOT MONTHLY
 39015 - 172nd Ave. SE
 Auburn, WA 98092

clip and return

SUBSCRIPTION REQUEST / ADDRESS UPDATE

New subscription Address change

Name _____
 Address _____
 City & State _____ Zip _____
 If this is an address change, list previous address:
 Address _____
 City & State _____ Zip _____
 I am a Muckleshoot tribal member,
 I have ties to the Muckleshoot Tribal Community Please explain: _____

Muckleshoot Monthly
 John Loftus, Managing Editor
 Evan Avila, Assistant Editor
 39015 172nd Avenue SE
 Auburn, WA 98092

2016-17 Muckleshoot Tribal Council
 Virginia Cross, Chair
 John Daniels Jr., Vice-Chair
 Jeremy James, Secretary
 Jaison Elkins, Treasurer
 Mike Jerry Sr.
 Kerri Marquez
 Anita Mitchell
 Marie Starr
 Louie Ungaro

Muckleshoot.Monthly@muckleshoot.nsn.us



August 31st 2016 - Happy Birthday to our papa Mike Edwards, we love you so much! Thank you for everything you do for all of us!

You are the world's best papa!

Love always,

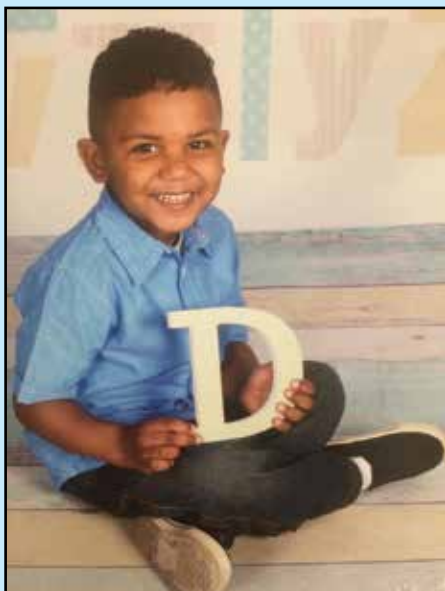
Alex Michael, Mikaela Jaide, and our Mommy Deidre



Happy 3rd Birthday Rylan!

We are so proud of the little man you are becoming and can't wait to watch all the amazing things you will learn and do over the next year! Our little boy is growing up! We love you more than you will ever know!

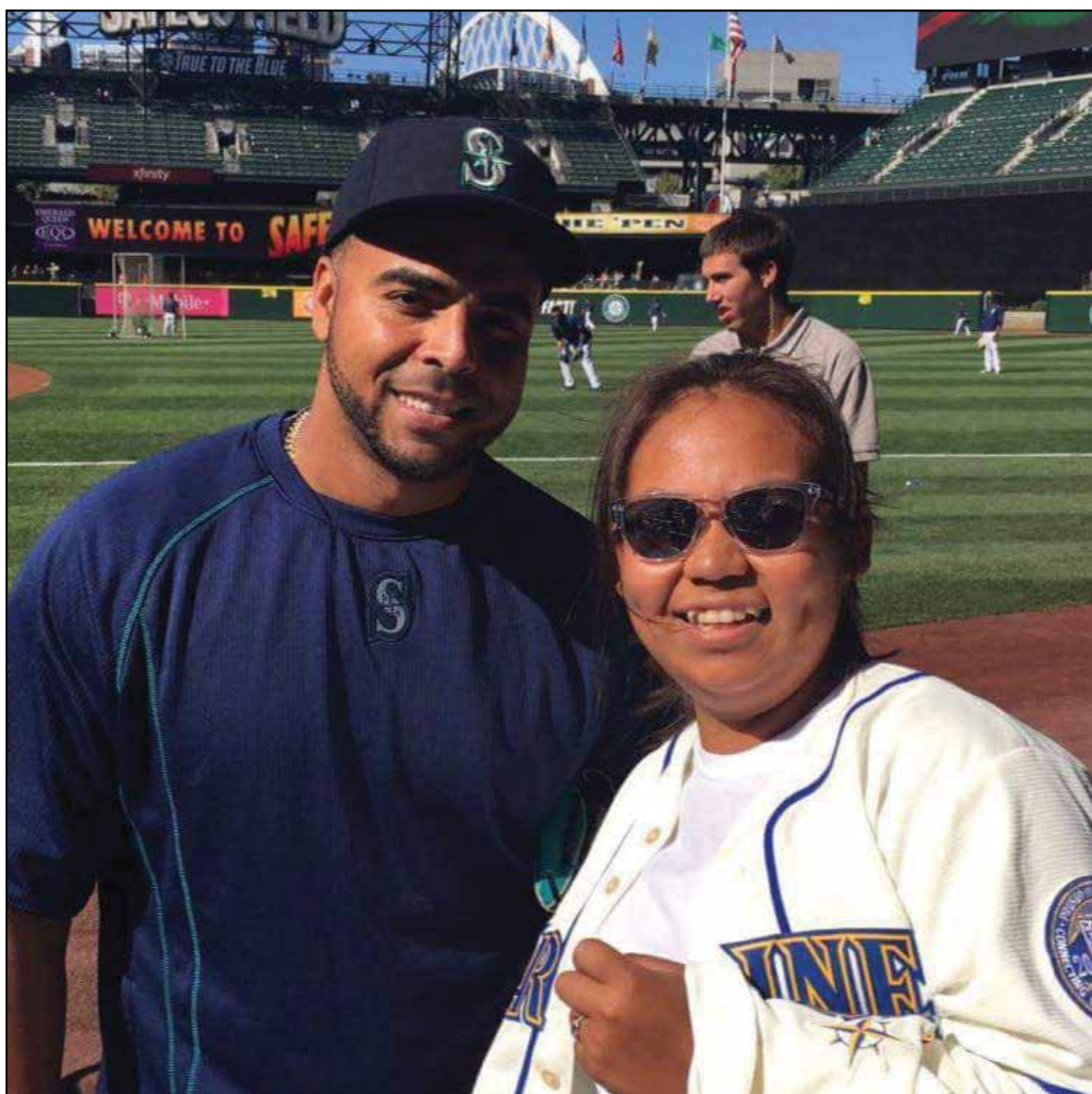
Love,
Mom, Dad and Wyndle



Happy 4th Birthday to my handsome, intelligent & SWEET son Demari James Evans!
We love you so, so much!
You're truly a blessing!
Love Forever, Mommy, Daddy & Sissy!
-August 11th (His birthday)

Hello to all my friends and family. I am doing good; just finishing up on some old stuff. Here is my current address, or you can find me on: www.jpai.com

David Marquard #722250 / Elkhorn
Larch Corrections Center
15314 N.E. Dole Valley RD.
Yacolt, WA, 98675



LaShawna Starr with Mariner star Nelson Cruz



Congratulations to parents Cameo Jerry & Buddy Sicade

Welcoming their baby girl Judith Cheyenne Rose-Marie Sicade
Brought into this world at 9:52 PM, July 13, 2016
6 lbs. 9 oz. 20 Inches Long

Welcome sweet girl! We love you so much today and every day!
Love, Grandma and Grandpa
Proud Grandparents: Thea and Frank Jerry Jr.
Susan Wayne and Stan Sicade
Also...A picture of my dad, Amos Nelson, a great-grandpa of our precious addition to the family.