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*Tomanamus
Community
Day*
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Visits MELA
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Muckleshoot MESSENGER



Vol. XX, No. VII

Muckleshoot Indian Reservation, Wash.

October 24, 2019

TRIBAL COUNCIL CANDIDATES FOR 2020 ARE NOMINATED



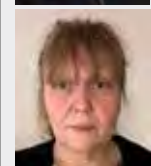
**Virgil
SPENCER**



**Susie
STARR**



**Faline
MARSETTE**



**Rhonda K.
HARDEN**



**Ronnie
JERRY JR.**



**Jeremy
JAMES**



**Bear
JAMES**



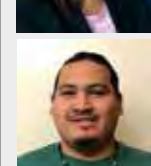
**Virginia
CROSS**



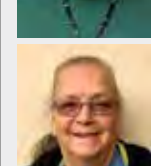
**Robert
ELKINS SR.**



**Jessica
GARCIA**



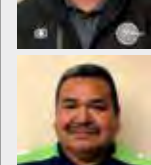
**Eli
NELSON**



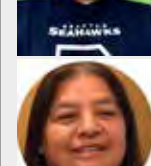
**Marie
STARR**



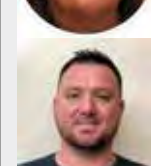
**Gil
ADAME**



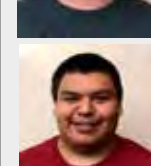
**K.C.
WILLIAMS**



**Dawn
MILLER**



**J.C.
BYARS**



**Silas
MILLER**

The annual Muckleshoot Tribal Council Election will take place on Monday, January 20, 2020. Three positions on the Tribe's nine-member governing body will be filled, with electees serving three-year terms. All three incumbents currently serving in these positions – Virginia Cross, Jeremy James and Jessica Garcia – have been nominated for re-election.

ELECTION DATE INFORMATION:

November 1, 2019 – Deadline to submit Referendum & Initiatives to be included on the ballot

Request for Absentee Ballot: If for any reason you would like to vote by absentee ballot, you must request an absentee ballot from the Election Administrator no later than **November 18, 2019**. Request for absentee ballot must be in writing on the Absentee Ballot Request form. No oral or in person requests will be accepted.

November 18, 2019 – Deadline to have **request** for Absentee Ballot mailed to Election Administrator at:

Muckleshoot Tribal Election Administrator
P.O. Box 1697
Auburn, WA 98071-1697

Or put in the Drop Box at Philip Starr Building

January 17, 2020 – Deadline for **completed** Absentee Ballots to be received by Election Administrator at the address listed above, or put in the Drop Box at Philip Starr Building.

Election Date: January 20, 2020
Place: Philip Starr Building, Cougar Room

Time: 8:00 am – 8:00 pm

Qualifications: If you are a Muckleshoot Tribal Member 18 or older on January 20, 2020, you are eligible to vote in the election.

Please make sure your address is updated so you receive the Tribal Election mail outs.

Election Administrator – Lonna Swanson
Philip Starr Building Room 248 2A
(253) 876-2956 office phone
(253) 259-1322 cell phone



Canoes circle Alcatraz Island on Indigenous Day 50th Anniversary of 1969 Takeover is Celebrated

The Muckleshoot Canoe family, in company with others from the Northwest, California, and faraway places, took to the water just as the sun peeked above the eastern horizon, causing the full moon in the west to gradually fade from sight. All involved had a deep feeling that they were about to embark upon a historic mission. It didn't take long to circle Alcatraz Island, but it wasn't how long the pull was – it was what it meant. Each and every person that took part was emblazoned with a memory to treasure for the rest of their lives.

Muckleshoot was proud to be part of this historic journey.

It was a half-century ago, at the height of the Civil Rights Movement, that a band calling themselves the Indians of All Tribes took over the island and peacefully held it for 14 months, inspiring a movement that, along with the treaty rights battles being fought simultaneously by elected tribal governments, would change America forever and bring in a new era when Natives everywhere could grow up being proud of who they are and living their culture to the fullest.

Wish you could've been there – each and every one of you.

Enjoy the pictures on page 5.



JOHN LOFTUS PHOTO



6th Annual Tomanamus Community Day

More than 1,400 guests attended the Muckleshoot Federal Corporation 6th Annual Tomanamus Community Day held at Medicine Eagle Flats. It was a beautiful crisp fall day and a truly a time to enjoy community and celebrate the gifts of the land.

This year's event was another successful and fun day brought together by the shared goal of bringing the community together around stewardship of the land, outdoor education, good food, family, outdoor recreation, and working forests. Over 40 different departments and community partners participate, highlighting our connections to the forest and to each other.

The departments and community partners represented and that we are thankful for taking the time to share with the community were Muckleshoot Tribal School, MTS Forestry Club, Culture, Language, Planning, Wildlife, Fisheries, Emergency Preparedness, Tribal College, Scholarships, Health and Wellness, Behavioral Health, Equine Therapy & 4H, Northwest Turkey Federation, Creative Inventory, SSCII, Roads, USFS, DNR, Orting Valley Fire and

Rescue, Green River College, UW, University of Idaho, PEI, Greenwater Fire Station & Mountain View #43, as well as many other individuals.

There are many who worked hard to make this event a success, we hope to take a moment to thank all who made the journey. A very special thank you to the Muckleshoot Tribal Council for their continued vision and support of this very special event. A very special thank you to all of our guests for taking the time to come out and enjoy the day with us.

Our gratitude to the cooks and all those who worked so hard to make a delicious meal. Many thanks to the Muckleshoot Federal Corporation road and silviculture crews for all their hard work for upgrading the trails and making the site just perfect. Our grateful appreciate for Keith Stevenson the creator of the beautiful artwork that adorned the Medicine Eagle Flats entry sign and t-shirts.

Seeing so many smiling faces enjoying the land, learning, and sharing wonderful food was medicine for us all. It was truly a heartwarming day. Thank you to all who were a part of this wonderful day!

Welcome Yvonne Oberly, MIT's New Chief Operating Officer

My name is Yvonne Oberly. I'm the new Chief Operating Officer for the Muckleshoot Tribe. My Indian name is Tah-muh-yah, which in the Nez Perce dialect means woman who interprets. It was given to me by an Elder on my maternal grandpa's side of the family.

I've been in executive management for 20+ years. For the past 9.5 years, I was CEO for the Skokomish Tribe. I'm an enrolled member of the Nez Perce Tribe, and am also descended from the Osage and Comanche Nations on my dad's side of the family.

I grew up in Wapato, Washington on the Yakama Reservation. I attended school there, K through 12, and then I went on to college at Lewis-Clark State College, where I earned my bachelor's degree.

My parents and grandparents were good examples of community leadership and a strong work ethic. My dad worked for the BIA for 40 years, while my mom was a court clerk for 30 years. My grandma was a Head Start cook for 20 years and my grandpa was on the Nez Perce Tribal Executive Committee (NPTEC) which is the Tribe's governing body. I think watching them help people made me decide that I wanted to eventually work for Tribes and Tribal organizations.

Some of my most important learning opportunities about management didn't come in a classroom. I learned these lessons while I helped my grandma deal with her various land issues and tribal departments at the Nez Perce Tribe. When I was



Yvonne Oberly

learning how to drive she was the only one who would let me drive her car, so we had a lot of roadtrips together.

One day, after a very frustrating time dealing with tribal bureaucracy, my grandma said, "Someday when you're a manager, always try to help a tribal member even if it isn't your department and treat them with respect -- especially Elders. Try and help find an answer to their question or, at least, point them in the right direction."

Those words have always carried with me.

After college, I went to work for the Nez Perce Tribe as a business analyst for a few years before getting accepted into the University of Nevada-Reno, where I earned my MBA. I lived in Reno for a while and worked two jobs. During the day I was a grants writer for the Reno-Sparks Indian Colony and during the swing shift I worked at John Ascuaga's Nugget Casino.

Continued on Page 2



CHAIRMAN'S CORNER



Chairman Elkins (right) discusses tribal issues with WA Public Lands Commissioner Hilary Franz (left) at a recent meeting.

Welcome to "The Chairman's Corner!"

Hello fellow Muckleshoot tribal citizens. Welcome to the latest edition of the Chairman's Corner. I wanted to take a moment to share a few updates on some of the Tribe's legislative priorities in Washington, D.C. As you may recall, earlier this year the Tribal Council traveled to Washington, D.C. to meet with federal leaders and advocate for the Tribe's federal agenda. During that trip, we discussed federal funding for tribal programs, the Missing & Murdered Indigenous Women (MMIW) epidemic, cannabis and other pressing matters. Here's the latest on those issues:

Advance Appropriations

Indian Country was hit hard by the 35-day federal government shutdown earlier this year. While the Tribe strove to ensure that our tribal citizens did not feel the worst impacts of the shutdown, several of our sister tribal nations did not fare as well. Fortunately, we were in a position to extend a hand of relief to several of these nations.

However, short-term solutions will not protect us should there be another prolonged government shutdown. To that end, the Muckleshoot Tribe has been advocating for two bills that would provide advance appropriations (funding) to the Bureau of Indian Affairs, Indian Health Service, and Bureau of Indian Education.

The House Subcommittee on Indigenous Peoples recently held a hearing on those two bills: H.R. 1128, Indian Programs Advance Appropriations Act, and H.R. 1135, Indian Health Service Advance Appropriations Act. During that hearing, the Subcommittee received positive feedback on the bills from leaders in Indian Country.

In addition, representatives from the Bureau of Indian Affairs and Indian Health Service expressed a willingness to work with Congress on the legislation. The Tribe will continue advocating for these bills as they move forward in the legislative process. Enactment of these pieces of legislation would help tribal nations better plan their budgets, programs, and construction projects, as well as help ensure that Indian Country is better prepared and protected to weather any future shutdowns.

Missing & Murdered Indigenous Women (MMIW)

The MMIW crisis is plaguing Washington State at an alarming rate. A 2018 report by the Urban Indian Health Institute found that Washington State ranked second in the nation for the number of MMIW cases (71). The same study also determined that Seattle was the city with the highest number of MMIW cases (45). This is extremely concerning for the Tribe, considering that we are located less than 30 miles from Seattle.

For these reasons, the Tribe sent a letter to the House Committee on Natural Resources and House Judiciary Committee urging the committees to conduct a joint field hearing in Washington State on this epidemic. We also continue to advocate for legislation to address the MMIW crisis, such as Savanna's Act, which would increase coordination among all levels of law enforcement; increase data collection and information sharing; and empower tribal governments with the resources needed in cases involving MMIW.

Cannabis

During our federal advocacy trip, we met with several Members of Congress on cannabis-related legislation. We are happy to report that one of those bills, H.R. 1595, the Secure and Fair Enforcement Banking Act ("SAFE Banking Act"), recently passed the House of Representatives by a vote of 321-103 (1 Democrat voted against it while 91 Republicans voted in favor).

The SAFE Banking Act would allow the revenue from cannabis-related businesses to enter the banking system. This is the first stand-alone cannabis bill to ever be passed by either chamber of Congress. Our advocacy efforts will now focus on getting the Senate to approve the bill.

Impeachment Inquiry

Last month the House of Representatives announced an official impeachment inquiry had begun against President Trump. This has raised many questions in our community about what the impeachment process is and how it works. The Muckleshoot Tribe has taken no stance on the impeachment inquiry but I feel it is important to share some information on the impeachment process so that our tribal citizens are informed.

Presidential impeachment has only been seriously attempted three times in the history of the republic. The three impeachment attempts all failed (President Andrew Johnson in 1867; President Richard Nixon in 1974; and President Bill Clinton in 1998). The impeachment process is outlined in the Constitution, but many questions still remain unanswered as to how an impeachment should progress.

Although people use the term "impeachment," it is technically a two-step process – first impeachment and, second, trial/conviction. An impeachment inquiry, which is where we are now, is a precursor to a potential vote on impeachment. If the House of Representatives is satisfied that impeachment is proper it will hold a vote to impeach (articles of impeachment). If the yeas carry the vote with a simple majority then the President is impeached and the process moves to stage two in the Senate – the trial.

The Constitution does not prescribe the procedures the Senate must use in a trial, so there is a lot of uncertainty (are hearings open-door, closed-door, does the Senate hear the case as an entire body, or does it begin with a committee, etc...). What is clear is that a conviction requires an affirmative vote by 2/3 of the Senators present.

If all 100 Senators are present, then it would take 67 Senators to vote to convict and remove a President – this has never happened. The current makeup of the Senate is 53 Republicans, 45 Democrats, and 2 Independents. That would mean at least 20 Republicans would need to vote to convict at any trial.

It is uncertain what will happen next, but it does seem likely that the House of Representatives will eventually pass articles of impeachment. The Senate will then proceed to a trial. Whether enough Senators (at least 64) would vote to convict the President on the articles of impeachment is highly uncertain and only time will tell.



HILARY FRANZ MEETS WITH TRIBAL COUNCIL. Washington State Commissioner of Public Lands Hilary Franz, 3rd from left, recently met with Tribal Council members to discuss a wide array of issues affecting the Tribe, including hunting, salmon restoration and many more. Council members, left to right, are Donny Stevenson, Louie Ungaro, Jaison Elkins, Mike Jerry Sr., Anita Mitchell and John Daniels Jr.



Big shout out to MIT Wildlife for a hunt of a lifetime opportunity in the Cedar River Watershed! Big thanks to Mike Jerry SR for showing me some of the roads prior to the hunt. Ironically, this is the same bull we saw a couple days ago! It never ceases to amaze me how Muckleshoot hunters will help a fellow tribal member out without even asking. They just do it. To me, that is a teaching from our elders about helping one another out. Many thanks and I am super grateful! Thank you Leeroy, Dave, Russ, Russ Jr, Merle, and Joey! - Jaison Elkins

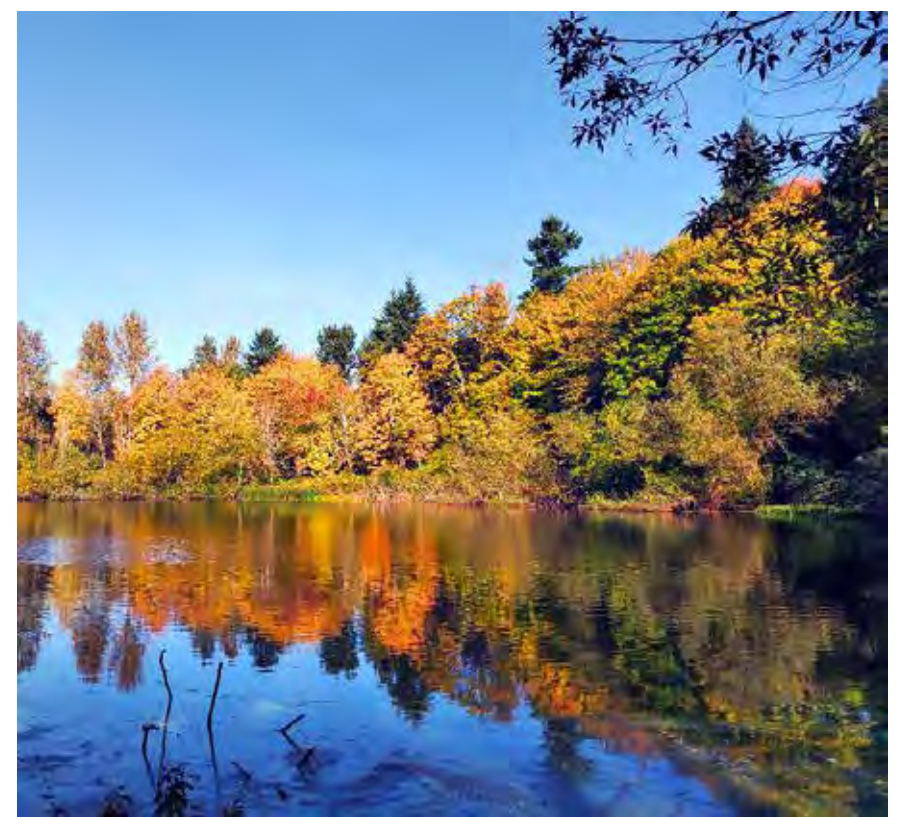
Yvonne Oberly

Continued from Page 2

I worked my way up the chain at the Nugget and eventually worked there full time. I enjoyed living in Reno and it was good for me, because during my MBA courses I'd learned the theoretical side of gaming, but then I needed to learn the practical side of it as well, so working in a Nevada casino gave me a lot of experience in management.

Some things most people don't know about me is that I served as Miss National Congress of Ameri-

can Indians (NCAI) in my younger years and also I enjoy playing golf and baking cookies. I've worked for various tribes in both the government and the enterprise side and am excited to see all the different programs here at Muckleshoot. It has been great meeting the staff in the various departments and learning about the programs. I plan on attending as many events as possible so I can continue to meet the community. If you see me, please come and talk with me as I enjoy meeting new people.



WHITE LAKE. Lenny Sneatlum snapped this beautiful fall color shot of White Lake. Does anyone have old memories, stories to share about this special place?



Muckleshoot Tribal Council
 Jaison Elkins, *Chairman*
 Donny Stevenson, *Vice-Chairman*
 Jeremy James, *Secretary*
 John Daniels Jr., *Treasurer*
 Virginia Cross
 Jessica Garcia-Jones
 Mike Jerry Sr.
 Anita Mitchell
 Louie Ungaro

MUCKLESHOOT MESSENGER
 John Loftus, Managing Editor
 39015 172nd Ave. SE
 Auburn, WA 98092
 muckleshoot.monthly@yahoo.com

BRING YOUR BALLOT DINNER

Wednesday, October 30th
 4:30pm - 7pm
 Philip Starr Building
 Cougar Room


Please Join Us for Refreshments and Get Your
 2019 General Election Ballot Questions
 Answered by our Government Relations Team



If You Care About This...



Return your ballot by mail or drop box by November 5



For more information, contact King County Elections at (206) 296-VOTE or go online to kingcounty.gov/elections.



JOHN LOFTUS PHOTO



The Preservation Program Archives, Library and Repository is here to serve you! In general, we install exhibits, collect and provide access for Tribal members to a large historic collection of books, photographs, artifacts and other memorabilia. Many items are searchable by family names, especially photographs. Come visit us at the Philip Starr Building to learn more, take a tour or use the library. Please contact Donna at 253-876-3273 or email donna.hogerhuis@muckleshoot.nsn.us. Hope to see you soon!



Louis Starr holding a model spear he made, 1987. Both photograph and spear are part of the Tribe's collection.

Muckleshoot Halloween Party & Trunk or Treat Event

October 31st (Thursday) **3:30pm-8:00pm**
@ Muckleshoot Tribal School

Costume Contest Pictures hours: **3:30-7:00pm**

Rules: Must be Muckleshoot tribal member or an Active Community member. Photo entry required for contest no later than 7pm. Screen background for pictures will be green so if costume has green in it that might show blank in the photo print. Must write on the back of photo contest category & age.

You do not have to be present to receive your prize can write valid contact info and will inform winnings following day.

Kids entertainment hours **3:30-8:00pm**

Trunk or Treat hours **5:00-7:00pm**

Pumpkin Weigh contest hours **5:00-7:00pm**

Cake Contest hours **3:30-7:00pm**

Rules: 70% of cake must be edible, cake must be entered for contest no later than 7pm.

All Contests will be on strict time frame so please plan ahead

Open free event for Muckleshoot Tribal and Active Community Members.

Event is Alcohol and Drug Free Contact Frankie for more details 253-876-3340

Frankie.lezard@muckleshoot.nsn.us

WARNING

FENTANYL IS KILLING KING COUNTY RESIDENTS

"Oxycodone" and "Percocet" pills sold on the street or online are FAKE and likely contain fentanyl.

Fentanyl can also be found in **white powders**.

HOW TO PREVENT OVERDOSE

- Don't use pills/powders from the street or online
- Don't mix drugs
- Don't use alone
- Have Naloxone (Narcan) ready Find it near you at stopoverdose.org
- Call 911 if someone overdoses

Getting treatment is now easier than ever!
Recovery Help Line
1.866.789.1511
www.waRecoveryHelpLine.org

Public Health
Seattle & King County

VETERANS DAY DINNER

11/11/19

Dinner at 4:00pm

Where: Muckleshoot Tribal School
15209 SE 376th St, Auburn, WA 98092

Contact Frankie Lezard 253-876-3342 Frankie.lezard@muckleshoot.nsn.us

Attention Tribal Members

Save the Date November 15th

The tribe will be giving away old printers that they have replaced. The printers will go to Tribal Members. They are inkjet printers that the tribe will no longer use. The tribe is not responsible if the printer does not work or for ink for the printer. It will be limited to one printer per tribal member. There will be Tribal Employees there to assist with the giveaway.

The location of the giveaway is the old fire station on SE 384th St. The address is 19317 SE 384th St. It will start at 9 until all printers are gone.

"To the 573 Indian tribes across the country who have rarely had a voice in politics - my door is open to ALL of you."

Rep. Deb Haaland



Douglas Lee Brown

Douglas Lee Brown, 60, of Auburn, Washington, went to be with the Lord, October 6, 2019 surrounded by his family. Doug, as he was known to most was born September 9, 1959 in Tacoma, Washington to parents, Floyd and Wanita Brown.

A member of the Yakama nation it was in Doug's blood to work with the land, in his heart to work with the waters of this beautiful Pacific Northwest and that he did. For 40 years, Doug made a career out of long days working at the fish hatchery.

In his spare time, you could still find Doug working with his hands...out in the woods hunting, playing basketball and baseball, gardening and smoking fish... but most of all you could find him with his children and grandchildren that he adored. He would always be the dad and grandpa down on the floor playing any games the children wanted. The children also knew just where to find dad and grandpa's candy dish...

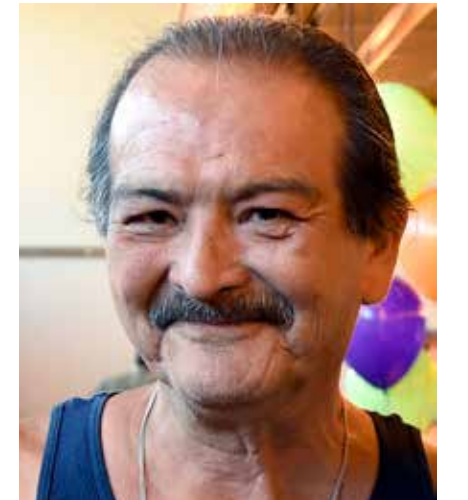
Those left to carry on Doug's

Randy Jenson

Former Headstart Bus Driver Randy Jenson passed away in the early morning hours of September 14. Randy worked for Head Start for over 20 years, starting in 1995. He leaves behind his wife of 33 years, four children, six grandchildren and one great-granddaughter.

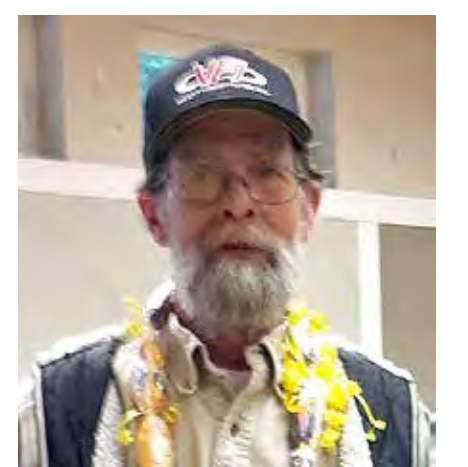
Bus Driver Randy met many children and families from the Muckleshoot community throughout the years. Once he retired, he still continued to maintain personal relationships with children and families. He really enjoyed and talked often about how old he felt when he would see one of his kiddio's all grown up.

Randy was a dedicated employee to the Muckleshoot Head Start. On behalf of Randy and his family we would like to say thank you for all the friendships and the friends



legacy of love and kindness are his wife, Norma Brown; children, April Brown, Eddie Brown, Russell Brown, Bettina Brown, Amber LaCour, Collett Grant, Eric Pacheco and Lovey Atimalala; 20 grandchildren and 2 great grandchildren. Doug is also survived by his siblings; Floyd Brown Jr, Rodney Brown, Vicky Brown, Wade Brown and Ethaline Brown.

A funeral service was held October 9, 2019 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery at Muckleshoot.



who turned into family.

We are asking for any kind of donation that can be used to help cover costs of funeral services and other expenses. Any donations will be heartily appreciated. Please send to Maria Davalos at Muckleshoot Head Start.

Thank you



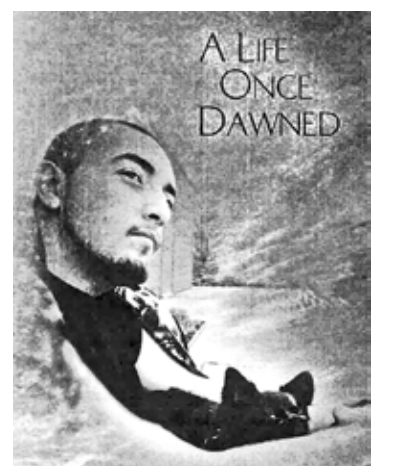
Darlene "Anna Baker" Simmons

Darlene Ann Simmons, age 57, passed away at Providence Centralia Hospital on August 29, 2019. A Funeral Service was held

at the Shaker Church in Oakville on Thursday, September 5, 2019, followed by a Graveside Service at Grand Mound Cemetery.

Charles Mallory Burnes

Charles Mallory Burnes, born on November 15, 1989, passed over on October 3, 2019. Funeral services were held at the Muckleshoot Shaker Church on October 11, 2019 followed by a dinner in the dining hall.



Thanksgiving Dinner

November 16th (Saturday) 4pm
@Muckleshoot Tribal School

Tribal members & Family Community Event
Alcohol and drug free

Happy Thanksgiving

Contact Frankie 253-876-3342 frankie.lezard@muckleshoot.nsn.us

Muckleshoot Behavioral Health's Healing Dinner

CELEBRATING FAMILIES IN RECOVERY: A Great Success!

By Dave McLeod, CDP

On October 17, 2019 Muckleshoot Behavioral Health hosted a healing dinner titled "Celebrating Families in Recovery." The dinner featured an opening prayer done by our very own Walter Bradley and food served by our grateful Behavioral Health employees.

There were over 170 people at this festive event. To see the standing room only crowd was truly a blessing, and to be a part of this evening of recovery was nothing short of miraculous.

The entire night was focused on the positive effects our recovery movement is having on the Muckleshoot reservation, and specifically on the impacts it is having on our families. Parents reported the joys of getting their children back into their custody. Others talked about simply being sober and showing other family members the benefits of this new and wonderful lifestyle of recovery.

We would like to give a shout-out and share our appreciation for all those who took time out of their lives to come and celebrate with us.

Specifically, we would like to thank the following people for sharing: Thadious Lozier, Christine Elkins, Isaac Elkins, Chrissy Moses, Alighah Elkins, Malikah Domingue, Eva Satiacum, Manuel Castillo, Robert Elkins and Eli Nelson. We thank them so much for having the courage and willingness to share with their family, community and those fortunate enough to serve as their counselors.

We look forward to our next Healing Dinner and hope the community will continue to show its strength in numbers as they did on this wonderful evening at the Health & Wellness Center.

*Sincerely and with gratitude,
The Muckleshoot Behavioral Health Family*



PHOTOS BY ROBERTA TECUMSEH & CECE FREEMAN

Mauna to Mauna Peaceful Convoy Honors MMIW and Mauna Kea Protectors

We are in unity with our relatives throughout the Pacific and the world...

On October 6, the Muckleshoot Indian Tribe hosted a Mauna to Mauna Peaceful Convoy from Tulalip to Muckleshoot. Ku Kia'i Mauna! Kapu Aloha all the way! Honoring our MMIW and Mauna Kea protectors

Collectively, with our relatives from Hawaii and Tulalip tribal community, we brought awareness and the need for unity on environmental social cultural and economic human rights issues.

MMIW and Mauna Kea crisis is situated in the midst of several other crises impacting indigenous communities globally: climate change, Ithumatao in Aotearoa, Amazon, Standing Rock, Salish Sea, water diversion, and many more social economic and environmental issues indigenous communities still face!!

The framing of these conflicts are placed between global values, local indigenous wisdom and relationships to our sacred environments and each other. It is evidence of how much collective nations are physically and spiritually supportive of these movements for all indigenous people and communities...

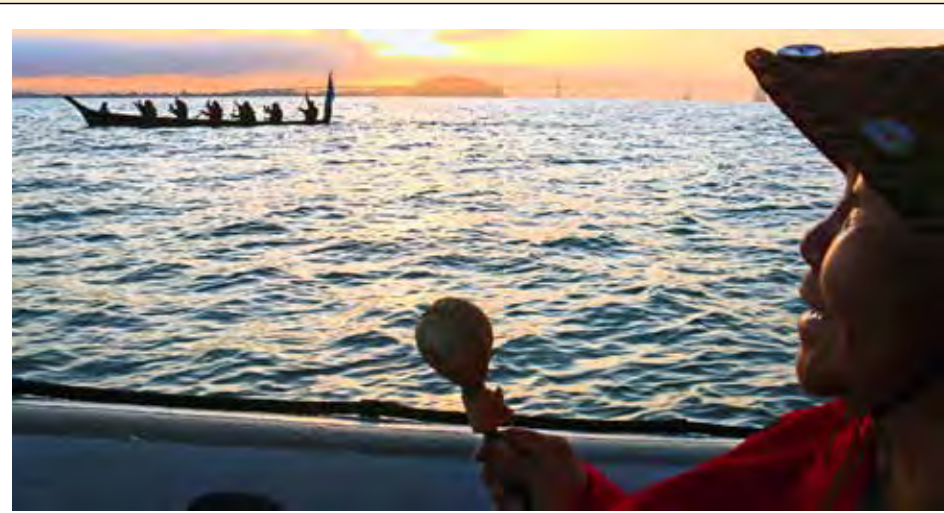
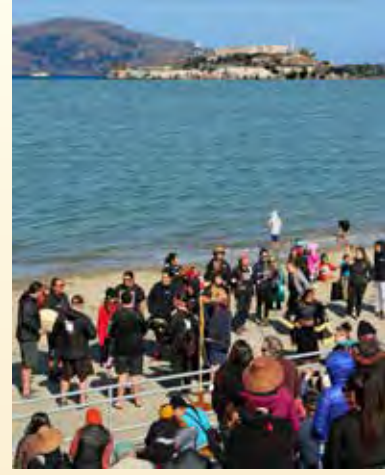


PHOTOS BY ROBERTA TECUMSEH & SUI-LAN HO'OKANO

Canoe Journey to Alcatraz

Remembering the Historic 1969 Occupation a Half-Century Later

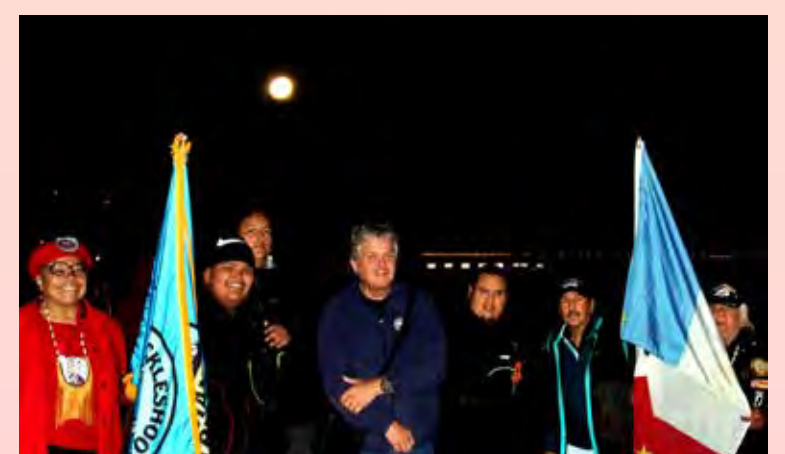
PHOTOS BY JOHN LOFTUS



Muckleshoot Tribal Elder Donna Starr, filled with deep emotion and carrying the dance dress worn by her mother and grandmother in her lap, never stopped shaking her rattle as the canoes circled Alcatraz Island, October 14, 2019.



"Alcatraz is not an island... it is an idea."
~ Richard Oakes



WHAT HAS EMERGENCY PREPAREDNESS BEEN UP TO?

Infrastructure of the program and Training, Training and more Training.... So we are ready for the disaster together; as our ancestors. We need to get back to the civil defense days of knowing the system of protective measures and emergency relief activities conducted by us, so we all can survive the disaster when it comes. Our department has been coordinating trainings:



ACTIVE SHOOTER: RUN | HIDE | FIGHT

Survival Awareness is learning what to do if an Active Shooter situation occurs and how to help save a life.

LEARN TO SAVE A LIFE!

This program teaches you how to use a tourniquet and stop catastrophic bleeding.



(SEE SOMETHING. DO SOMETHING)



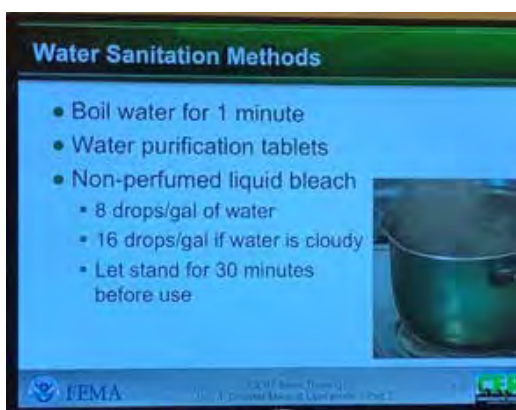
STOP THE BLEED

The Stop the bleed campaign was initiated by the White House. The purpose of the campaign was to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life-threatening bleeding following everyday emergencies, along with man-made and natural disaster.



MEDICAL TRIAGE 1 & 2.

Medical triage is the key to doing the most good for the most people whenever there are more victims than rescuers, resources are limited and time is critical.



We'd like to thank Cascadia Emergency Management Team: Mike Fearnough, Matt Deeds, & Bill Engler for assisting us with trainings.



LIGHT SEARCH AND RESCUE

One of the techniques used during light search and rescue is cribbing. A box crib or cribbing is a temporary wooden structure used to support heavy objects during construction, relocation, vehicle extrication and urban search and rescue.



EMERGENCY RESPONSE TEAM

The Emergency Response Team (ERT) course provides the "Essential Skills" for managing an incident. These skills are identified as Organization, Personnel Accountability, Tactical Radio Communications, Basic Life Urban Search & Rescue and Basic Disaster Medical Triage and Patient Movement and Staging.



MUCKLESHOOT COMMUNITY RESPONSE TEAM (MERT)

Is a team made up from our community that wants to keep training in the area of first responders to help to save lives right here at home. This team will be the team we call upon when the disaster hits.



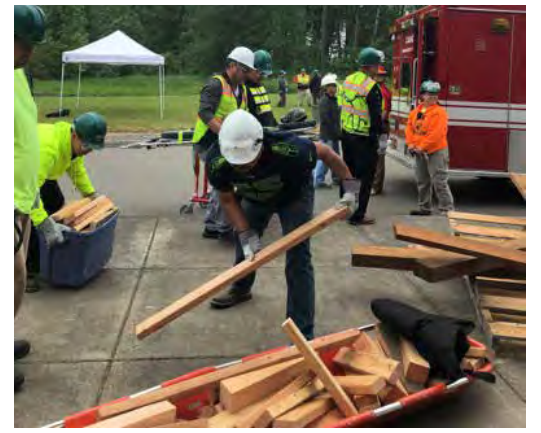
YOUTH EMERGENCY PREPAREDNESS

Al Hirsch came in to give stories on natural disaster in emergency. He comes from a Story Teller and Folksinger background. Alleyoop Enterprises has gone out to many different areas sharing his puppets and whistles from around the world. He has been a child performer and educator for 45 years.



COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazard that may impact in their area and train them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operation. This training takes 24 hours of commitment to be nationally certified.



FIRE SUPPRESSION (Extinguishers)

The main differences between a fire sprinkler and fire suppression systems are how they Extinguish fires and when each system would be ideal to use. Fire sprinklers use water to extinguish and control fires, while fire suppression systems can use a number of different agents.



NATIONAL INCIDENT COMMAND SYSTEM (NIMS)

Back in 2004 our leaders signed off on a resolution 06-053 to have staff trained in National Incident Command System to standardize equipment, organizational structures. That we understand the terminology use at local and state levels to create a better response for our community. In the last year we have trained approximately 600 employees of the tribe. Getting ready for what the Seismologist and Geologist know is coming to our Mother Earth. Most departments took an active part in learning to save lives. So we wanted to acknowledge them for doing so.



What is prenatal care and why is it so important?

Prenatal care is the care you get from a qualified medical provider which can include physician, physician assistant, nurse practitioner or midwife while you are pregnant. If you think you are pregnant you should make an appointment with your medical provider right away. Regular prenatal care during your pregnancy is very important because it can help keep you and your baby healthy during and after your pregnancy.

- At your prenatal visits you will do things like:
- Physical exams
 - Weight checks
 - Blood tests
 - Urine samples
 - Imaging like an ultrasound

When you sit down and talk to your medical provider you can also talk about things like a healthy diet and exercise and what prenatal vitamins would be best for you. You would also go over your health history to make sure you stay healthy while your baby grows inside you. If you are taking any medications this would be a good time to go over those with your medical provider to make sure they don't hurt your baby.

- Prenatal visits are usually scheduled as follows:
- 0 to 28 weeks = 1 prenatal visit a month
 - 28 to 36 weeks = 1 prenatal visit every 2 weeks
 - 36 weeks to birth of child = 1 prenatal visit each week

Your appointment schedule may change depending on any pre-existing health issues like diabetes or high blood pressure. The reason for so many appointments is because the more you see your medical provider the easier it will be to keep you and your baby healthy and spot any possible health problems. As the Pregnancy and Labor Support Program we can help connect you with referrals and resources to help you have the best



pregnancy. We are here to help if you are pregnant right now or become pregnant in the future. If you are interested in our services please contact the Muckleshoot Medical Clinic at (253) 939-6648 and ask for a referral for the Pregnancy and Labor Support Program. *You must be PRC eligible to utilize this program.*

Muckleshoot Health & Wellness Center Hours

Monday-Friday
 Gym 6:00am – 9pm
 Sauna & Steam Room 6:00am – 8:30pm
 Pool 6:00am – 8:30pm
 Daycare 9:00am – 8:45pm

Saturday
 Gym 8:00am – 5pm
 Sauna & Steam Room 8:00am – 4:45pm
 Pool 8am – 4:45pm
 Daycare Closed

Medicare 101

Why do I need Medicare when I turn 65 yrs. old?
 What does Medicare pay for?

Part A (Hospital Insurance)
 Helps cover:

- Inpatient hospital stays
- Skilled nursing facility care

Part B (Medical Insurance)
 Helps cover:

- Services from Doctors and other health care Providers
- Outpatient medical visits
- Durable medical equipment (like wheelchairs, hospital beds, and medical supplies)
- Preventative services (screenings, shots & Wellness)

Part D (Prescription Drug coverage)
 Helps Cover:

- Costs of Prescription Drugs/Medications

Come in to learn more about Medicare coverages
 Muckleshoot Health & Wellness Center
 Managed Care Department
 17500 SE 392nd Street
 Auburn, WA 98092

Muckleshoot Health & Wellness Center

17500 SE 392nd Street, Auburn, WA 98092
 Main Line: (253) 939-6648

DEPARTMENT:	PHONE:	HOURS:
Behavioral Health Mental Health & Chemical Dependency	(253) 804-8752	8:00am – 5:00pm
Community Health/CHR's	(253) 939-6648	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Dental Clinic	(253) 939-2131	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Family & Youth BH Services Youth Mental Health & Chemical Dependency	(253) 333-3605	8:00am – 6:00pm
Medical Clinic	(253) 939-6648	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
MEIHSS Elders In-Home Support Services	(253) 876-3050	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Optical Clinic	(253) 735-2020	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Pharmacy	(253) 333-3618	8:00am – 6:00pm Lobby Closed 5:00p-6:00p Walk-Up window open 5:00p-6:00p
PRC formally named CHS Purchase Orders	(253) 939-6648	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Recovery House	(253) 333-3629	24 hours
Registration Department	(253) 939-6648	8:00am – 5:00pm Closed Lunch: 12:00p-1:00p
Wellness Center	(253) 333-3616	
Gym Hours		Monday – Friday 6:00am – 9:00pm Saturday 8:00am – 5:00pm
Pool Hours		Monday – Friday 6:00am – 8:30pm Saturday 8:00am – 4:30pm
WIC Office	(253) 939-6648	Thursdays ONLY 8:00am – 4:30pm Closed Lunch: 12:00p-1:00p

ALL DEPARTMENTS ARE CLOSED ON SUNDAYS

Self-Talk: The What, the Why, & How to Change It

Most of us have an internal dialogue going through our minds quite frequently throughout the day and these messages often frame our perspective on the people and situations in our daily lives. This internal dialogue is called self-talk and often people develop a pattern of self-talk that is quite negative. This self-talk often develops from experiences earlier in life and we continue to add more evidence to confirm that these messages are correct, especially if they are negative or unkind to ourselves. As humans, we find it much easier to believe the negative about ourselves than the positive.

What is Self-Talk?

Self-talk is an internal monologue or inner speech of our thoughts, and often our judgments about ourselves. This often develops from experiences earlier in life

and we continue to add more evidence to confirm that these messages are correct, especially if they are negative or unkind to ourselves. We find it much easier to believe the negative about ourselves than the positive. Our self-talk is closely tied with our sense of self and how we view ourselves. Too often, our self-talk can be downright mean.

Why is Self-Talk Important?

"Be careful how you are talking to yourself because you're listening"

-Lisa M. Hayes

What you say to yourself in your head, how you talk to yourself, will change how you see the world, how you see situations you are in, and even how you view the people around you. It impacts the relationship with yourself.

Take a moment to think about

some of the things you've said to yourself. Would you ever speak to a friend that way? If we spoke to our loved ones the way we often speak to ourselves, few would want to be around us.

How to Change Self-Talk
Increase Awareness

To change anything, first you need to acknowledge a change is needed or desired and then you need to be aware of what needs changing. Start by listing some of the most common self-talk messages you use that seem unhelpful or unhealthy. They might sound a little like the following:
"I'm not good enough..."
"I can't get anything right..."
"I should have known better..."

Work toward noticing when you start using this kind of self-talk.

Replace Unhelpful Messages

Once you know which phrases

or messages come up for you most commonly, try brainstorming ways to change the language. Keep in mind, you want to change the message to something that feels believable to you and is still kind. So replacing "I can't get anything right" with "I do everything perfectly" isn't going to get you far. It's not a message that is easy for you to adopt and accept and truthfully, it's just not accurate.

Here are some examples:

After realizing you made a mistake:
"I'm such an idiot! What's wrong with me?"

change to
"That's not true, I'm not an idiot. I do some things very well and have made some smart decisions."

After walking out of a job interview:
"Ugh! I was terrible in there. There's no way they'll chose me"

change to

"That was a challenge but I did my best in the moment."

Try to avoid using over-generalizations, such as "always" and "never". It's rare they're true and they're often used for dramatic emphasis. The problem is, when these words are part of your self-talk, they become a little more believable with each use.

A good exercise is to pretend you're talking to your best friend or closest family member. If they told you they were going through this situation, what messages would you have for them? Now see if you can use those messages in your own self-talk.

Practice & Progress NOT Perfection

Do your best to set aside expectations of perfection for yourself. Self-talk is a habit and like chang-

ing other habits, it takes awareness, practice, and time.

The wonderful thing is, you start to feel the impacts of changing your self-talk pretty quickly! When and if you notice your self-talk becoming less helpful and less accurate, you can make changes on the spot.

Mental Health Awareness Week is October 6th - 12th

It was established to raise awareness of mental illness and the importance of mental health care and remove the stigma around receiving help.

If you are interested in learning more about mental health care services, call or visit

Muckleshoot Behavioral Health Program
17813 SE 392nd St Auburn, WA 98092
(253) 804-8752



Interested in learning how to swim like an Olympian? Want to learn to dive off the blocks?

Join the Muckleshoot Wellness Swim Club!

It is required to wear a swim suit

(shorts, jammer or speedos for boys, one piece suit for girls) One suit will be proved and will be earned by attending every practice and being punctual.

All skill levels are welcome to join from grades 6-12. Practice will begin September 23 @ 3pm-5pm Monday-Thursday, until November 25th.

Signup sheet located at the Wellness Front Desk.



Diabetes Health Fair



Where: Muckleshoot Health and Wellness Center

When: Wednesday November 13th, 2019

Time: 10:00am-2:00pm

Traditional food samples, handmade gifts, learn about self care & earn a chance to win giveaways!

Call Kaleigh K., RD with questions (253) 939-6648

Risks of Hepatitis C

By Colet Bennett, Diabetes Nurse - Muckleshoot Medical Clinic, Community Health Program

Hepatitis means inflammation of the liver. Hepatitis C (Hep C) is a contagious liver disease. It usually spreads when blood from a person infected with the hepatitis C virus enters the body of someone who is not infected. Some ways Hep C is spread would be injectable drugs, babies born to infected mother's. Tattoos with unsterile needles, blood transfusions before 1992. Hep C can be spread through sexual intercourse, but the risks is considered to be low. The risk increases with multiple sex partners.

A person can have Hep C for years without ever knowing they have it. This is because people don't know they have it due to not feeling sick for years. Due to this, they don't treat it. If left untreated, Hep C can cause serious damage to the liver. Such as Cirrhosis, which could eventually lead to liver failure and liver cancer.



The liver is one of the largest organs in the body. It has many important functions. A healthy liver helps digest food and also breaks down harmful drugs and toxins.

Screening: A blood test to check for exposure to the Hep C virus is simple and may be done with a visit to your primary care provider.

Treatment: There are antiviral medications to treat Hep C for those infected with the virus. Until recently, Hep C treatment required weekly injections and oral medications that had many side effects. That's changed, today Hep C is usually curable with medications taken by mouth.

Muckleshoot Wellness Center Swimming Lessons

Days/Times	Monday/Wednesday	Tuesday/Thursday
10:30am - 12pm	Adult/Private	Adult/Private
1pm - 2:30	Parent Child/Level Pre. 1 & 2	Level Pre. 1 & 2/Parent Child
3pm - 4:30pm	Level 3 and 4	Level 1 and 2
5:30pm - 6:30pm	Level 1 and 2	Level 3 and 4
6:30pm -7pm	Level 5 and 6	Level 1 and 2

Name of Participant(s): _____ Age(s): _____

Adult/Parent/Guardian: _____ Cell Phone: _____

Notes for Instructor: _____

Not sure what level to sign up for? Come to the pool for an evaluation, or ask our Lifeguards.

Please select the class that works best for you below. This Session will be October 22nd - November 15th

Times and levels may vary depending on registration.

- ___ 1 pm -1:30 pm Parent Child M/W
- ___ 1:30 pm - 2 pm Parent Child M/W
- ___ 2 pm - 2:30 pm Pre 1 and Pre 2 M/W
- ___ 3 pm - 3:30 pm Level 3 and 4 M/W
- ___ 3:30 pm - 4 pm Level 3 and 4 M/W
- ___ 4 pm - 4:30 pm Level 3 and 4 M/W
- ___ 5:30 pm - 6 pm Level 1 and 2 M/W
- ___ 6 pm - 6:30 pm Level 1 and 2 M/W
- ___ 6:30 pm - 7 pm Level 5 and 6 M/W
- ___ 1 pm - 1:30 am Pre. 1 and 2 T/H
- ___ 1:30 pm - 2 pm Pre. 1 and 2 T/H
- ___ 2 pm - 2:30 pm Parent Child T/H
- ___ 3 pm - 3:30 pm Level 1 and 2 T/H
- ___ 3:30 pm - 4 pm Level 1 and 2 T/H
- ___ 4 pm - 4:30 pm Level 1 and 2 T/H
- ___ 5:30 pm - 6 pm Level 3 and 4 T/H
- ___ 6 pm - 6:30 pm Level 1 and 2 T/H
- ___ 6:30 pm - 7 pm Level 1 and 2 T/H

For questions more Information please contact

Amelia Merrill @ (253) 333-3616, ext 3709 or amelia.merrill@muckleshoot-health.com

Native Community Helpers

Muckleshoot Behavioral Health Program is Recruiting Community

Members to be Trained as [Native Community Helpers](#)



As a Native Community Helper You

Will Receive:

- Training in Suicide Prevention and Drug & Alcohol Addiction
- Learn the warning signs of suicide and how to respond to potentially save a life
- Ongoing support from Behavioral Health Program

You Will Become Part of an Important Community-Wide Effort! It's Easy To Sign Up And Receive More Information To Become A Native Community Helper:

Just Provide Your Name And A Contact Number One Of These Ways:

Call Muckleshoot Behavioral Health Program: (253) 804-8752

Or

Send a Text to: (253) 740-4586

Or

Click or Go To the Link Below:

<http://surveyanyplace.com/s/qtxbejby>



Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

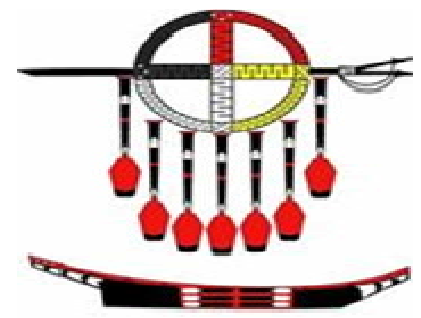
Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648

MUCKLESHOOT BEHAVIORAL HEALTH



PROBLEM GAMBLING RESOURCES

Muckleshoot Resources
Behavioral Health Gambling Outreach
Julia Joyce, MA, MS, CDP, WSGCC-I is available Monday through Friday 8am-5pm
(253)804-8752 x3207
Call and setup an informational session

Local Gamblers Anonymous Meetings
Winner's Circle—Wednesday at 12:00pm, MIT Family Outreach Center
Tuesday & Friday Noon, South King County Alano Club
Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn
Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn
Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

State/National Resources
Washington State Gambling Helpline 1-800-547-6133

• Do you currently have Medicare Part A and/or Part B?
• Are you missing Part D—Prescription coverage?
• Or, are you 65 years old and need all three coverages?

Medicare Part D
Open Enrollment begins
Oct. 15th—Dec. 7th, 2019

Come in to see us at the Managed Care Department
Muckleshoot Health & Wellness Center
17500 SE 392nd Street
PH # 253-939-6648

Muckleshoot Behavioral Health
October 19&20, 26&27, 2019
9:00am - 4:00pm

Recovery Coach Academy
*Transformed People...
... Transform People*

LUNCH WILL BE SERVED
At the Muckleshoot Behavioral Health
17813 SE 392nd Street, Auburn, WA

Gain an understanding of how to best help your community members to enter into the recovery process.

Any Questions or to Sign Up
Contact Julia Joyce at
Behavioral Health (253)804-8752

BREAKING INTO MAILBOXES IS A FEDERAL CRIME!

The Elders Committee has reported that mail boxes are being broken into. **REMINDER: Stealing mail is a federal offense!**

Muckleshoot Needle Exchange Program

Muckleshoot Behavioral Health

Services Offered at Behavioral Health
Monday—Friday 8-11:30am and 1-4:30pm:
Exchange used syringes for clean syringes
Receive safe injection supplies
Receive overdose prevention education and Narcan
Receive tips on how to inject drugs safely

Mobile unit every Wednesday from 2 to 4pm
Location: East side of Powwow Grounds.

Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

Muckleshoot Behavioral Health Program

16-Week Anger Management Class

Open to Join Anytime!
Every Thursday
1:30pm-3:00pm
Facilitated by: Dr. Sarlak

Meets Court Requirements

For questions or more information, contact:
Muckleshoot Behavioral Health Program
(253) 804-8752

Fall 2019

Special points of interest:

- Aquablast Pool / Amelia am class Tony Jansen Elvis music & low impact cardio
- Yoga practice posture to align, strengthen and promote flexibility in the body/Caryn
- Move strong circuit training/Clayton
- Speed & agility quickness (S.A.Q.) /Shane
- Tabata full body circuit training at paced intervals Clayton
- If your not able to show for our yoga during the week you join us Saturdays with Jake Either 9:00am for Hatha also 10:00am for Power Yoga.
- We have a 6:00pm yoga session with Emma Wednesday nights.
- Runners meet in the Wellness lobby everyday with at noon with Alighah.

Group exercise schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am		Aquacize AM		Aquacize AM		9am Hatha 10am Power Yoga/Jake
12:00pm	Yoga SAQ S.W	Move Strong C.M	Yoga C.A SAQ S.W		Tabata C.M	
5:30pm	Spin	Aquablast T.J	Spin T.J	Aquablast T.J	Spin T.J	
6:00pm			Yoga with Emma			

Transitions Signature

AND INTRODUCING NEW Style Colors

Our best everyday Light Intelligent Lenses™

Featuring exclusive Chroma7™ technology, this is our fastest and most responsive lens in all lighting and temperature conditions.

Personalize your style with a choice of 7 colors.

Transitions XTRActive

AND INTRODUCING NEW Style Mirrors

Our best for extra protection, even in the car

Uniquely designed to protect your eyes from the bright sun outdoors and harsh artificial light indoors.

Make a statement

Style your frames with our fashionable mirror colors, which adapt to any light.

Inquire within at:
Muckleshoot Optical
Muckleshoot Health and Wellness Center
Direct Line 253-735-2020 • Monday-Friday 8:00am – 5:00pm. Closed daily 12:00-1:00 pm for lunch

SCAM ALERT!

- THE NEW MEDICARE CARDS HAS BEEN MAILED SO BEWARE OF SCAM OR PHISHING CALLS.
- MEDICARE WILL NEVER CALL UNINVITED TO ASK FOR PERSONAL INFORMATION OR ANY INFORMATION REGARDING YOUR NEW OR OLD MEDICARE CARD.
- IF SOMEONE CALLS ASKING FOR ANY INFORMATION REGARDING YOUR MEDICARE CARD...
PLEASE HANG UP!
- YOU CAN REPORT ANY SUSPICIOUS PHONE CALLS DIRECTLY TO THE SOCIAL SECURITY FRAUD HOTLINE AT PH #1-

Beware of Phone Scams

MANAGED CARE DEPARTMENT
MUCKLESHOOT HEALTH & WELLNESS CENTER
PH: 253-939-6648



EARTH DAY IS NOT JUST ONCE A YEAR. I took this photo of Jeffery Watson, one of the Senior Planners in the Planning Department. I've noticed Jeff several times volunteering and picking up debris from the roadside during his lunch hour walk from Philip Starr Building to the Elder's Complex. What an example to show that Earth day is not just one day in a year, but should be our normal lifestyle. To say the least, I am impressed with Jeff's care of the tribe. We all can learn from him.
- Eddy Chu

MIT DENTURE PROGRAM

Missing all or just a few of your teeth can greatly affect your ability to eat, speak or smile, and your MIT dental team is pleased to provide several options to replace missing teeth. One of the most common solutions is the construction of full or partial dentures. A full denture replaces all teeth, restores your smile and helps your facial and jaw muscles work properly. A partial denture is often recommended when you still have natural teeth remaining in your mouth but need replacement of one or more missing teeth.

At the MIT Dental Clinic, we are dedicated to provide you the best in dental care. One recent improvement we have made involves our denture program. We are thrilled to have experienced dentist Marvin Huber now in our clinic. Marvin specializes in solving hard-to-fit denture problems, and in creating personalized, natural-looking dentures. You will



enjoy Marvin's personality and your time with him in the clinic, and you will appreciate his extra effort and attention in creating teeth that look and fit just the way you want.

If you already have full or partial dentures but find them uncomfortable to wear or can't eat with them, Marvin can certainly help you find a solution. If you are having your first dentures made, he will make every effort to make your new teeth look as much like your natural teeth as possible. Please call the dental clinic at (253) 939-2131 for an appointment. We'll listen to your concerns, and work with you to come up with the best plan to give you back your smile!



Are You Prepared for a Dental Emergency?

GUIDELINES FOR MOST COMMON DENTAL EMERGENCIES

Toothache: Rinse your mouth gently with warm water to clean it out. Never put an aspirin tablet or any other pain reliever against the gums near the aching tooth. This won't relieve the discomfort and could burn your gum tissue, adding to the problem. Take a recommended dose of pain reliever, ibuprofen (Advil) is best, with a full glass of water. Don't rely on pain relievers long-term. You may be temporarily more comfortable, but the problem won't fix itself. Contact the dental clinic as soon as possible for help.



Knocked-out tooth: First, stay calm and try to find the tooth! This may take a bit of looking, as these emergencies often occur while on a playground, a basketball court or while biking or skateboarding. Rinse the tooth off gently with water, without any scrubbing or use of a toothbrush. Keep the tooth wet in a cup of milk. There is a chance that these teeth can be successfully splinted back in place and will function as normal. Time is of the essence, so contact the dental clinic as soon as possible.

Broken tooth: Rinse your mouth gently with warm water to clean it out. The tooth will likely be sensitive to hot and cold, so covering it with a wet piece of gauze or facial tissue will keep you more comfortable. Contact the dental clinic as soon as possible.




Facial, tongue or lip wounds: Clean the area gently with a clean damp washcloth and apply cold compresses to reduce swelling. A good cold compress is a baggie of ice wrapped in a cloth, applied repeatedly for 15 minutes on and 15 minutes off for the first few hours. Facial wounds can sometimes bleed a lot. Apply direct pressure to the wound with a clean cloth to slow and stop any bleeding, but you should go to the emergency room if the bleeding continues or concerns you. If it ever feels like your teeth don't fit or close together normally after any facial impact or injury, this could be from a broken jaw. You should go to the emergency room immediately.

Objects stuck between teeth: The most common culprits are popcorn husks! Try to gently remove the object with dental floss. Never use a pin or other sharp instrument to try to remove the object. If you can't get the object out, contact the dental clinic and we will help you.

A temporary or permanent crown comes off: The tooth will likely be sensitive to hot and cold. Place a small dab of drugstore denture adhesive or Vaseline in the crown and set it back on the tooth. This should control any sensitivity and keep the crown in place, but be very careful to avoid chewing on the tooth or the crown could come back off. Contact the dental clinic as soon as possible to have the crown recemented properly.



Our goal in the dental clinic is always to keep you comfortable, whether you are having a dental emergency or not. Feel free to call us anytime with any dental questions you may have (253-939-2131). You should always call the dental clinic immediately for instructions on how to handle any dental emergency during weekday business hours.





IF YOU ARE NEEDING A REPLACEMENT:
- MEDICARE CARD
- SOCIAL SECURITY CARD
- MEDICARE BENEFIT LETTER

THERE ARE TWO SOCIAL SECURITY OFFICE LOCATIONS THAT MAY BE ABLE TO ASSIST YOU.

<p>KENT 321 RAMSEY WAY SUITE# 401 HOURS OF OPERATION: MONDAY, TUESDAY, THURSDAY, FRIDAY 9:00 AM - 4:00 PM WEDNESDAY 9:00 AM - 12:00 PM</p>	<p>PUYALLUP 811 S HILL PARK DR HOURS OF OPERATION: MONDAY, TUESDAY, THURSDAY, FRIDAY 9:00 AM - 4:00 PM WEDNESDAY 9:00 AM - 12:00 PM</p>
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MAIN SOCIAL SECURITY PHONE NUMBER: 1-800-772-1213

Relative & Foster Care Program

We Need YOUR Help to become a Licensed & Loving Safe Home for OUR CHILDREN




Interested? MIT Children & Family Services

MCFS Office Location: 38017 172nd Street SE, Auburn WA 98002 | MCFS Main: 253-833-8782
Foster Licensor: Trudi Moses 253-876-3397 Cell: 253-880-6968 | Director: Cynthia Orio 253-876-3396

NATIVE COMMUNITY HELPERS

Are you having a rough day? Have you been feeling down for a while? It can be difficult to reach out but talking to someone can help. You are not alone.



What are Native Community Helpers?

- Your Community Members
- Trained in suicide prevention


How Can They Help Me?

- Offer a listening ear and open heart
- Help you access available resources and reach out to professional help


Remember that you have people in your community to talk to – friends, family members, Elders, Native Community Helpers, counselors. Those people would be glad to help you access the help you need.

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You are not alone.



To get help for yourself or someone you know who is suicidal call:
Behavioral Health Program at: (253) 804-8752
King County Crisis Line after hours at: (206) 461-3222
In an Emergency call: 9-1-1




Child Find Screening

What is a Child Find Screening?

Screening is a **free** check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School
Helen Feiger
Student Support Services Coordinator
15209 SE 376th St
Auburn WA 98092
253-931-6709 Ext 3700

Marty Laronal
Support Services Manager
Muckleshoot Early Childhood Education Center
15599 SE 376th St
Auburn, WA 98092
253-876-3056 Ext 3922



CASINO EVENT CENTER CONSTRUCTION PASSES HALFWAY MARK

Construction of Muckleshoot Casino's Event Center has surpassed the midway point! On track for a spring 2020 debut, the 20,000-square-foot facility is the equivalent size of more than four regulation basketball courts or seven full tennis courts. Designed for the utmost in flexibility, the space will host meetings, conventions, concerts, MMA fights, and more. Where Club Galaxy could only host a maximum of 500 guests, the coming Event Center will be able to accommodate up to 2,300! It will welcome its first guests in April of 2020.



MUCKLESHOOT MILLIONAIRES! Renton Couple Hits \$1.1 Million Jackpot

By Terrence Hill

Some people get their morning jolt of energy from a nice cup of coffee. Others prefer to win \$1 million before the sun is fully up, which is precisely what happened for one lucky guest at Muckleshoot Casino on Wednesday, October 9.

A lucky couple from Renton, Washington is more than \$1.1 million dollars richer after hitting a progressive jackpot around 7:30 a.m. after a \$6 max bet. It sets a new record for the casino's biggest payout.

Phani J. has chosen Muckleshoot Casino in Auburn, Washington as his destination for fun for the last three years. Upon winning this tremendous haul, he and his wife, Sulakshana, celebrated by going to breakfast at Coyaba Grill while the logistics were sorted out.

Afterwards, the happy couple signed some papers, took some

photos (okay, a LOT of photos), and danced a joyous jig.

This is the second time someone has become a Muckleshoot Millionaire after a single jackpot. The first took place on January 23, 2011 when a lucky local earned just over \$1 million on a \$2.50 bet.

The machine that delivered Phani into a world of much more than pure imagination was Willy Wonka World of Wonka by Scientific Games. Just a month ago, his win wouldn't have been possible. That's because Willy Wonka World of Wonka only just arrived at Muckleshoot Casino in mid-September.

With the machine's progressive now reset and many more games with jackpots of even higher numbers, Muckleshoot Casino now awaits the arrival of its next Muckleshoot Millionaire.

Order Your Holiday Feast from the Casino!



The Muckleshoot Casino's popular Holiday Meals to Go are back and better than ever! Led by the casino's new Executive Chef Andreas Hartmann, the redesigned packages offer all your favorite holiday flavors without the fuss.

For Thanksgiving, choose between a Roasted Turkey or Honey-Mustard Glazed Ham feast. For Christmas, Roasted Turkey or Prime Rib. Either way you go, you'll have enough to feed up to six. Now, that's something to be thankful for!

Reserve yours by calling 800-804-4944 and asking for extension 2407, 2428 or 2437.



New Food Hall at Muckleshoot Casino is open for business!

By Terrence Hill

There's nothing like something that's new. From how it looks to how it feels, everything about something new just feels so refreshing.

In the case of the newly opened Food Hall at Muckleshoot Casino, the aromas in particular are pretty great. Hungry guests would be remiss if they didn't wander down to see this reimagined section of the casino near Coyaba Grill.

Home to a trio of new fast-casual dining destinations, The Deli and Baja Fresh® Express debuted first on Monday, October 14. The third eatery, Manchu WOK, followed on Wednesday, October 16.

You may need to wear your baggiest clothes or loosen up those belts, however, before heading over. Burgers, milkshakes, hot dogs, burritos, oodles of noodles, and whatever else your hunger desires can all be found here.

Before you actually reach the counter to place your order, however, you'll likely note the Food Hall's bright, contemporary décor. Herringbone floors, a slatted wood ceiling, octangle tiles, and new

wallcoverings combine for a bold, modern splash of new.

Open daily, The Deli, Baja Fresh Express and Manchu WOK begin satisfying hunger pains at 11 a.m.

Elsewhere in the casino, expansion efforts continue at a vigorous pace with some projects already complete and others off to exciting beginnings.

Pizza was the first restaurant to undergo a transformation at Muckleshoot Casino. The pizza itself remained delicious as always, but can now be ordered in a much more modern space.

Spice Bay Buffet ceased operations in September, but that's not the end of all-you-can-eat yum at Muckleshoot Casino. Its replacement, The Buffet at Muckleshoot, will turn up the heat (literally) with an open-flame salmon pit among other exciting new additions. It will welcome guests in the spring.

And, even more changes are still in store! Don't be surprised to see something different whenever you visit. For the very latest, don't forget to follow Muckleshoot Casino on Facebook.

CONGRATULATIONS TO OUR NEW HIRES & TRANSFERS AT MUCKLESHOOT TRIBAL ADMINISTRATION!

We are pleased to welcome the following employees who have been hired or transferred into new positions here at the Muckleshoot Indian Tribe. We hope you will assist us in welcoming them.

Employee Name	Job Title
Guillermo Cabrera	MCFS Investigator
Tara Taylor	Pshychiatric Mental Health Nurse
Kathlyn Filipino	Medical Front Desk Trainee
Christina Taimalelagi	Gaming Inspector
Melissa Morales Cabanas	MCFS Transporter/ Visitation Specialist
Jeffrey Joslin	Electronic Gaming Manager
Danny Rossiter	Bus Driver
Ramendeeep Kaur	Instructional Assistant III
Phillip James	Transportation Manager
Yvonne Oberly	Chief Operating Officer
Hailey Mathias	Finance Trainee
Malena Barr	Administrative Specialist III
Chantilly Nichols	Administrative Specialist II
Christine Mandry	Victim Services Specialist
Keri Burks	YRH Behavioral Specialist
Angeleka Bennett-Esparza	Administrative Specialist III
Raetta Daws	Mental Health Therapist
Sandra McGovern	Surveillance Observer
Aubreyana Anderson	Home Health Aide
Ronald Cortez	Surveillance Observer
Monica Tejeda	Cook I
Lawonda Smith	Principal
Layne Maheu	Woodshop Teacher
William Grant	Equipment Operator I
Lolita Fulgencio	Gas Station Asst Manager
Patricia Moses	Home Health Aide
Jose Mendoza	General Ledger Analyst I
George Black Crow	Fisheries Enforcement Officer II
Kelsi Brown	ECE Instructional Assistant I
Alexus Betha Walker	ECE Instructional Assistant I
Stephanie Colson	ECE Instructional Assistant I
Angelica Martinez	Medical Assistant
Lashawna Starr	Admin Spec III
Mark Hennes	Cook I
Theresa Baker	Cook I
Frank Mellas	Building Official
Layne Maheu	Woodshop Teacher
Stephanie Colson	ECE Instructional Assistant I
Mwajuma Naggita	Home Health Aide
Ce'Arra Martin	Home Health Aide
Josie Rivero	Home Health Aide
Rachael Andy	Home Health Aide
Michael Lindgren	Wildlife Field Monitor
Kobe Courville	AWTP Participant
Dayton Fulgencio	AWTP Participant
Angelena Moses	AWTP Participant
Savannah John	AWTP Participant
Shellee Baker	AWTP Participant
Bonface Mburu	Home Health Aide
Simran Rai	Home Health Aide
Taya Black Crow	Medical Assistant
Aaron Grant	Security Officer II
Jackie Carey	MEIHSS Manager Trainee
Tanya SoHappy	Executive Assistant III
Zachary Kruse	Wildlife Conservation Officer Candidate
Alyssa Vaiese	Culture Aide
Veronica Milne	Culture Aide
Patricia Eningowuk	Head Start Managing Director
Brenda Ward	Executive Assistant I
Steven Daniels	Public Works Supervisor
Lindey Ginther	Chemical Dependency Counselor - Adult
Maureen Moran	Administrative Specialist III
Janice Hannigan Moses	Executive Assistant
Hadrian Ramirez	Admin Spec I - HWC
Julio Feliciano	Para Pro III
Megan DeHan	Para Pro I
Wanita Courville	Community Services Program Manager
Savannah Walker	HR Analyst II - Employee Relations

FOSTER CARE APPLICATION ASSISTANCE

November 14, 2019
From 12 pm - 4 pm

Where:
Phillip Starr Building - Cougar Room A

Contact: Jackie Hernandez, Foster Care Licenser
253-876-2808 - desk

Email:
Jacqueline.hernandez@muckleshoot.nsn.us



- You decided to become a licensed foster parent, now what?
- Feeling overwhelmed with the foster care application?
- ✓ We can provide assistance - on how to fill out the application and what to expect.

Presented by
Muckleshoot Child & Family Services

FAMILY TREE BOOK UPDATE



The Muckleshoot Family Tree is being updated! The last edition was 2008. If you have family that was not included in the last book, please notify Pat Noel Fleming at pnflem@comcast.net with name, parents' names and family's they belong to. I am also at the Philip Star Building on some Thursdays with Kerri Marquez. ~ Pat Noel Fleming

Elaine Daniels-Gaspar Baptism



RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
 Sandy Heddrick, Assistant Minister
 Theresa Jerry, 1st Elder
 Lee Stafford, 2nd Elder
 Thadious Lozier, 3rd Elder
 Trudi Moses, Secretary/Treasurer
 Carl "Bud" Moses, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811

St. Leo The Great

Catholic Mass

Tacoma Kateri Circle of
 St. Leo Church
 710 South 13th Street
 Tacoma 98405

Catholic (Native) Mass with
 Father Patrick J. Twohy
 1:30 pm every Sunday

Circle meetings 2nd and 4th Sunday
 Potluck every 3rd Sunday

www.katericircle.com
 Facebook: Tacoma Kateri Circle

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Please come join us for
MASS & Catechism
 At the Muckleshoot Catholic church



Catechism starts at 3:00pm

Mass starts at 5:00pm

As always, enjoy a nice dinner with us

and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937



MUCKLESHOOT POLICE REPORT



Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

Weekly Recap September 2019

9/01/2019	0932 Hours	C19033490	36800 BLK/HWY 164	Larceny
A homeowner called 911 when he discovered his gas was siphoned from all of his farming vehicles. There were no suspect information or witnesses of the crime.				
9/02/2019	1708 Hours	C1903646	39000 BLK/172 Ave SE	Suspicious
A female called 911 when children informed her that an old man was offering them alcohol at the skate park. She said she felt uncomfortable about it because the man has a history of messing with little children. The man was contacted and denied offering anything to the kids.				
9/03/2019	2340 Hours	C19033685	SE 392 nd ST/164 th Ave SE	Vehicle Recovery
Deputies recovered a stolen vehicle and arrested a suspect on their felony warrant. The vehicle was processed for evidence and taken to a secured tow yard.				
9/04/2019	0239 Hours	C19033859	17600 BLK/SE 408 th ST	Warrants
A female was contacted outside of a known drug house and placed under arrest. She had several felony warrants out for her arrest. She was later taken to SCORE jail and booked on her warrants.				
9/04/2019	2134 Hours	C19033993	14700 BLK/ SE 368 th PL	Warrant
Deputies arrested a man on his felony warrant for possession of a stolen vehicle. He was later transported to SCORE jail and booked on his warrant.				
9/04/2019	1609 Hours	C19033958	38900 BLK/172 nd Ave SE	Assault
A female said she was assaulted by an unknown female at a party. She said the female punched her in the face and damaged her tooth. Deputies were unable to contact the suspect.				
9/08/2019	0615 Hours	C19034456	2100 BLK/Auburn Way S	Suspicious
Deputies confiscated some vehicle plates that didn't belong on a vehicle at the Muckleshoot Bingo Hall.				
9/08/2019	1400 Hours	C19034494	2400 BLK/Auburn Way S	Warrant
A man was contacted and arrested during a traffic stop. He had a DWLS/R 2 nd driver's license and a warrant out for his arrest. The man was taken King County jail and booked on his warrant.				
9/10/2019	0126 Hours	C19034693	17600 BLK/SE 408 th ST	Vehicle Recovery
Deputies recovered an abandoned stolen vehicle that was parked on the street. The vehicle was secured and processed for evidence. The registered owner was notified and the vehicle was later towed to a secured location.				
9/10/2019	2019 Hours	C19034821	38900 BLK/172 nd Ave SE	Larceny
A female call 911 to report a vehicle prowler. Someone smashed her window and stole her purse. They also stole her debit card and spent sixty dollars on it. There are no witnesses or suspect information at this time.				
9/11/2019	1345 Hours	C19034956	17800 BLK/SE 389 th ST	Threats
A man said he was threatened by an acquaintance while playing a game of pool at the Muckleshoot Elder Building. He said the altercation was about their dogs fighting each other.				
9/13/2019	0344 Hours	C19035165	39700 BLK/HWY 164	Civil Process
Deputies contacted a man who needed to be served a court order. The order was then placed into the system and validated.				
9/13/2019	2257 Hours	C19035297	15700 BLK/SE 376 th ST	Mental Complaint
A female at the youth recovery home attempted to hurt herself. When deputies arrived on scene she had scratches all over her neck and wrist. Due to her history of attempting suicide deputies had her involuntarily treated at the nearest hospital.				
9/17/2019	1149 Hours	C19035684	16000 BLK/SE 385 th CT	Disturbance
A man called 911 because he thought his daughter was violating her court order. When deputies checked with records they learned that the daughter was never served the order. The daughter was unavailable for contact and have several warrants out for her arrest.				
9/18/2019	1920 Hours	C19035906	15200 BLK/SE 376 th ST	Runaway
A mother called 911 to report her daughter missing after she ran away from home. A report was taken and she was put into the system as a runaway.				
9/20/2019	1448 Hours	C19036173	37900 BLK/160 th Ave SE	Civil Process
Deputies served a female a temporary court order.				
9/22/2019	2208 Hours	C19036445	40600 BLK/HWY 164	Threats

While attending a concert at the WRA a female said she was being stalked and harassed by her ex-boyfriend girlfriend. She said she was trying to initiate a fight and threaten her.

9/23/2019	0255 Hours	C19036467	2100 BLK/Auburn Way S	Suspicious
Deputies contacted a female that was shooting up heroin in the parking lot of the Muckleshoot Bingo Hall. They confiscated her drugs and paraphernalia and placed them into evidence.				
9/23/2019	1831 Hours	C19036582	38700 BLK/162 nd CT. SE	Disturbance
Three juveniles in the Davis housing village got into an altercation and wanted to fight. Deputies were called and the kids were separated.				
9/23/2019	2015 Hours	C19036595	15700 BLK/SE 376 th ST	Runaway
A female ran away from the youth recovery center. Staff was unable to locate her so they filed a missing report.				
9/24/2019	1530 Hours	C19036710	16000 BLK/SE 385 th CT SE	Disturbance
Deputies responded to a domestic dispute between a male and female. They were both under the influence of drugs and were arguing over a variety of things. The two were separated and they went their separate ways.				
9/25/2019	0030 Hours	C19036765	16600 BLK/SE 398 th CT	Warrant
A female was contacted and arrested by deputies on her felony DOC warrant. She later transported to SCORE jail and booked.				
9/26/2019	2215 Hours	C19037055	16500 BLK/SE 392 nd ST	Warrant
A man was stop for a traffic violation and arrested on his felony warrant. He was transported to SCORE jail and booked on his warrant.				
9/27/2019	1139 Hours	C19037127	39900 BLK/175 th LN SE	Domestic Violence
Deputies responded to a DV assault and court violation between father and son. The son was placed under arrested for assaulting his dad and violating his court order. He was later transported to RJC and booked on felony charges.				
9/28/2019	0155 Hours	C19037225	Auburn Way S/Dogwood Dr. SE	Warrant
A man was stopped for a traffic violation and arrested on his warrant. He was later transported to SCORE jail and booked on his warrant.				
9/29/2019	0330 Hours	C19037338	SE 368 th PL/HWY 164	Impound
Deputies had to have an abandoned vehicle towed off the highway because it was blocking the eastbound lanes on HWY 164.				
9/30/2019	1320 Hours	C19037497	16400 BLK/SE 392 nd ST	Larceny
A female flagged down a deputy to report a theft. She said someone stole her purse three days ago. She doesn't know when it occurred but it possibly happened at her house. There are no suspects or witnesses at this time.				

Upcoming Per Capita Deadlines and Schedule

- October 11, 2019** - Enrollment Cut off for November 2019 Per Capita
- October 11, 2019** - Deadline for **New** Direct Deposits to be turned in to Tax Fund
- October 25, 2019** - Deadline to stop taking Direct Deposit Changes/Cancellations
- November 25, 2019** - Per Capita Distribution at Elders Complex, 7:30 am - 5:30 pm
- November 26, 2019** - Per Capita Distribution at Elders Complex, 8:00 am - 5:00 pm
- January 31, 2020** - Enrollment Cut Off for March 2020 Per Capita
- January 31, 2020** - Deadline for **New** Direct Deposits to be turned in to Tax Fund
- February 7, 2020** - Deadline to stop taking Direct Deposit Changes/Cancellations
- March 3, 2020** - Per Capita Distribution in Cougar Room at PSB, 7:30 am - 5:30 pm
- March 4, 2020** - Per Capita Distribution in Cougar Room at PSB, 8:00 am - 5:00 pm

Thanksgiving Kids Bingo
Muckleshoot Bingo

Join us at 10am on Thanksgiving for a **Community and Employee KIDS bingo session!**

Children ages 6-17 are invited to play this fun, prize filled bingo session!
*Doors open at 9am
*Session begins at 10am
*For this event, all minors will enter and exit the Bingo Hall through the South Entrance
*Each child must bring/provide proof of age
*Each child will receive 1 bingo pack for 10 games & 1 raffle ticket
*Each child must daub their own bingo paper
*Door prizes and drawings throughout the session
*All minors must be accompanied by an adult at all times
*No one under 18 allowed in the VGD gaming areas
*This is a non-smoking session, with no bar service during Kids Bingo
*Food will be available for purchase during this event

*Adult Community Bingo will be held December 10th. Check back for more details!

Understanding Your Credit Class

DATES:
November 6th, 20th
December 11th

Class times are: 10a.m.- noon
Muckleshoot Housing Authority
Training Center
38130 - 158th Ave SE

EMERGENCY CONTACT NUMBERS

FOR FIRE, MEDICAL, OR POLICE EMERGENCIES CALL 911 FIRST

- **TRIBAL GOVERNMENT BUILDING — AFTER HOURS EMERGENCY LINE (4PM — 7AM)**
(253) 561-1297
- **GENERATOR — ELDER AND TRIBAL GOVERNMENT BUILDING EMERGENCY LINE**
Gregorio (253) 409-3885 | Brook (253) 736-3891
- **SECURITY EMERGENCY LINE FOR EMERGENCIES, CALL 911 FIRST THEN SECURITY**
(253) 261-7707
- **TRIBAL HOUSING EMERGENCY LINE**
(253) 261-0779
- **PUBLIC WORKS EMERGENCY LINE**
(253) 876-3030
- **EMERGENCY MANAGEMENT**
Ada McDaniel (253) 261-4724
- **TRANSPORTATION**
Phillip James | Transit Manager (253) 876-3326

BREAKING INTO MAILBOXES IS A FEDERAL CRIME!

The Elders Committee has reported that mail boxes are being broken into. **REMINDER: Stealing mail is a federal offense!**

Muckleshoot Child and Family Services (MCFS)

Contact Information for the MCFS Program

Address:

1220 "M" Street SE
Auburn, WA 98002

Main Phone: 253-833-8782
Fax: 253-876-3095

CPS Intake Hotline for afterhours Call of Concern report of neglect/abuse:
1-866-ENDHARM (363-4276)



MEATY JOHNSON'S
Get **20% OFF**
with your Muckleshoot Tribal ID!
1201 Pine Street - Seattle, WA 98101

Do You Have What It Takes? Become A Volunteer Firefighter

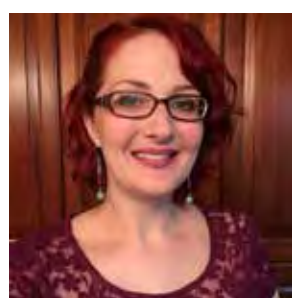
Learn New Skills
Serve Your Community
Explore it as a Career



Apply at
www.mvfire.org
or call 253 735 0284

Proudly Serving The Muckleshoot Indian Tribe and City of Black Diamond

FREE WILL DRAFTING FOR MUCKLESHOOT TRIBAL MEMBERS, NON-TRIBAL SPOUSES, AND MEMBERS OF THE COMMUNITY



Please call or email to schedule an appointment:

Law Offices of Kate Jones
katejoneslaw@gmail.com
(206) 370-1034
www.lawofficesofkatejones.com

Basic Estate Planning Includes:

- Will
- Power of Attorney
- Healthcare Directive
- Disposition of Remains

Office hours are the first Wednesday of every month at the Philip Starr Building, **Office #283.**

SERVICES PROVIDED BY:



Law Offices of Kate Jones
Wills & Estate Planning Services

2019 Enumclaw Plateau Farmers' Market
Downtown on Kasey Kahne Dr
Thursdays 3pm to 7pm

Go the distance to protect our clean water future.
Visit KingCounty.gov/CleanWaterPlan

Clean Water Plan

Making the right investments at the right time



King County
Department of Natural Resources and Parks
Wastewater Treatment Division

Muckleshoot Tribal Court of Justice
In and for the Muckleshoot Indian Reservation
Auburn, Washington

Case No.: MUC-J-08/19-099
NOTICE OF CUSTODY HEARING
November 19, 2019 at 1:30 PM
IN RE THE DEPENDENCY OF:
E.W.
DOB: 03/05/2017

To: **EDITH PRICE, Mother**
JEREMIAH WHITEEAGLE SR, Father

YOU AND EACH OF YOU will please take NOTICE that a CUSTODY HEARING has been scheduled for TUESDAY the 19th DAY OF NOVEMBER, 2019 at 1:30 PM in the Muckleshoot Tribal Court of Justice located at the legal building at 39015 172nd Avenue SE, Auburn, WA 98092.

The parents of the youth are each entitled to have someone represent them at this hearing at your own expense – meaning that they will be solely responsible for any fees charged by the person.

Your failure to appear may result in a default judgment being entered against you without notice. A default judgment is one where the petitioner is entitled to what he/she asked for in the petition.

If you have any questions regarding the nature of this trial or the location of the Court, please call the Court Clerk- 253-876-3203.

DATED this 11th day of October, 2019.
/s/ Salena Jackson
MIT COURT CLERK

Muckleshoot Tribal Court of Justice
In and for the Muckleshoot Indian Reservation
Auburn, Washington

Case No.: MUC-J-07/19-092
NOTICE OF CUSTODY HEARING
November 12, 2019 at 1:30 PM
IN RE THE DEPENDENCY OF:
K.E.
DOB: 07/16/2019

To: **REBECCA UNDERWOOD-ELKINS, Mother**
LEON BROWN, Father

YOU AND EACH OF YOU will please take NOTICE that a CUSTODY HEARING has been scheduled for TUESDAY the 12th DAY OF NOVEMBER, 2019 at 1:30 PM in the Muckleshoot Tribal Court of Justice located at the legal building at 39015 172nd Avenue SE, Auburn, WA 98092.

The parents of the youth are each entitled to have someone represent them at this hearing at your own expense – meaning that they will be solely responsible for any fees charged by the person.

Your failure to appear may result in a default judgment being entered against you without notice. A default judgment is one where the petitioner is entitled to what he/she asked for in the petition.

If you have any questions regarding the nature of this trial or the location of the Court, please call the Court Clerk- 253-876-3203.

DATED this 11th day of October, 2019.
/s/ Salena Jackson
MIT COURT CLERK

Muckleshoot tribal court of justice
In and for the Muckleshoot Indian Reservation
Auburn, WA 98092

Case No.: MUC-J-07/19-092
NOTICE OF FACT FINDING HEARING
IN RE THE WELFARE OF:
K.E.
DOB: (07/16/2019)

TO: **LEON BROWN, ALLEGED FATHER**
GUILLERMO CABRERA, MCSF CASE MANAGER
DORRY PETERSON, PROSECUTOR

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the 12th day of November, 2019, AT 1:30PM in the Muckleshoot Tribal Court of Justice located at 39015 172nd Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to determine whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home placement of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether filings were timely and appropriate.

You may pick up a copy of MCSF Case Manager's Court Report from the court clerk's office three working days prior to the hearing. Pursuant to Section 12.A.03.070, Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the Youth Codes.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at the hearing at your own expense-meaning that they will be solely responsible for any fees charged by the person.

If a party fails to appear the Court may, in his or her absence, take legal custody of the child, make the child a ward of the Court, and take any other action that is authorized by law.

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203.

Dated this 26th day of September, 2019
/s/ Julia Brown
MIT Clerk of the Court

IN THE MUCKLESHOOT COURT OF JUSTICE
FOR THE MUCKLESHOOT INDIAN RESERVATION
AUBURN, WASHINGTON

Case No. MUC-PO-08/19-108
In Re the Protection of:
G.A., DOB: 06/09/1969, an elder/vulnerable adult
Vs.
REBECCA UNDERWOOD-ELKINS, DOB: 04/23/1990, Respondent
NOTICE OF HEARING ON PROTECTION ORDER PETITION
TO: **REBECCA UNDERWOOD-ELKINS, DOB: 04/23/1990**
IT IS HEREBY ORDERED that the previously entered protection order remains in full force and effect. In particular:

- The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
- Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
- The respondent is Excluded from the elder/vulnerable adult's residence.
- The respondent is Restrained from coming near and from having any contact with the elder/vulnerable adult, in person or through others, by phone, mail, or any means, directly or indirectly, except through an attorney, or mailing or delivery by a third party of court documents.
- Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence.
- The Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the Muckleshoot Elders Complex.
- A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
- The protection order expires November 28, 2019 but may be renewed prior to its expiration.
- Next hearing: November 21, 2019 at 1:00 p.m.
- Parties are responsible for updating the court as to any change of service address.
- SO ORDERED this 26th day of September, 2019.
/s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

IN THE MUCKLESHOOT TRIBAL COURT
FOR THE MUCKLESHOOT INDIAN RESERVATION
AUBURN, WASHINGTON

No.: MUC-DIV-09/19-110
Decree of Dissolution
Legal Separation
Annulment
TANYA SOHAPPY Petitioner,
vs.
AGUSTIN ROJERO-NAVARRO Respondent.

SUMMONS

To the Respondent of this matter AGUSTIN ROJERO-NAVARRO, TAKE NOTICE:

The Petitioner, TANYA SOHAPPY, listed above has started a legal action through the Muckleshoot Tribal Court to:

Dissolve your marriage.

There may be additional requests made in the petition, such as a request for a parenting plan or child support, if applicable. You must read the petition carefully to determine the scope of this action.

YOU MUST SERVE A WRITTEN RESPONSE ON THE PERSON SIGNING THIS SUMMONS AND FILE THE ORIGINAL WITH THE CLERK OF THE COURT 21 DAYS FROM THE DATE YOU WERE SERVED WITH THE PETITION.

A FAILURE TO APPEAR OR FILE A RESPONSE MAY RESULT IN A DEFAULT JUDGMENT AGAINST YOU. This means that the Court could grant all the requests of the petitioner without any input or response from you.

You can obtain a form to respond to this petition through the Clerk of the Court located at 39015 172nd AVE SE, Auburn, WA, 98092.

You must file your response with the Clerk of the Court at the Muckleshoot Tribal Court located at 39015 172nd AVE SE, Auburn, WA, 98092.

If you need assistance in your response, inquire with the Clerk of the Court if you are able to set up an appointment with the legal aid clinic. The clinic may be able to assist you, but there is no right or guarantee of legal aid. You are ultimately responsible for your own response.

There is a hearing set in this matter for the following date and time:
Date: DECEMBER 17, 2019
Time: 10AM

BECOME A CHILD CARE PROVIDER!

Do you love children? Have extra time on your hands? Want to make some money? Have a clean background?

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.)

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to be care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF
(Monday – Friday 8:00am – 4:00pm)
Phone: (253) 876-3056 * 3915
Email: Monalisa.mendoza@muckleshoot.nsn.us

EXCLUDED FROM MUCKLESHOOT RESERVATION

The individuals pictured here have been legally excluded from the Muckleshoot Indian Reservation. If you see any of them on the reservation please call 911 and report the sighting to the Muckleshoot Police Department.

		
Byron John	Benedict Williams	Darnael Brown
		
Gerald Robert Elkins	Jorenda Proctor	Leslie Guy Wilson
		
Rajon Ray Hoff	Robert Wayne Weed	Rodney Darrell Hopper

Free Legal Services for Low Income Native Americans and Alaska Natives

Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The **Native American Unit** at **Northwest Justice Project** provides free civil (non-criminal) legal services to eligible Native American / Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student's attendance or performance in school.

Cina can work with you on (among other things):

- Education matters** including:
 - Expulsion, suspension, & truancy
 - Disciplinary discipline
 - Special education & learning disabilities
 - Parents' rights
 - Other situations impacting a student's ability to participate in school
- Foster & homeless student issues**
- Health matters** including denial of health care services or assistance in obtaining mental health services
- Housing problems** such as evictions, discrimination, or deposit issues
- Public benefits matters** including applying for, denial of, or reduction of public benefits

Emancipation (students seeking to be legally independent of their parents)

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



\$45,000 Housing Assistance Program – Increased to \$90,000 per Tribal Member

The Tribe's commitment to providing housing opportunities to its members is once again exemplified with recent policy changes to the \$45,000 Grant Program. Tribal Council recently approved that the \$45,000 Grant Program be increased to \$90,000 per Tribal member. These funds can be used for home ownership activities including down payment, mortgage reduction, home improvements, self-help and safe housing repairs. In addition, the Tribal Housing Ordinance has been updated to allow Muckleshoot enrolled couples to each utilize their \$90,000 grant towards eligible program services for a total Grant of \$180,000. *\$20,000 of each member's assistance shall be reserved exclusively for safe housing repairs.*

ELIGIBILITY:

Muckleshoot Tribal Enrollment: Applicant must be a Muckleshoot Tribal member at least eighteen (18) years of age and enrolled in the Muckleshoot Indian Tribe for a minimum of five (5) years or be enrolled in the Muckleshoot Indian Tribe and have resided within the Muckleshoot Reservation their entire life.

Proof of Ownership: Applicants must provide proof of ownership for the assisted property and utilize the home as their primary residence.


Proof of Insurance: Applicants must provide proof that the assisted property is covered by an insurance policy or sign a Homeowners Insurance Acknowledgment.

Release of Information: Applicants must sign a Release of Information to allow the Muckleshoot Housing Authority to obtain and verify information relative to eligibility for assistance.

Residency/Payback Agreement: Applicants, including any additional parties with ownership of the assisted property, must sign a Residency Payback Agreement agreeing to payback terms and refinance restrictions during a five (5) year payback period.

Please contact our office with any questions or for further assistance with applying for this program.

Muckleshoot Housing Authority | 38037 158th Ave SE | Auburn, WA 98092 | (253) 833-7616



WARRANT QUASH DAY:
DO YOU OR SOMEONE YOU KNOW HAVE A MUCKLESHOOT TRIBAL COURT WARRANT?

Who Should Attend: Community members who have been issued warrants for missed court dates, did not complete probationary terms, or just simply want to resolve a warrant.

Date: Tuesday, October 22, 2019
9:30 am – 12:00 pm


Location: Muckleshoot Tribal Court

This event is a voluntary opportunity for community members to quash their warrants without fear of being arrested.

Purpose of the Warrant Quash Day:

- To help community members resolve active warrants.
- To close out old cases that has been burdensome to community members.
- Allows for an opportunity for outreach with BHP.
- To provide a convenient way to resolve outstanding warrants.
- Opportunity to meet the tribe's defense attorney.
- Address any pending questions regarding probation.
- Opportunity to discuss employment resources with probation or other questions or concerns.

For more information or to be placed on the court docket ahead of time please email or call: Darren Taylor
darren.taylor@muckleshoot.nsn.us
Telephone: (253) 876-2983



Enumclaw
Chrysler, Dodge, Jeep & Ram



- Preferred pricing for Tribal Members
- Good Credit/Bad Credit
- 98% Approval rating
- Referral Fees from \$100-\$500!
- Special Pricing on New and Used Vehicles
- Aggressive Financing Rates and Programs
- New and Used Vehicles

For all Tribal Members Enumclaw Chrysler Jeep Dodge Ram Is YOUR Store!

Visit Us Today for YOUR Tribal Specials!
Contact Josh Curley at 360.802.0200
www.enumclawCJD.com
We have Special fleet pricing for tribal vehicles.



Muckleshoot family support center

39819 Auburn Enumclaw rd. Auburn WA. 98092

Meetings noon and 7pm daily, closed on Sunday

Lunch and dinner provided

We offer A.A, N.A. and G.A. and the medicine wheel, we also have women's meeting's and Men's meetings.

Children are welcome.

Birthday meeting on the last Friday of the month

Come down and share your recovery with us.

Everyone welcome



Meetings and dates vary and are subject to change. We also have an open group on FB with dates and times

TRIBAL MEMBER TIRE DISCOUNTS

- All 1 year warrantied alignments discounted from \$79.95 to \$60.00
- All 3 year warrantied alignments discounted from \$169.95 to \$120.00
- 15% off all wheels and 10% off all tires
- Early Bird Special - get an additional \$20.00 off when you come in Monday through Friday between 8:30 AM and noon.
- We also offer \$49 down & 100 days no interest with Snap financing. Just text 17392 to 48078, no credit needed. Must be 18 years or older. Must present Muckleshoot ID card at time of write up. We also promise to meet or beat everyone's prices on wheels and tires.



Ray DeTar / Best Tire Center / Store Manager
602 Auburn Way South
Auburn, Washington 98002
(253) 205-0889 / www.btctires.com

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:

- **Family Law** matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- **Health** matters including denial of health care services or assistance in obtaining mental health services to deal with victimization
- **Housing** problems such as evictions or needing to break a lease due to a crime in the home
- **Economic security** issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- **Other** legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519 ext. 0921

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal



Do you need assistance with your child care expenses?

Are you?

- > Employed
- > Enrolled in educational courses
- > In Job training
- > Or participating in job search activities

Is your child(ren)?

- > 12 years of age or younger
- > Enrolled in a federally recognized tribe or a descendent(parent must be enrolled)of a federally recognized tribe

Child care is based upon your family size and monthly income that is at or below 85% of King County's median income (100% for Muckleshoot Tribal Members). You may qualify, if your family's monthly income falls below the following income range;

Family Size:	85% Median Monthly Income	100% Median Monthly Income (MIT Members Only)
1	\$0-\$5,490	\$6,458
2	\$0-\$6,276	\$7,383
3	\$0-\$7,062	\$8,308
4	\$0-\$7,841	\$9,225
5	\$0-\$8,472	\$9,967
6	\$0-\$9,102	\$10,708
7	\$0-\$9,725	\$11,442
8	\$0-\$10,356	\$12,183

To apply or if you have any questions contact the Muckleshoot CCDF Program at 253 876-3056 or Vanessa Simmons at 253 876-3016

e-mail: Vanessa.Simmons@Muckleshoot.nsn.us

Located at the Muckleshoot Early Childhood Education Center, 15599 SE 376th ST. Auburn, WA 98092

-- LEGAL NOTICE --
THE TULALIP COURT, Tulalip Indian Reservation, Tulalip, WA TUL-CV-2019-0316
Summons by Publication to the Tulalip Court In Re Custody of Minor IJW
Petitioner Rebecca Hunter vs. Keevin Williams and Rachel Johnson: YOU ARE HEREBY NOTIFIED that a Motion to Petition for Custody of a minor has been filed April 23rd, 2019 in the above-named Tribal Court and each of you are hereby summoned to contact and defend Regarding the above-entitled action at the Tulalip Tribal Courthouse; at 6332 31st Avenue N.E. Suite B Tulalip WA 98271 NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGEMENT WILL BE RENDERED AGAINST YOU.
Date first published: September 12, 2019

JOIN US FOR OUR NEXT
MINOR'S TRUST Education Class
10 DEC 4:00PM
ADDRESS:
17500 SE 392nd St
Auburn, WA 98092
TOPIC:
Financial Education
FOR MORE INFO: 253-876-3014
Wahleah Wight
Wahleah.Wight@muckleshoot.nsn.us
TAUGHT BY
PROVIDENCE FIRST TRUST

Attention Muckleshoot Tribal Members and Community Members:

The Muckleshoot Gaming Commission has reviewed the list of patrons barred from the Casino and Bingo Hall and has lifted many of these barrings. To see if your barring has been lifted, please call **253-804-4444 Ext. 1428**

Brush Clearing Service

Muckleshoot Tribal Members that are **18 years of age or older** can receive brush clearing service from Building Maintenance with mechanical equipment or our eco-friendly alternative, goats.

Brush Clearing Service Forms are available at the Elders Center Front Desk and Building Maintenance. For inquiries, call (253)285-4063

EVENTS CALENDAR

- November 6 **Parent Weaving Class**, Muckleshoot Tribal School, 5:30PM-8PM
- November 10 **Community Dance**, Sla Hal Shed, 7AM-11PM
- November 11 **Veterans Dinner**, Muckleshoot Tribal School, 4PM
- November 13 **Employee Benefits Fair**, HWC Cedar & Mountain Conference Rooms, 10AM- 2PM
- November 13 **Home Show / Housing Fair**, Muckleshoot Pentecostal Church, 11AM- 4PM
- November 14 **Community Baby Shower**, 15599 SE 376th SE, Auburn, 5PM-7:30PM
- November 16 **Thanksgiving Dinner**, Muckleshoot Tribal School, 3PM
- November 25-26 **Elder's Holiday Bazaar**, Muckleshoot Elder's Complex, 8AM-5PM
- November 25 **Kids Christmas Card Hand Out**, Elders, 8AM-4PM
- November 28 **Thanksgiving Kids Bingo** Muckleshoot Bingo, Starts at 10AM.
- December 6 **Holiday Bazaar**, Muckleshoot Tribal College, 11AM-3PM
- December 7 **MMIWG & B's Information/Planning Session**, MIT Cougar Room, 11AM-3PM
- December 10 **Minor's Trust Education Class**, 17500 SE 392nd St., Auburn, 14PM
- December 14 **Community Christmas Party**, Location TBD, 12PM-4PM

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us



Attention: Muckleshoot Tribal Members

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) topick up an application.

BAD CREDIT? CAN'T GET APPROVED?

Our Goal Is... **100% CREDIT APPROVAL**

Muckleshoot Tribal Members Don't Pay Tax! Show Your Tribal Card for More Savings! We Have Over 100 Vehicles To Choose From!
www.deltoroautosales.com

DEL TORO AUTO SALES

One Free OIL CHANGE! WITH PURCHASE!

Bring this coupon for **\$150 doc fee waived**

FAMILY

Tribal Court starts new Victim Services Program

The Muckleshoot Tribal Court is starting a new program for Victim Services which will partner with other Muckleshoot programs, to bring needed services to the Muckleshoot community. Domestic Violence counseling and the Healthy Relationships Group will continue through the Behavioral Health Program.

Christine Mandry has been hired as the Victim Services Specialist. For the last 3 1/2 years, Christine served as a Domestic Violence Advocate/Mental Health Therapist with the Muckleshoot Behavioral Health Program. In addition, she has worked in Victim Services with the District Attorney's Office and the Family Sunshine Center a Domestic Violence & Sexual Assault program in the State of Alabama.

This new program will be able to assist community member's with navigation of the legal system to include filling out Protection Order paperwork and accompanying client's to Tribal Court or other courts outside of Tribal Court's jurisdiction such as King and Pierce counties. Community members can also receive accompaniment to forensic appointments in the surrounding area.

The program will consist of a Victim Services Specialist and an Intensive Case Advocate. This program will see increased work with the younger community members to prevent domestic violence before it happens.

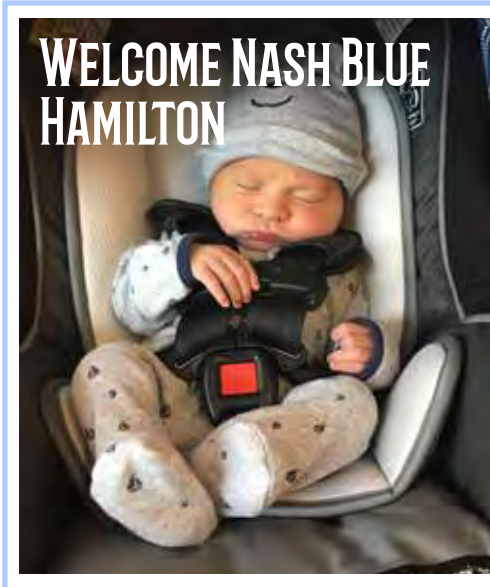
A Needs Assessment will be completed and community members will receive assistance, resources and referrals to: medical, mental health counseling, housing relocation, emergency shelter, furniture and other needs. Transportation assistance will also be available.



Christine Mandry



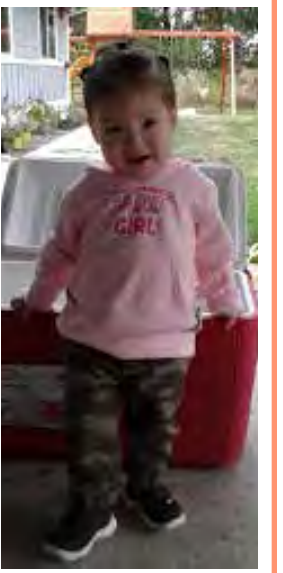
Happy Birthday, JENNIE MARTIN! October 24, 2019



WELCOME NASH BLUE HAMILTON
Born August 9, 2019, 6:04 am
8.01 pounds,
21 inches long!!
Congratulations to our Daughter Virginia Marquez & Justin Hamilton!! They have been blessed with a beautiful baby boy!
Love you,
Mom and Dad



Happy 2nd Birthday Alyssa Baker Mom & Dad love you so much and wishing you many more to come, sweet girl



Police need public's help to find missing Auburn woman

A 21-year-old Auburn woman remains missing, and police need help to locate her.

Kaylee Mae Nelson-Jerry has not been heard from for some time, Auburn Police said. She is Native American, around 5-foot-7, with a slim build, black eyes and black hair.

If anyone has information as to her location, please contact the Auburn Police tip line at 253-288-7403 or call 911 (reference APD case number 19-11631).

Kaylee Mae Nelson-Jerry



Ken Lewis and Kimberly Porter at the Abba Multi-Care Fundraising Foundation Concert at the Tacoma Convention Center, September 21, 2019.

We want to wish Marilyn Borrego & Henry Martin a very happy birthday wish 10/27!! Love you-Martins.

First wedding performed in the Muckleshoot Tribal Court!

I love you so much Mr. Stewart!!!

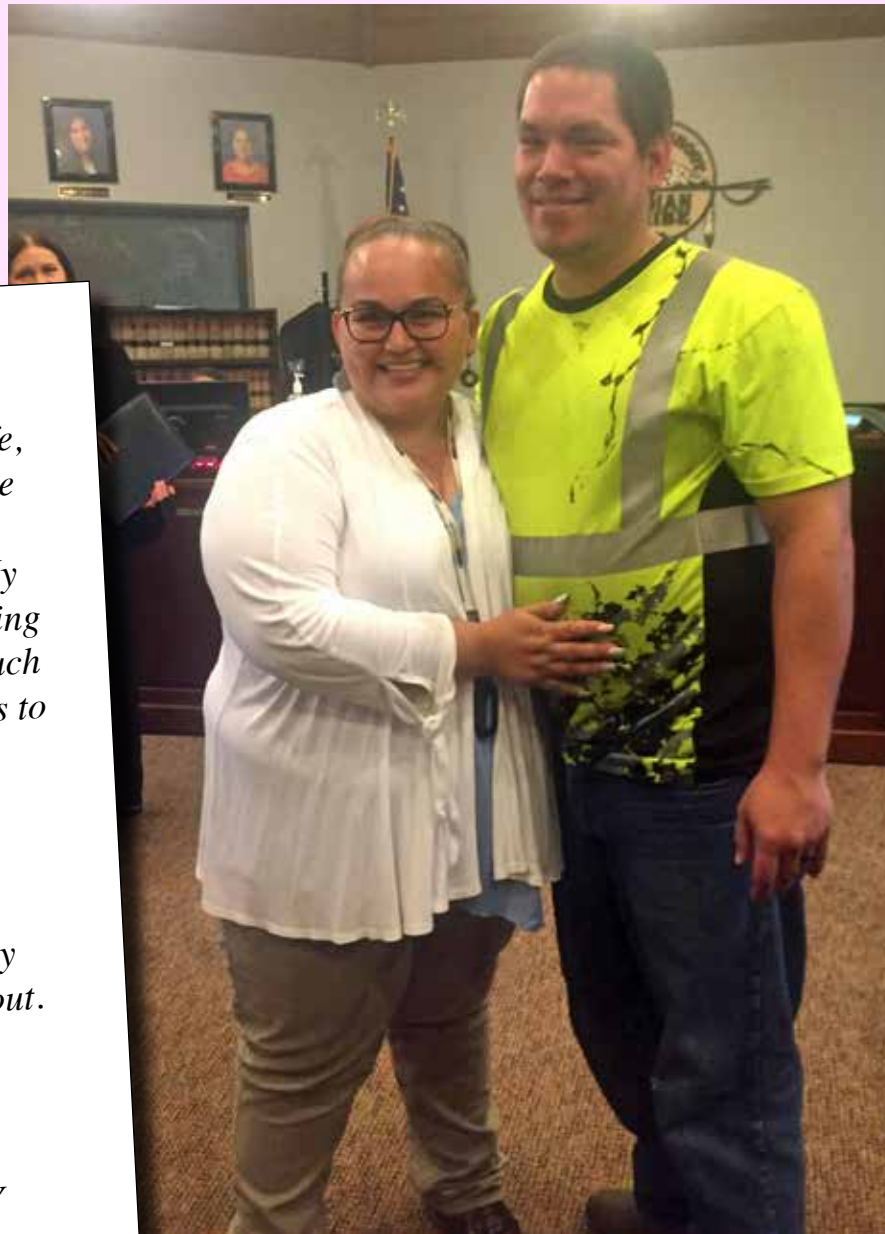
The day finally came that I get to officially be your wife, that may seem like an insignificant thing or just a piece of paper to some but to me it means the world & then some. I KNOW what makes me truly happy in life – My Family. Together I am confident that we can do anything in life we set our minds to. We've been through so much good and bad together already, we owe it to ourselves to create the best future possible.

"Love isn't perfect. It isn't a fairytale or a storybook. And it doesn't always come easy. Love is overcoming obstacles, facing challenges, fighting to be together, holding on & never letting go. It is a short word, easy to spell, difficult to define, & impossible to live without. Love is, realizing that every hour, every minute, & every second is worth it because we did it together."

-Unknown

I LOVE YOU SO MUCH!!! Here's to MANY, MANY more years to come...

☺ Love, Misty Stewart



Help us congratulate these two on their big day! The couple is Misty Jones and Ben Stewart. They were married in the tribal court on September 10, 2019. The tribal court now performs marriages. If interested contact them at (253) 876-3203.

