



Muckleshoot MESSENGER



Section 2

November 7, 2022



Nicole Aunapu Mann Becomes 1st Indigenous Woman in Space

Nicole “Duke” Victoria Aunapu Mann, an enrolled member of the Round Valley Tribe of Northern California, after building an amazing career for herself as a test and combat pilot, has now become the first Native American woman in space.



Nicole Mann

Her prior accomplishments were many: She is a graduate of the US Naval Academy, Stanford University and the US Naval Test Pilot School. As a pilot, she’s logged over 2,500 flight hours in 25 types of aircraft, including the F/A-18 Hornet jet fighter, which was the plane flown by the Blue Angels until 2010. She’s made 200 aircraft carrier landings, and flown 47 combat missions in Iraq and Afghanistan.

Mann completed astronaut training in 2015 and, when her first spacecraft launched in October, she became not only the first Native American woman in space, but the first woman to command a space flight.

She and her crew are now inside the International Space Station, weightless, and are orbiting the earth every 93 minutes. On a dark



Nicole Aunapu Mann, center, the 1st Native American Woman in Space.

clear night, they can be seen gliding silently across the sky.

She was recently interviewed from the space station, answering questions from Native media outlets and tribal schools. She spoke of viewing Earth from space, her career path, and drawing strength from the blessings of her family. She brought out a dream catcher she carries with her and explained its significance as the students watched it gently floating around her in zero gravity.

“I brought this dreamcatcher from my mother that helped me through tough times as a child,” she said. “When things are difficult or getting hard, I draw on that strength to continue toward a successful mission.”

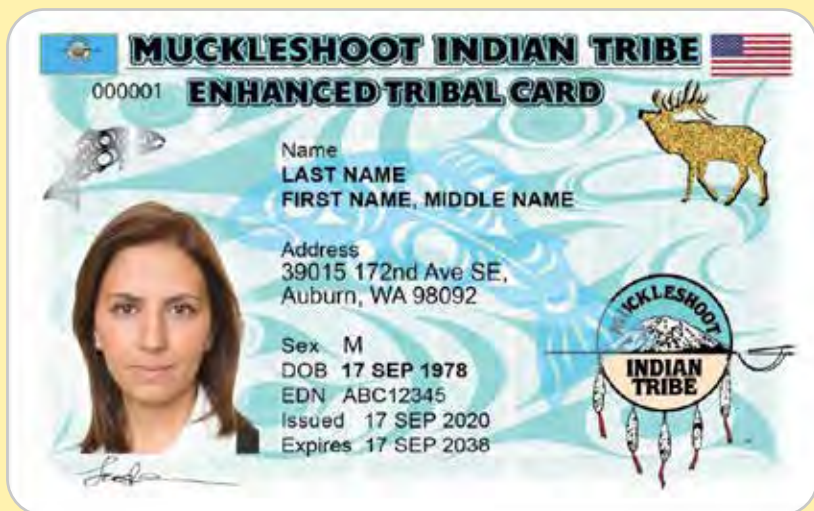
“Please know that I carry all of your hopes and dreams with me,” she told the Native students back on earth. “I hope you will be able to achieve your dreams, and I pass along the energy for you to be able to persevere in your childhood to

do everything you aspire to do in life.”

The name of her spacecraft was, appropriately, “Endurance.”



Enhanced Tribal Cards (ETC) for international travel are now available



On February 1, 2021, Muckleshoot Indian Tribe entered into a memorandum of agreement between the Tribe and the Department of Homeland Security and U.S. Customs and Border Protection which initiated a process that has led to the successful development and acceptance of a new Muckleshoot Indian Tribe Enhanced Tribal Card (ETC) for border crossing purposes meeting the federal mandate of the Western Hemisphere Travel Initiative.

The Muckleshoot Tribe is proud to announce that its Enrollment Department is now offering this new federally accepted ETC to qualifying Tribal Members. Our tribal leadership remains committed to working with the United States to ensure that all Tribal rights are protected and negative impacts to our families and culture are avoided as we carry on our travels by crossing international borders between the U.S. and Canada or Mexico.

“Mike Jerry and Donny Stevenson spearheaded this effort at the federal level and Cortney Rodarte did all the legwork to make it happen at the Enrollment Office,” Chairman Jaison Elkins said, adding that “All three deserve the gratitude of Tribal Members for their hard work on this important issue.”

Requirements for and Enhanced Tribal Card (ETC) are as follows:

- Must be a U.S citizen by birth or naturalization
- Who by way of source documents can establish his/her identity and principal address, and
- Who can take part in an ETC application and an in-person interview.

What an ETC Provides & Does Not Provide:

- An ETC is Valid for eight years for international travel by land and sea between the United States, Canada, Mexico, the Caribbean and Bermuda.
- It is not valid for travel by air to or from any foreign destination.

The cards have numerous high-tech features that make them virtually impossible to duplicate and the process of obtaining one requires various proofs, plus an in-person appointment.

Contact the Muckleshoot Enrollment Office for further information. Any Tribal Members planning travel to Canada or Mexico are urged to begin the process of getting their ETC card.

John Halliday: “Coyote Rising from the Ashes”

Many of our readers will remember John Halliday from his years as the Muckleshoot’s Tribal Operations Manager, which is the same job as CEO is today. John, part of the Siddle/Courville clan, was something of a golden boy of the tribe, holding an impressive succession of important posts during his career.

In the interview below, he mentions his chief executive jobs at Muckleshoot and Snoqualmie and his two highest BIA positions, but there have been others as well: fish cop on the Columbia, Native American coordinator for the 2000 US Census, Tribal Liaison for the City of Seattle, and BIA Agency Superintendent for Warm Springs.

He had already climbed as high on the BIA ladder as possible out in the field. The next step up was to the Senior Executive Corps and duty in Washington, DC. With a new administration coming in, one that would listen to tribes, the sky was the limit... he even dared to dream that, with the support of the Muckleshoot Tribal Council, he might become Assistant Secretary of the Interior for Indian Affairs.

And then he lost his eyesight. It had just been a routine outpatient procedure – a tonsillectomy. He got home, took the medication they prescribed, and fell down dead. His heart had stopped beating. His wife performed CPR on him for 10 minutes until the emergency responders arrived. Narcan was administered and his heart started pumping again, but he died again briefly in the ambulance and again in the Emergency Room. Altogether, he figures he was dead for 10 to 13 minutes.

It was the first step on a long road, a very different path from the one he had expected to be on. He recovered physically and mentally – became his same old self – but his eyesight was gone. Only vague shapes and colors remained. With his wife, Tobi, he has now come home to where his people are, the Muckleshoot Reservation. They live behind the casino.

John picks up the story:

“What I remember about being dead, before I came back to this world, is seeing these troughs of color flowing red, black, white, yellow and, of course, those oddly enough are the colors of the races and the colors on the medicine wheel. But I remember seeing light at the end of the white one and thinking, “That’s life... I should go towards that.”

“A lot of people say if you go towards the light, that means you’re gonna die, but I saw going towards the light as life and, when I saw that for the second or third time, I went towards it and then I opened my eyes in the hospital and awakened from the coma.

“I tell you, brother, there’s nothing sweeter than tasting life. The colors are brighter, the love is stronger, and tell you what, it really made me want to be a better father, a better husband... you know – all of the above – really taking account for the ones that are close to you and realizing that life is short.”

Under his art name, Coyote, John has returned to something he’s been around almost all his life, painting and the professional art world. He’s had several shows already, including one at Seattle Center. He and his wife also have a booth down at the antique mall by Walgreen’s, where they sell Southwestern jewelry made by friends they made while living down there.

The following interview was done in conjunction with a gallery show John/Coyote had at Lakewold Gardens in Lakewood over the summer.

* * * * *

Susan: Hello, welcome to stories from Lakewold Gardens. My name



JOHN LOFTUS PHOTO

Muckleshoot artist Coyote, who we also know as John Halliday.

is Susan Warner and I am the Executive Director here at the Gardens. These podcasts are a series of interviews with visual artists who exhibit at the Gardens. I hope you enjoy our program and thank you so much for listening. Today, I’m here with Coyote, whose exhibition, Coyote Rising from the Ashes, opens at the Gardens on June 24th. Coyote, it’s so nice to be here with you.

Coyote: Thank you.

Susan: I have some questions. I’m going to start, Coyote, with your long and distinguished administrative career, but art has always intersected your life. Can you explain how this happened?

Coyote: Sure. I retired as Deputy Regional Director for the Bureau of Indian Affairs for the Navajo Region, where I supervised the largest Indian reservation in the country, the Navajo Reservation, which is 17½ million acres of land. And before that, I was the liaison for the Assistant Secretary for Water and Science, working mostly on water rights in the Southwest.

And before that, I was the Operations Manager for the Muckleshoot Tribe, the CEO, right below the Tribal Council. And before that, I was the CEO for the Snoqualmie. And I also worked in Economic Development

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Coyote Rising

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for the Muckleshoot Tribe.

I have had art as a part of my life my whole life. I have been a singer and a dancer ever since I was born. I remember sleeping under my mother's chair at pow-wows and at ceremonies and learned to sing Native songs from the time I was born.

My father was British Canadian and my mother was Native American – Muckleshoot, Yakima and Warm Springs. She made Indian outfits and my father was a sculptor and made button blankets and did leatherwork. And so, I know how to make everything in an Indian outfit from head to toe.

And then, in the '70s, my father became the curator for the Sacred Circle Gallery of American Indian art in downtown Seattle, so I grew up meeting the artists and seeing all the artwork from the '70s, '80s and '90s. I think it was about then that I started drawing. I went to classes with Bill Holm at the University of Washington and was doing my own art.

And then, finally, in about my 30's, I did some pieces and I had a piece in Native Peoples magazine. I also had a show in Bellingham, working with the artists' cooperative at the Tribal College in Bellingham.

And then I quit. I got really busy in my career and didn't do anything for years and years. Over probably the last 15, 20 years, I did two or three pieces – just for family members for a Christmas gift or something like that.

And then I actually died in 2020. I had an allergic reaction to opiates that were prescribed

to me from a surgery, a tonsillectomy, and I died and I came back to life.

And when I came back to life, I was legally blind and I could no longer work. I couldn't use technology. I couldn't read or write. I can see your blurry outline, but I can't see your face. I can't see your eyes or your lips move.

And I couldn't read or write anymore. I had to quit my job. And I wondered if I could still paint. About six months after I came back, my wife challenged me. She bought me some paints and took me to her mother's house and said, "I'm going to leave you alone for a couple weeks. Paint."

And I painted her a bear. [beginning to weep] I'm sorry, I'm getting kind of emotional..."

Susan: That's okay

Coyote: (Painting) represented to me that I could still do something, that it was my will to survive. I can't read or write anymore, but I can still paint. And so, it's not as detailed as I used to be able to do, but my mind fills in where things are supposed to be, like if I paint an eye, I can't see the pupil of the eye, but I know where it's supposed to go or I have hair on an animal, I can't see it, but I use the brush and I know it goes there or where the nostrils go or where the eyes go.

And so, I can do the outline, but the detail, I put it in, but I can't see it. And I don't know. I have to ask people "Is it where it's supposed to go?" And so, I started out reviving my art, and it represents to me my will to live.

Susan: It's Coyote rising from the ashes.

Coyote: Well, Coyote's a survivor and that's my spirit helper, my Tomanowos, which in our language means your spirit helper. And Coyote's a survivor and that's why I sign my work Coyote, because I'm a survivor. I came back to life.

Susan: It's a remarkable story, and we were so lucky to meet each other. We were at a training for a special tour at the Museum of Glass where we were learning how to accommodate low vision visitors and give them a wonderful experience at the museum, and you were there and you were being very, very helpful in helping us to understand this.

And you had said that you were an artist in the introductions. So, I came over and I said, "Can I see your work?" And you showed me your work on your phone and I was just blown away, because it is so vibrant and wonderful and the spirit animals just glow on the surface of the paintings. And I said "I have to see more of this work." So then I came over and you showed me more and that's how this exhibition is coming to fruition.

I was struck when I looked at your paintings by the subject matter and also the application of the work and it's totally a very unique combination. And I would love for you to tell us a little bit about the subject matter and how it relates to your indigenous heritage.

Coyote: Well, first of all, in our tribal traditions, we believe that everything is alive and that we are all related where there is no separation between church and state. There's only the truth of that we're all alive; we're all related; we're related to every living thing on the planet and even

it as a spirit helper for them and see that it represents the will to survive, that we're all related.

Susan: I would agree that the spirit of the animals really glows in your paintings. They just vibrate on the surface and it's just a magnificent thing. And I have to ask you, Coyote, having met you – I've only known you for a little while now – but I am deeply respectful of the power that you have been able to summon inside with your spirit animal, Coyote, to overcome this thing and make it something that is good and can contribute to our visitors and give them inspiration as everybody faces their own challenges.

Coyote: Well, one of the biggest things and one of the biggest reasons I wanted to do this is that I went through a lot of therapy. I am no longer a hunter. I'm no longer a fisherman. And in our tradition, that's how your worth is, contributing to the family, and – to put it bluntly – putting meat on the table. I can't hunt anymore. I can't fish anymore. And my therapist said "Well, maybe you can be a healer. Maybe you can show your children how, in the face of adversity, that you can still survive and thrive."

And so I am doing this to show my children that you can get up and dust yourself off, that you can still be out there and you can't let things in life beat you down. You can come back, and that that kind of strength is in all of us. And I wanted them to see it [choking up].

Susan: And Coyote, honestly, all our visitors having seen your paintings and what the message is, you will touch so many people with your resilience and bravery and authentic goodness. So, you are a wonderful example for all of us, particularly in the trying times that we have been through. Lakewold Gardens is a sanctuary and we show art that heals. So, you are indeed a healer. We are so proud and honored to be hosting your exhibition soon.

Coyote: Fantastic.

Susan: I'm going to ask you a practical question.

Coyote: Okay.

Susan: I'm going to ask you about the surface treatment of your paintings, because that is part of the energy that they imbibe and show forth, but it's a very unique process. Tell me how you came upon the idea of mixing all these wonderful materials together.

Coyote: So, the first painting I did, the first couple paintings I did, I did a bear for my wife and I did a horse for my daughter, and I did them freehand the way I used to do them. And I was doing a unique treatment around the edge framing the figure in the center. I remembered my father taking me to an exhibition that Joe Feddersen was having at the Tacoma Art Museum about 30 years ago, where he used tire tracks and naming them Tomahawk or Avalanche, whatever the name of the tire was.



And I thought to myself, "I'm drawing now on all of my knowledge of the use of paint and art and how drying times and use of different mediums, sand, glass beads, crackle medium, glitching, all of the study of how paint dries and what it does and I'm going to

have to draw on everything now because I'm blind and how can I create something that's beautiful?"

And I thought that Joe used these tire tracks and I thought well, if I roll the tire track, I could get a cool design around the edge. And then I thought well, if I mix different paints on there, then the paint would mix as it rolls. And then I thought if I took a form made out of wood or metal and I painted it first and then I pressed that form onto the canvas, the paint would naturally blend and move the way it needs to.

And I remember my father showing me a Soumaya painter when he visited Tacoma Art Museum about 30 years ago as well, and he told me that the best art is done by children because it's uninhibited, and that the Soumaya painter paints so freely and it feels uninhibited.

It's like a lie detector test. You can feel the vibration of the brush as it moves across the canvas and you can feel whether it's free, whether it's uninhibited, and I wanted that feeling in my paintings of uninhibited being able to be free and the paint to be free and move naturally how it wants to move.

And so I painted the forms and then I pressed them onto the canvas and let the paint do what it wants to do. And then it suction to the canvas, and when I pull the form off of the canvas, I get this matrix that I can't get any other way.

And I realized that I had created a new way to do canvas art. I have never seen this before. I came up with it in my mind and wanted to try it and experimented and what came out was just absolutely phenomenally beautiful. The matrix that I could get, the air pockets in between the pockets of paint and when I pull it, the paint mixes and then it has a beautiful, a natural flow to it and the air is doing it. The pressure is doing it. And when it comes out, it's like "Oh, my god, I can't believe how beautiful that is."

And I was just so pleased when the first time I did it, I literally jumped in the air and threw my arm up in the air and said, "Oh, my god, this is fantastic. This is beautiful."

And that was the medicine horse. I did the pink medicine horse. And that was the first one. And then I did the blue salmon and it went on from there. There's about 15 layers – 15 to 20 layers – on each one of my canvases. I use molding paste, sand, glass beads, acrylic. I freehand the backgrounds and then I use forms to press the different animals onto the canvas over the landscapes and get the cool matrix that I get.

And I was like "I've got something. I've got something I have never seen before." In all my years of being the son of a gallery manager, I had never seen anything like this and I was like "I've got something here."

And I just kept doing it. And it takes me about three weeks to do a painting. There's 15 to 20 layers on them, but what comes out, I think, really, is an impressive mixture of the Soumaya freestyle of brush stroke, the free flow of the paint, the use of the mediums and the colors that mix how they want to mix, how the air wants to interact with the paint. And it just turns out, I think, in something that is really unique.

Susan: I would agree with you. I haven't seen anything like this and it would be very interesting for our listeners to know that you encourage



At his Seattle Center gallery show



Little John plays on the steps of the US Courthouse in Seattle while his mom, Jeannie, does beadwork as she waits for her friend, Ramona Bennett, who was on trial there.

the gentle touching of the surface of the paintings, because they have this real tactile quality to them and that's something that I never hear. You can touch the surface of the paintings. So, we are going to be really interested to encourage visitors to do that.

Coyote: Oh, yeah. The surface and the matrix, I wanted to use the depth of the paint, especially being a blind person, the depth and how it feels is so big to someone who can't see. And so I rely on hearing. I rely on feel. And to be able to feel something just adds, I think, like the power of the mountain, the power of the animal that you just can't get any other way.

Susan: Absolutely. And a little earlier, you mentioned the importance of the spirit animals and that everything on this earth is living and we at Lakewold Gardens are very concerned and proactive in educating about climate change. And I wondered if you had a piece of advice for our listeners about what we can do to help protect our beautiful earth.

Coyote: Well, I think the first thing is to reduce our carbon footprints, is to recycle. I think at home, that's something everyone can do is to recycle. I think I used to be an administrator and I saw firsthand how there was resistance of the old guard to having people telecommuting. And then, with the pandemic, it was forced on administrators across the country. But, in those first days without all the cars traveling, they could see the beautiful planet from outer space for the first time in a long time.

And so we know it's possible. We know we can do this. So, I think the key that we can all do is encourage people to not commute if they don't have to. Work from home. We've proved that we can do it. And we don't need all these cars traveling up and down the road all the time going back and forth to work places when you can do the work at home. We've proved that you can do it.

And these weren't new ideas. I actually wrote a paper when I was getting my Master's Degree in Administration from the University of Montana, about commuting and how smog created in Missoula was one of the highest in the country because it's a low valley of three valleys and all the smoke comes to Missoula.

You wouldn't think in Montana, they would have a smoggy place, but Missoula is. And I wrote a paper about how telecommuting could help to prevent this. And now, many, many years later after I've graduated, thirty years later, we've actually seen evidence of it. And I think the pandemic proved it that we can do it.

Susan: Yes, I don't think the workplace is going to be the same after this. And so, hopefully, we can adopt this experience that we've had. Just moving on a little bit, you've invited another artist to share some of your exhibition space. Can you tell us about that artist and how you came to know him?

Coyote: Sure. So, when I was in New Mexico, I was the Deputy Regional Director for the Bureau of Indian Affairs for the Navajo region and I was stationed in Gallup. And one of the things that we did is we'd go to visit all the pueblos around there, and one of my favorites was the Acoma Pueblo. Acoma has the most fantastic, masterful, beautiful pottery art that you've ever seen in your life and I fell in love with this. They held off the Spanish up on their mesa for ten years, just a fantastic culture, beautiful artwork.

I would go to their feast day every time they had it. I went back year after year. And if you ever go there, you can knock on any door and they will open the door and they will feed you. You're welcome to come in, and they will invite you in and they will feed you. It's an amazing culture.

Well, anyway, weirdly enough, after I became blind, I needed a caregiver. My wife works, and I need to be able to go to doctors' appointments. And so I have a caregiver, and my caregiver is from Acoma Pueblo and he does the most fantastic pottery art that you've seen on the planet. And I was like "I can't believe it. It's divine intervention. Oh, my god, the most fantastic, beautiful art that I love from the Southwest and there's a master potter who is in my home every day."

And so, when we said we were going to do the show, I wanted to let you know about him and he's going to show at the same time and with us. And they do this thing called the eye gazer design that, to me, the different things that they do and the styles that they do is so masterful. It's like watching an artistic engineer. It's so masterful in how they put these designs together. It's just absolutely phenomenal.



He does it free-hand, and can just do this with a steady hand. They call it the steady hand technique. And they use a yucca brush, a brush made from the yucca plant, and they chew on the end of it and that's what they use for their brush and they

call it the steady hand technique. It's just amazing.

Susan: And a final question, Coyote, what would you like visitors to take away from their experience with your exhibition?

Coyote: Every day is precious. Life is precious. My art, to me, represents my will to survive, our will to survive. My favorite thing I remember seeing once was a dandelion growing up out of the crack of a sidewalk. To me, that's beautiful. That's life.

And, to me, that's what my artwork represents – our will to survive and that, in life, every day is precious. Keep your loved ones close. Hug your children. Try and be a better mother, better father, because it's short. You never know what's going to happen and you could not be here. So, make it count.

Susan: Thank you, Coyote, and I'm looking forward to welcoming our visitors to see your phenomenal artwork and all the things that you've overcome and done and the resilience of the human spirit, so thank you.

Coyote: I would just like to also say thank you to my beautiful wife for her support and love. She's meant a lot to me.

Susan: Well, you're indeed blessed. So, thank you, thank you, Coyote. And we're looking forward to welcoming many visitors to your exhibition.

Coyote: Thank you.

<https://soundcloud.com/user-916866512>



John with Auntie Jackie Swanson at the 2009 grand opening of the new Muckleshoot Tribal School.

HALLOWEEN TRICK OR TREAT

PHOTOS BY JOHN LOFTUS



Victim Services presents Culture & Talk events

As the Muckleshoot Victim Services Program grows it allows for more prevention activities such as healthy relationships talks. Sherina and Maureen have come up with the idea of Culture & Talk where we sit down and they teach a cultural activity and we talk in some way about healthy relationships.

Over the past 2 months we have done drum making. The first months was with mothers and daughters and the second month was fathers and sons. There were healthy discussions and sharing of memories among the participants as they created their drums.

In January we will hold a session for fathers and children to make Cedar Hearts and Roses for Valentine's Day for someone significant in their life. The

second session will be for teens to come in and make them.

In October, Maureen Moran, Intensive Case Advocate for the Victim Service Program hosted an MMIP event. The speakers were Rachel Heaton, Danielle Bargala and Rosalie Fish who each shared their experiences and their families and friend's experiences.

They talked about accountability and justice, but also about healing and changing the future. After the speakers finished there was a walk around the Powwow grounds where participants received a leather keychain which they added beads to at each stop and created their own keychain as their memento from the event.



Sara Sam and her girls



The Muckleshoot Victim Services Program invites you to

CULTURE & TALK

FATHERS AND CHILDREN January 23rd

Teens January 30th

SMALL ACTS GO A LONG WAY

Sign up by calling 253-294-8181

3PM TO 5PM MAKE CEDAR HEARTS AND ROSES FOR SOMEONE SPECIAL

Muckleshoot Victim Services Program



If you or someone close to you needs Help call

Christine Mandry
(253)876-2910
Cell. (253)569-7837

Tara Howe
(253)876 2980
Cell. (253)409-4806
39015 172nd Ave SE
Auburn, WA 98092

Muckleshoot Tribal Court Annex

Crisis Connections 1-866-427-474

National Domestic Violence 24 hour Hotline 1-800-799-7233

Domestic Violence Resources

Pierce County

YWCA:
(253)383-2593
(24 Hour)
Family Renewal Shelter
(253)475-9010 (24 Hour)
Puyallup Tribe DV Advocacy Program
(253)680-5499 (24 Hour)
Helping Hands (Puyallup)
(253)848-6096
Pierce County Coordinated Entry
211 (24 hour)

King County

YWCA: (206)461-4882 (24 Hour)
New Beginnings:
(206)522-9472 (24 Hour)
Life Wire:(425)746-1940 (24 Hour)
DAWN
(425)656-7867 (24 Hour)

Thurston County

Safe Place:(360)754-6300 (24 Hour)

Helpline for victims of crime

253-294-8181

(Hours available by phone)

Weekdays
8am to 8pm

Weekends, Holidays and Admin Days
12pm to 5pm

- Burglary
- Sexual Harassment
- Rape
- Dating Violence
- Bullying
- All Crimes

Office hours remain the same as the Tribal Court

Health and Wellness names new Pharmacy Director

Crystal Huang, graduated from pharmacy school at the University of British Columbia. She has more than 20 years of work experience in the healthcare profession, and has been serving the Muckleshoot tribe as a pharmacist since 2016. Crystal is a well-seasoned team player who keeps patient wellness as her top priority, and goes above and beyond to ensure high quality patient care. Her mission is to build a pharmacy team that collaborates well with all the other tribal departments, and thrives on the best patient care Muckleshoot tribal members deserve.



Crystal Huang



ATTENTION MUCKLESHOOT TRIBAL MEMBERS WHO ARE 6 MONTHS AND OLDER

The COVID-19 will be offered for Muckleshoot Tribal Members six (6) months and older at the HWC Medical Clinic.

YOU MUST MAKE AN APPOINTMENT TO GET A VACCINE

Please call HWC Medical Clinic to make an appointment at (253) 939-6648

SWITCHBOARD HOURS:
MONDAY - FRIDAY 8AM TO 5PM
CLOSED FOR LUNCH | 12PM TO 1PM

Attention Muckleshoot Elders

If you are over the age 50 years old and/or immunocompromised

You are eligible for a second COVID-19 booster 4 months after your initial booster.



Call Muckleshoot Health Clinic to schedule your appointment at (253) 939-6648



Muckleshoot Behavioral Health Presents Free Community-based Narcan Training

YOU NARCAN SAVE LIVES

FREE community-based Narcan training and access

Presentation can be in person or via Zoom
Limited capacity of 5 to conform with social distancing requires pre-registration

Any Questions or to Sign Up
Contact Julia Joyce at Behavioral Health (253)804-8752 x3207
julia.joyce@muckleshoot-health.com



TRIBAL DISABILITY PROGRAM

Starting April 4th any enrolled Muckleshoot tribal member who is currently receiving SSDI or SSI as a disabled or blind person can apply for the Tribal Disability Benefit. Members need to provide the following information:

- Verification of tribal membership
- Current verification letter (dated within the last 30 days) from Social Security

Starting April 11th any enrolled Muckleshoot tribal member who has applied for SSDI or SSI but was denied and is within their timeframe for appeal can have their case reviewed by the Tribal Disability Program attorney. Members who have applied for benefits but have not received a determination can also have their applications reviewed. Members need to provide the following information:

- Verification of tribal membership
- Any correspondence to or from Social Security, including your application for SSDI or SSI

Starting April 18th any enrolled Muckleshoot tribal member who would like assistance applying for SSDI or SSI can receive assistance. Members need to provide the following information:

- Verification of tribal membership
- Information on medical conditions, providers seen, medications, employment history, education history, and information on military service. Additional information may be necessary to complete your application.

Contact Sara Moore, Disability Benefit Navigator at 253-939-6648 x 3438 to schedule your appointment

Muckleshoot Behavioral Health Program & Family and Youth Services

Poetry with Ponies

Find your voice, share your story and let the horse's help you heal!

When: Every Wednesday at 4-5pm
Where: Muckleshoot Barn (behind Butterfly House)
38407 180th Ave SE Auburn, WA 98092

For more info contact:
Kelly at Equine Services at (253)281-3964
Or
Muckleshoot Behavioral Health Program (253) 804-8752
Family and Youth Services (253) 333-3605

BEHAVIORAL HEALTH

MUCKLESHOOT BEHAVIORAL HEALTH

PROBLEM GAMBLING RESOURCES

Muckleshoot Resources
Behavioral Health Gambling Outreach
Julia Joyce, MA, MS, SUDP, LMHCA, WSCGC-I is available Monday through Friday 8am-5pm
Call and setup an informational session (253)804-8752 x3207

Problem Gambling Recovery Support
Friday 6-7am <https://zoom.us/j/6371473814?pwd=UjZFOU9hNjE3eU5ScUhsSWxtdz09>

Day/Time	Call In Number	Meeting Code	Email
Sunday 6PM (PST)/9PM (EST)	712-770-5338	836083 #	Sunday9PMHelp@gmail.com
Monday 6PM (PST)/9PM (EST)	712-770-4925	554671 #	Monday9PMHelp@gmail.com
Tuesday 6PM (PST)/9PM (EST)	712-770-4943	253824 #	Tuesday9PMHelp@gmail.com
Wednesday 6PM (PST)/9PM (EST)	712-770-4160	611704 #	Wednesday9PMHelp@gmail.com
Thursday 6PM (PST)/9PM (EST)	712-770-4981	872853 #	Thursday9PMHelp@gmail.com
Friday 6PM (PST)/9PM (EST)	712-770-4996	595094 #	Friday9PMHelp@gmail.com
Saturday 6PM (PST)/9PM (EST)	712-770-5335	491301 #	Saturday9PMHelp@gmail.com

State/National Resources
Washington State Gambling Helpline 1-800-547-6133
Gamblers Anonymous www.gamblersanonymous.org/ga/
Gamanon www.gam-anon.org

MUCKLESHOOT BEHAVIORAL HEALTH PROGRAM

NOW YOU CAN ACCESS MUCKLESHOOT BEHAVIORAL HEALTH STAFF 24/7 WITH ANY CONCERNS. WHEN YOU CALL THIS NUMBER AFTER NORMAL BUSINESS HOURS, YOU WILL BE CONNECTED TO A CLINICAL STAFF MEMBER AND ASSISTED WITH YOUR CONCERNS. JUST CALL (253) 290-2824

NATIONAL SUICIDE PREVENTION LIFELINE: (800)273-8255 AVAILABLE 24 HOURS.
CRISIS TEXT LINE: TEXT "HELLO" TO 741741 FOR FREE, 24/7 IN THE UNITED STATES.
CRISIS CONNECTION HOTLINE (866) 427-4747 24 HOUR CRISIS RESPONSE.

NURSING

RTC RENTON TECHNICAL COLLEGE

INFORMATION SESSIONS!
Attend In-Person at the Muckleshoot Tribal College Room #202
Session #1: Tuesday 4/19/22 @ 12pm
Session #2: Tuesday 4/26/22 @ 12pm

START A CAREER IN HEALTHCARE

PROGRAM OUTCOMES: STUDENTS WILL EARN A CERTIFICATE OF COMPLETION AND BE ELIGIBLE FOR EMPLOYMENT AT HOSPITALS, LONG-TERM CARE FACILITIES, RETIREMENT/SKILLED NURSING FACILITIES.

ACCREDITATION: THIS PROGRAM IS APPROVED BY THE WASHINGTON STATE DEPARTMENT OF HEALTH NURSING QUALITY CARE ASSURANCE COMMISSION.

FOR MORE INFORMATION CONTACT:
MUCKLESHOOT TRIBAL COLLEGE
39811 AUBURN ENUNGLAW RD SE
AUBURN, WA 98092
DENISE BILL (253) 876-3345
DENISE.BILL@MUCKLESHOOT.NSN.US

HEALTH & WELLNESS

Muckleshoot Needle Exchange Program

Muckleshoot Behavioral Health



New Service Requirements

COVID-19 precautions must be adhered to (temperature taken, checklist questions, masks must be worn) Mobile unit available by request with 24 hour prior notice Call/Text (253)350-5021

Needle Exchanges at MIT Behavior Health Hours: Monday thru Friday- (9 AM-12 PM, 1:00 PM-4:30 PM) This is a non-judgmental service for Injection Drug Users.

Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

FENTANYL WARNING

Fentanyl is causing an increasing number of deaths in King County.

Most drugs can be cut with fentanyl.

Fentanyl has been found locally in fake oxycodone pills & in white and blue powders.



Drugs pictured here were found at overdose death scenes in King County and tested positive for fentanyl.

Public Health Seattle & King County

Muckleshoot Behavioral Health Program & Family and Youth Services

WOMEN'S CIRCLE

Empowerment for indigenous women is enhanced when we are able to come together and share our experiences. Join us weekly to discuss issues and offer a place of safety, validation, support, and solidarity!



Drop-in support group for women

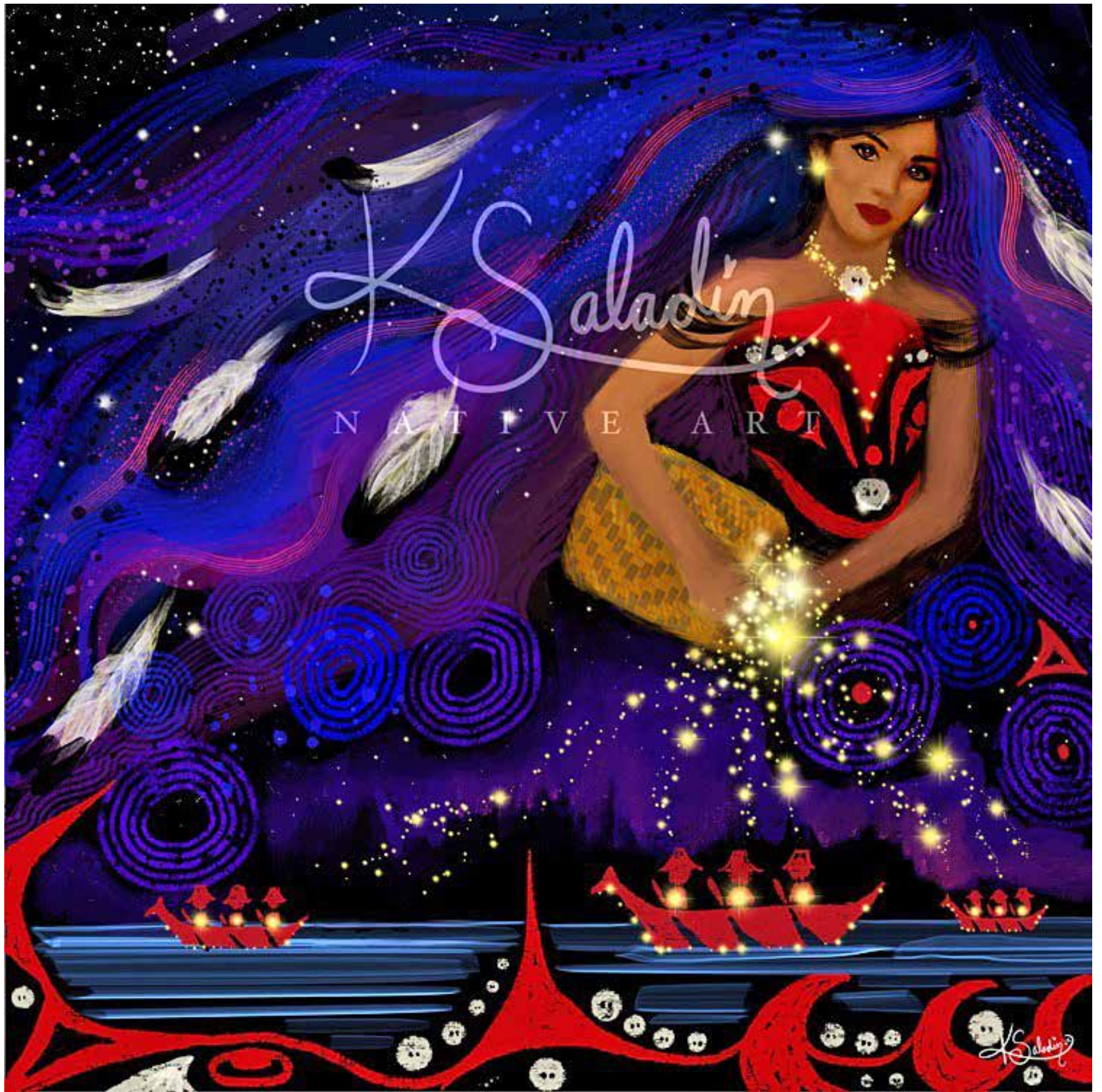
When: Every Wednesday at 3-4pm

Where: Muckleshoot Barn (behind Butterfly House)

38407 180th Ave SE Auburn, WA 98092



For more info contact: Equine Services at (253)281-3964 Muckleshoot Behavioral Health Program (253) 804-8752 Family and Youth Services (253) 333-3605



EMPLOYEE BENEFITS FAIR



OPEN ENROLLMENT NOV. 1- NOV. 30, 2022

BENEFIT QUESTIONS?

EXPERTS FROM EACH OF OUR PROVIDERS WILL BE PRESENT TO ADVISE YOU ON THE SPECIFICS OF YOUR BENEFITS PACKAGE.

BENEFIT ELIGIBLE?

The Benefits Fair is your annual opportunity to make changes to your benefits plan for the 2023 plan year.

FLU SHOTS

Walgreens will be onsite for flu shots. Please bring your benefits/medical insurance card so the shot will be covered by your preventative care benefit. Supplies are limited.

VENDORS

UMR, Optum Rx, DDWA Willamette, VSP Wellsprings

WHEN November 18, 2022 10:00am-3:00pm

WHERE MWC- Cedar & Mountain Conference Rooms 17500 SE 392nd St., Auburn, WA 98092

DOOR PRIZES, RAFFLES, LIGHT REFRESHMENTS AND LUNCH WILL BE PROVIDED!

IF YOU CANNOT ATTEND THE BENEFITS FAIR BUT WISH TO MAKE CHANGES PLEASE CONTACT: CANDICE STREET (253) 876-3025 OR CANDICE.STREET@MUCKLESHOOT.NSN.US OR LEANORA POWELL (253) 876-3201 OR LEANORA.POWELL@MUCKLESHOOT.NSN.US



The Salmon Jam was a success!

The 14-17 age bracket placers:

Hoopsters Nooksack
Muckleshoot Naptime
Nisqually Zugwatz played up and placed in both brackets

11-13 age bracket:

Nisqually Zugwatz
Lummi Bomber
Muckleshoot Bennaly Boys, Salena Jackson, Coach

The entry fee for the tournament was unused toys to donate to Children's Hospital. A positive fun event. Kids helping kids.



The Lap pool, Spa and Wader pool
Closing for maintenance

Will be closing for a resurfacing project. We thank you for your patience during our project. Exact dates soon.

Go365 is at the
Muckleshoot Wellness Center
Are you Ready?

Streamline your workout by using our Mindbody app to book your workout ahead of time
Keep track of your progress anywhere with the InBody app
WALK IN. WORK OUT. Earn rewards wirelessly Go365™ app

Available on the App Store
GET IT ON Google Play

Muckleshoot Wellness Center
Hours of operation
Monday-Friday 6am-7pm
Saturday 8-5
Closed Sunday

TAKE THE
ZERO TO 60
CHALLENGE

DON'T LET SUGAR SHAPE YOU.
Can you go 30 days without sugary drinks?

0 60
ZERO SUGARY DRINKS UP TO 60 OZ OF WATER

60 oz. of water per day may not be suitable for everyone. Use discretion when consuming water to avoid over consumption which can lead to hyponatremia.

Share your journey with us!

@NotahBegayFoundation
#ZeroTo60 #DontLetSugarShapeYou
#healthykidshealthyfutures

NEW CLASS
@ THE WELLNESS CENTER

SPORTS AND CONDITIONING CLASS

Get ready for the upcoming fall sports season! Muckleshoot Wellness Center will be offering a new sports and conditioning class to help you get into shape. In this class you will learn new skills to be faster, stronger get better endurance and more explosiveness.

Download the Mindbody app to reserve a spot! Go to the app store > Search mindbody > create an account or login > Search Muckleshoot > click the wellness logo > reserve spots for classes. See what classes are on what days!

Every Friday
at 12 p.m.
and 5:15 p.m.

MHWC BASKETBALL CLINIC

WHEN: Weekend 1: November 5th and 6th
Weekend 2: November 12th and 13th

WHERE: Muckleshoot Wellness Center Gym

FOR WHO: Muckleshoot Youth/ Community Youth- 3rd-12th grade

At this basketball clinic you will learn all the skills to make you one of the best basketball players you can be!

<p>Grades 3-6</p> <p>9:00- Introduction & Warm up 9:15- Camp Game 9:30- Skill Stations (Dribbling, Passing, Defense, Shooting) 11:00- Live Play (3 on 3) 11:55- Camp Closing Remarks</p>	<p>Grades 7-12</p> <p>1:00- Introduction and Warm Up 1:15- Skill Stations 2:45- Contests 3:00- Live Play 3:55- Camp Closing Remarks</p>
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Questions? Contact Caryn Avila @ (253) 876- 6962

PENTECOSTAL



Praise the Lord,
Give thanks to the Lord,
for he is good;
his love endures forever.
Psalms 106:1

Services:
Sunday ~ 10 am, 6 pm
Wednesday ~ 8:30 pm

Headstone Blessing

Kenny Williams

Wednesday 12/21/2022

10 am - New Whitelake Cemetery

Dinner & Giveaway to follow

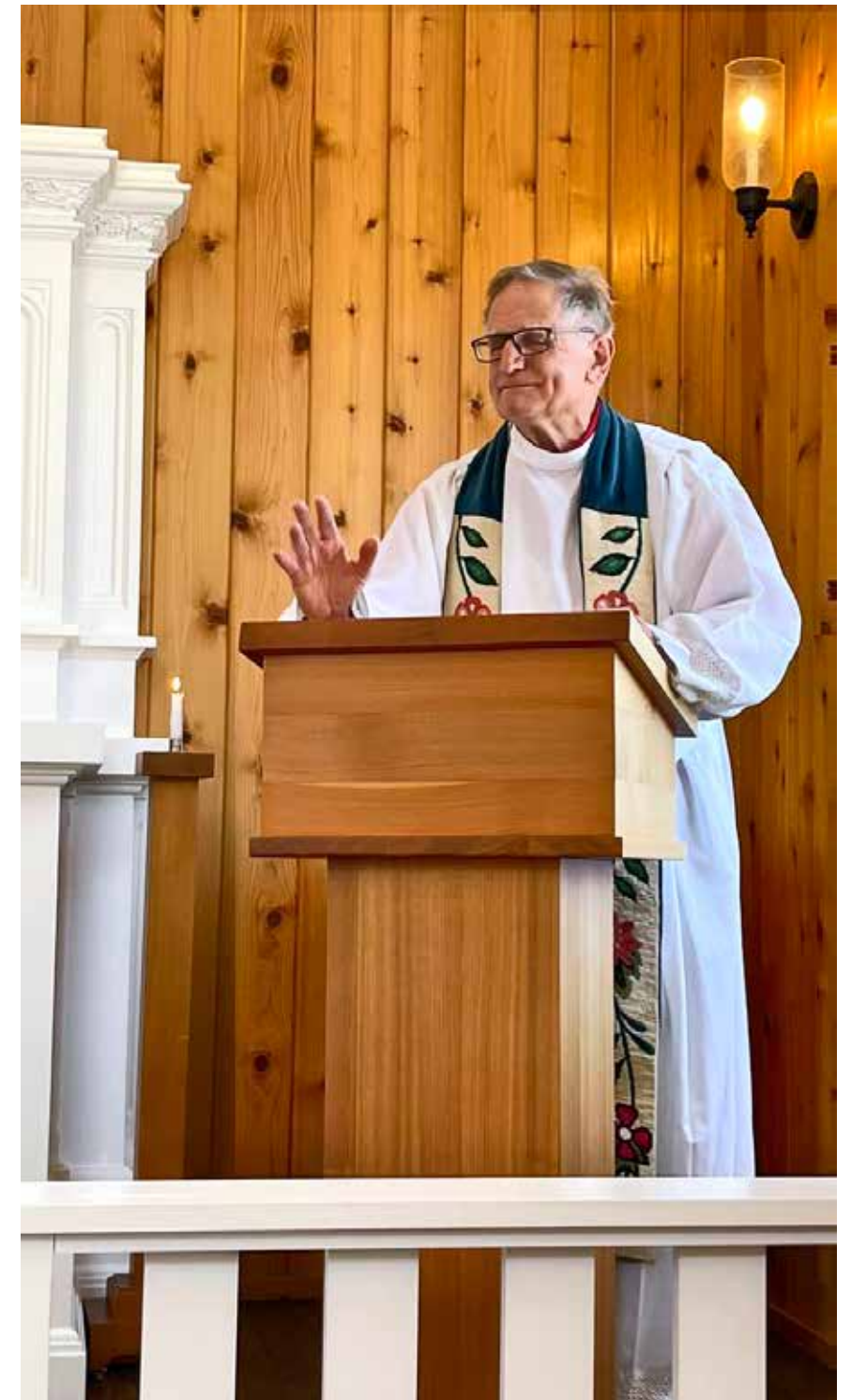
Pentecostal Church

NEW SHAKER LEADERS

Congratulations to the new 1910 Indian Shaker Church Washington State Board!

- Bishop: Dennis Anderson Sr.
- 1st Elder: Hoss Tulee
- 2nd Elder: Wayne Barr
- 3rd Elder: Rose Davis
- 4th Elder: Jimmie Tyler
- 5th Elder: Marianne Charley

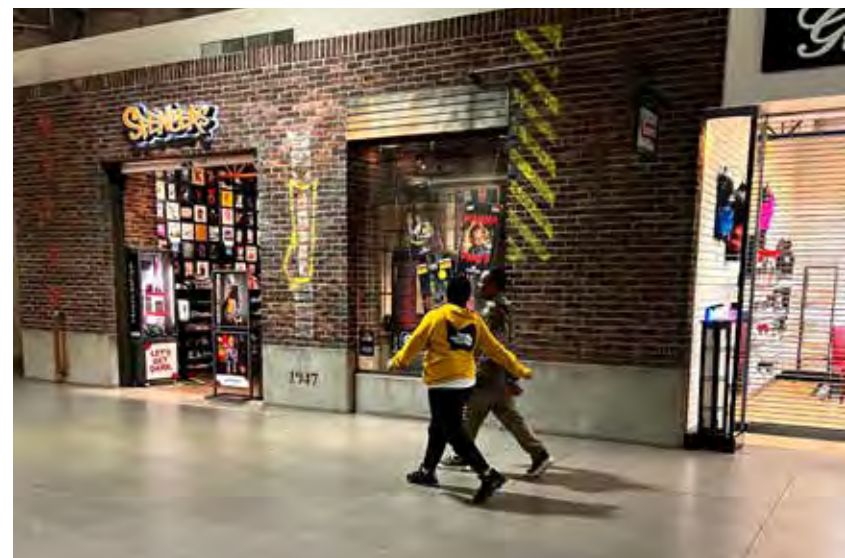
The Muckleshoot 1910 Indian Shaker Church will host the 2023 Washington Convention on October 13-15, 2022.



The beloved Father Pat Twohy at Muckleshoot Catholic Church

2022 Per Capita Deadlines and Schedule

- October 14, 2022 - Enrollment Cut Off Date for November 2022 Per Capita
- October 14, 2022 - Deadline for New Direct Deposits to be submitted to Tax Fund
- November 4, 2022 - Deadline to stop taking Direct Deposit Changes/ Cancellations
- November 21, 2022 - Per Capita Distribution (Location HWC - Gym) 7:30 am - 5:30 pm
- November 22, 2022 - Per Capita Distribution (Location HWC - Gym) 8:00 am - 5:00 pm
- November 23, 2022 - All remaining Per Capita checks will be mailed to address on file with Finance



We'd like to announce that we are opening two Kiosks in the Outlet Collection Seattle mall in Auburn. Both will be located by Dick's sporting goods and Spencer's. We'll be selling plush dolls, kids toys and Native Beadwork. Opening soon. Come and check us out! - Micah & Charidy McDaniel

Muckleshoot Private School Assistance Program

Now accepting applications for 2022-2023!

The Muckleshoot Private School Assistance Program (PSAP) will pay for the following items:

1. Application fee- two application fees per academic year
2. Deposit fee
3. Testing fees
4. Transportation

CONTACT US TODAY!
253-294-8032
Amy Castaneda
253-876-3382
Marie Marquez

Note: Prior to requesting funds, please contact our office to ensure that the private school you are interested in does meet the program eligibility guidelines.



Fay's Aerial Photography LLC

FAA Certified Licensed Drone Pilot/Insured - Aerial & Camera Photography - Events | Commercial



Events * Surveying * Construction * Commercial Projects * Real Estate * Search & Rescue

Basic Price List - Aerial Photos

200 per Hour plus materials
100 per Drone photo - Unedited (Basic editing price negotiated)

Additional costs may be applied depending on the location, event, permits needed and level of difficulty of the shots

Aerial Videography
Video Photography - Price will be discussed per scope of services needed for video footage per:
*Length of Video Needed
*Location of Video being shot
*If a Special Permit is required

Prices will be negotiated for anything beyond the basic scope of service, event or project needed

Traditional Camera Shots are offered and the price and pictures can be discussed

Services could be Delayed, Rescheduled or Canceled due to Weather at any time

Contact: Fay Moses * 253-508-2232 * faymoses13@gmail.com

Muckleshoot Child and Family Services (MCFS)

Contact Information for the MCFS Program

Address:
1220 "M" Street SE
Auburn, WA 98002

Main Phone: 253-833-8782
Fax: 253-876-3095

CPS Intake Hotline for afterhours Call of Concern report of neglect/abuse:
1-866-ENDHARM (363-4276)



Muckleshoot Indian Tribe Community Day at Maris Farms Pumpkin Patch 2022!

PHOTOS BY JOHN LOFTUS

I can definitely say 2022 Muckleshoot Pumpkin Patch was a success. We planned for 550-600 people – a number we never gone over since we’ve had this event up at Maris Farms – and wound up having almost 1,300 people attend this year! I’m super happy to see people, even for a second, and finally seeing so many of you coming out to enjoy our tribal events again makes my heart full.

I want to apologize for the food cards. Like I said, we never had the numbers we had this time – more than twice as many. “We” – all staff and I – already talked about how we can make things easier, faster, better for next year. And this is one of the many reasons I love doing this event at the patch. Thank you all for understanding and being as patient as possible for the vouchers.

We opened the doors right at 3:00 PM and the line never ended til after 7:30 PM. Again, I can’t keep saying it enough: Thank you all for coming, and for tagging me in your family adventures. We couldn’t be successful without all of you coming to enjoy. Thank you to events Ginger Starr Amelia Starr staff who were able to make it and Derek for always being there for support and helping hands, blood and sweat.

Love you all, take care of health and mind. Stay strong and healthy so we can continue to break records for our tribal events.

Frankie Lezard



Minor's Trust

Applications are available outside the finance building on the forms wall. We can also email or mail them upon request.

The Minor's Trust Education Class is available online or over the phone with Providence First Trust. The class is a requirement to receive the final distribution. If you would like to sign up, please call or email your contact information. We need a good email address and phone number to sign you up.

For questions, please contact:
Wahleah Wight
 253-337-3236
 Wahleah.wight@muckleshoot.nsn.us

Indigenous brilliance and joy on TV!




Look, Listen and Learn TV is a Seattle-based award-winning children's television program featuring Indigenous, Black and other families of color.

Airing on local TV channels and streaming on  YouTube

Channel 21 Saturdays & Sundays 8:30am and 2:30pm
 Channel 22 Saturdays 8am and 8pm

www.looklistenandlearn.org



Muckleshoot Tribal Dispatch

253-294-8078

Good Day To all Muckleshoot Tribal and community members. We would like to introduce a New Program that was designed to help you with your transportation needs. whether you need a ride to the store or you have appointments, You can call on us to schedule your rides.

Introductions
 A.M. Call Taker - Marcy Mathias
 P.M. Call Taker - Jo-Al Moses
 MTD Supervisor - Julius Jimmie JR



ATTENTION MUCKLESHOOT TRIBAL MEMBERS

EFFECTIVE MONDAY, MAY 2nd, 2022

Water, Sewer & Garbage will be placed with The Family Resource Center.

Please send all Water, Sewer & Garbage invoices, reimbursement request or questions to: WSG@Muckleshoot.nsn.us

If you have any questions, please feel free to contact:

Renae Ward Anderson (253) 876-3126
 Kristina Jones (253) 876-3357

EMERGENCY CONTACT NUMBERS

FOR FIRE, MEDICAL, OR POLICE EMERGENCIES CALL 911 FIRST

- **TRIBAL GOVERNMENT BUILDING — AFTER HOURS EMERGENCY LINE (4PM — 7AM)**
(253) 561-1297
- **GENERATOR — ELDER AND TRIBAL GOVERNMENT BUILDING EMERGENCY LINE**
Gregorio (253) 409-3885 | Brook (253)736-3891
- **SECURITY EMERGENCY LINE FOR EMERGENCIES, CALL 911 FIRST THEN SECURITY**
(253) 261-7707
- **TRIBAL HOUSING EMERGENCY LINE**
(253) 261-0779
- **PUBLIC WORKS EMERGENCY LINE**
(253) 876-3030
- **EMERGENCY MANAGEMENT**
Ada McDaniel (253) 261-4724
- **TRANSPORTATION**
Phillip James | Transit Manager (253)876-3326

We do have a few rules that you need to follow.

- No smoking, Vaping of any kind in our vehicles.
- No open containers
- You must schedule all your stops when you call in.
- All Calls are scheduled to availability of drivers.

FREE WILL DRAFTING

FOR MUCKLESHOOT TRIBAL MEMBERS, NON-TRIBAL SPOUSES, AND MEMBERS OF THE COMMUNITY



Please call or email to schedule an appointment:
Law Offices of Kate Jones
 katejoneslaw@gmail.com
 (206) 370-1034
 www.lawofficesofkatejones.com

Basic Estate Planning Includes:

- Will
- Power of Attorney
- Healthcare Directive
- Disposition of Remains

Office hours are the first Wednesday of every month at the Philip Starr Building, Office #283.

SERVICES PROVIDED BY:
 Law Offices of Kate Jones
 Wills & Estate Planning Services

Workshop & Training Program

Workshop & Training funds enrolled Muckleshoot Tribal Members on a biennially basis (once every 2 years) to attend any educational and wellness workshops, conference, or training. The funding is to cover registration fees, travel expenses, lodging, per diem and shuttle fees, application must be submitted at least 30 days prior to the event for approval.


Hours 9:00am 5:00pm

If you have any questions email at:
 Laurie.Williams@muckleshoot.nsn.us
 253-876-3381
 Dena.Starr@muckleshoot.nsn.us
 253-876-3147



STILL MISSING

Missing and Murdered Indigenous People and Families



Do you need assistance with your child care expenses or respite care?

Are you?

- Employed
- Enrolled in educational courses
- In job training
- Or participating in job search activities

Is your child(ren)?

- 12 years of age or younger
- Enrolled in a federally recognized tribe or a descendant (parent must be enrolled) of a federally recognized tribe

Are you in need of respite care (income guidelines do not apply)?

- for a child/ren placed by State Child Protective Services- ICW or the Muckleshoot Child, Family Services (MCFSS) Program,
- for a child/ren needing specialized or a high level of care

Child care is based upon your family size and monthly income that is at or below 85% of King County's median income (100% for Muckleshoot Tribal Members). You may qualify, if your family's monthly income falls below the following income range:

Family Size:	85% Median Monthly Income	100% Median Monthly Income (MIT Members Only)
1	\$0-\$5,490	\$5,491-\$6,458
2	\$0-\$6,276	\$6,277-\$7,383
3	\$0-\$7,062	\$7,063-\$8,308
4	\$0-\$7,841	\$7,842-\$9,225
5	\$0-\$8,472	\$8,473-\$9,967
6	\$0-\$9,102	\$9,103-\$10,708
7	\$0-\$9,725	\$9,726-\$11,442
8	\$0-\$10,356	\$10,357-\$12,183

To apply, applications are located at the doorway to the Muckleshoot Early Childhood Education Center, 15599 SE 376th St, Auburn, WA 98092
 Or if you have any questions, contact the Muckleshoot CDFD Program at (253) 876-3056 or Julia Anderson at (253) 876-3079, Email: julia.anderson@muckleshoot.nsn.us



Muckleshoot Housing Authority

Announcing NEW PROGRAM

Tree Removal Assistance

Attention Tribal Member Property Owners!

Any tribal member meeting the eligibility guidelines may apply for this assistance

Please contact housing to learn eligibility guidelines

Items Covered:

- Tree Removal
- Stump Grinding (relating to tree removal)
- Lawn Restoration (relating to tree removal)
- Reimbursement (time sensitive)

For more information call Dorothy Doheny (253) 876-3027 or email: dorothy.doheny@muckleshoot.nsn.us

Kaylee Mae Nelson-Jerry

Auburn WA

Missing between June 19th 2019 & early July 2019

Age 21 when missing
 Dark Brown Eyes
 Black Hair
 5' 7" tall, 135 lbs



If seen in any city, dial 911 refer to Auburn PD case# 19-11631 or Auburn PD tip line (253) 288-7403 or Muckleshoot Tribe PD tip line (253) 876-2850

Source: Family (5-22-21)

OFFICIAL MUCKLESHOOT SOCIAL MEDIA SITES

Here are the links to the official Muckleshoot Indian Tribe social media accounts. These profiles will be used to provide updates regarding COVID-19 news/services.

-  **Facebook:** <https://www.facebook.com/pg/Muckleshoot-Indian-Tribe-100533941592033/posts/>
-  **Twitter:** https://twitter.com/social_mit
-  **Instagram:** @mit.social | <https://www.instagram.com/mit.social/>

PUBLIC WORKS LOCATIONS AND HOURS:

WATER TREATMENT FACILITY
 39620 176 TH LANE SE (253) 876-3054.
HOURS 7 – 4. ENGINEERING, SEWER & WATER TREATMENT STAFF

TRANSFER STATION
 17613 SE 400 TH STREET
 HOURS M – F 7 – 3:45 - SAT & SUN 1 - 4:30
 (253) 876-3338 OR (253) 876-2911

DUMPSTERS ARE LEFT FOR 3 DAYS. **DO NOT PUT HAZARDOUS HOUSEHOLD MATERIALS IN DUMPSTERS-** SUCH AS: MOTOR OILS, COOKING OILS, PAINT OR FLUORESCENT LIGHT BULBS.

HOUSING TENANTS PLEASE CONTACT HOUSING TO REQUEST A DUMPSTER.

PUBLIC WORKS 40222 AUBURN-ENUMCLAW RD. SE. (253) 876-2975. FIREWOOD, GROUND MAINTENANCE AND PUBLIC WORKS STAFF

DUMPSTER OR SITE REQUEST EMAIL
 PW.WORKORDERS@MUCKLESHOOT.NSN.US

FIREWOOD REQUEST EMAIL
 WOODORDERS@MUCKLESHOOT.NSN.US

PW - AFTERHOURS EMERGENCY LINE
 (253) 876-3030

REMINDER:
WATER SEWER & GARBAGE PROGRAM IS NOW OPERATED BY THE RESOURCE CENTER – PLEASE CALL (253) 876-3336

Homecoming





Opening of the MIT Sla Hal Shed Warming Shelter on December 5th, 2022.

Limited Beds – MIT member's priority

- ❖ Daily meals provided/Clothing Bank
- ❖ Showers open daily at Ballfield Bathrooms
- ❖ Arts & Crafts / Group meetings daily
- ❖ NO drugs/alcohol – Immediate termination
- ❖ NO hotel stays provided
- ❖ 18 yrs. +
- ❖ No pets allowed (sorry for this inconvenience)
- ❖ MIT Shuttle times may vary
- ❖ More Information is provided at the time of check-in!

FACE Growing Readers



Sign up to get new books for your child! When you sign up for the program, your child will receive packets of fun, easy-to-read picture books mailed to your home or P.O. Box, on a regular basis. At the end, your child will have lots of new picture books for their own home library! This program is paid for through the BIE's Family and Child Education (FACE) program, and is completely free for your family.



Signing up is simple!
Here are three ways:

1. Scan the QR code with your phone's camera.
2. Visit www.uniteforliteracy.com/corp/bie
3. Sign up with paper forms, then return them to your child's teacher.



Your books will be in the mail soon!

Unite Literacy

4 - 6 years old

Set B

- 4-6 year old books
- Books are 5"x5" with real-world pictures and fun topics
- 4 books + 1 family tip card mailed every week for 6 months
- 100 books in all



Birth to three & Support Services

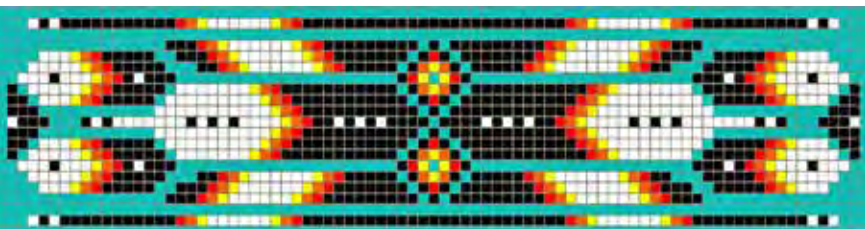
What is Birth to Three?
The Muckleshoot B3 Program serves Native American children birth to three years of age. B3 provides a safe nurturing environment that promotes the language, physical, social/emotional, adaptive and cognitive development of young children, as well as providing them accessible local early intervention services for native infants and toddlers with disabilities. Native American children have the opportunity to explore their Native heritage.

Sign up today with QR code below!



What is support services?

The Muckleshoot Early Childhood Education Support Services Program provides accessible local therapy services for Native infants, toddlers, and preschoolers (0-5) with disabilities.



EFFECTIVE MARCH 12TH, 2022

Facial Masks will only need to be worn at the Muckleshoot Health Clinic, Dental Clinic, Pharmacy, MINDCARE Clinic, Optical Clinic and Business Office.

Masks will be optional in all other MIT Government Offices.



We now have Stumptown Nitro Cold Brew on tap!

Pairs well with our new Salted Caramel syrup, macadamia nut syrup, cinnamon syrup with a float of oat milk.
12 oz. - \$4
16 oz. - \$5
20 oz. - \$6



NEW TRANSFER STATION HOURS EFFECTIVE 8/25/2022:

17613 SE 400TH STREET
(253) 876-3338 OR (253) 876-2911

Monday - Friday 7 - last car at 3:30

Saturday - Sunday 1- last car at 4:30

Housing tenants please contact Housing to request a dumpster.

Dumpsters are left at residence for 3 days.

Do not put hazardous household materials in dumpsters; motor oils, cooking oils, paints or fluorescent light bulbs.

INTERCULTURAL CHILDREN & FAMILY SERVICES KINSHIP PROGRAM

ATTENTION: KINSHIP CAREGIVERS!

Are you an African American or Native American Kinship Caregiver living in King County? The Kinship Alliance of King County is here to support and provide resources for Kinship Caregivers in King County. If you are in need of services please give us a call 253.754.0471



King County Veterans, Seniors & Human Services Levy

"This program receives funding from the King County Veterans, Seniors and Human Services Levy"



Please join us for Baby Group!

Who: Babies 0-18 months & their parent/guardian

When: Every Tuesday 11:15-12:00PM

What: Story time, cultural singing, a Support Services guest speaker will discuss a variety of topics, including areas of child development. They will answer specific questions as well.

Why: Monitor your child's development and stay connected to peers, and prepare your child for Birth to Three toddler class.

How: Attend in person or a zoom link will be sent to your email or phone.

Natasha Sheldon (Parent Liaison/FRC)
MECE Support Services
Desk Phone: (253) 294-8008
Work Cell: (253) 329-8250
Natasha.Sheldon@muckleshoot.nsn.us



Enroll today!

FEATHERED HEALING CIRCLE

The feathered healing circle is doing meetings by appointment for NA or AA meetings. Call and we will meet at a spot with masks and have a meeting. Call Cynthia at 253-218-5542.



CCDF Infant/Toddler Center
15532 SE 376th St
Auburn, WA 98092
(253) 876-3032



We Are Open!

We are accepting applications for child care at the Infant/Toddler Center for children ages 3 weeks old - 3 years old!

Applications available in the lobby of our center, or contact for electronic copy.

For more info contact
Monalisa Garcia,
Enrollment Coordinator
(253) 876-3224

Monalisa.Mendoza@muckleshoot.nsn.us



www.rageproducts.net

MUCKLESHOOT WARRIORS PATH

Warriors Path aims to provide culturally-centered activities based around education and alcohol/drug prevention for 8th-12th graders.

Carving - Harvesting - Fishing -Paddling/ Pulling - Medicine Making

FRIDAYS 12PM-4PM @ MTS
Meet at the MTS cafeteria unless otherwise specified

For more information and to sign up, contact
Devin Whiteaker @
(253) 263-3661
devin.whiteaker@muckleshoot.com

Muckleshoot Indian Tribe Head Start Program

Quality Early Childhood Education Program serving children ages three to five-years old.

The Head Start Program gives priority for families who meet eligibility criteria such as income eligibility, homeless, foster placement or a child with a disability.

The Muckleshoot Head Start will be recruiting New Children ages 3-5. Parents will need to fill out an application.

Other documents needed:
Age verification (birth certificate, tribal ID, child insurance card or state immunization registry)
Current Income (1040 tax return, W2 forms or Pay Stubs)
Well Child Exam
Dental Exam
Immunizations
Updated court papers - if applicable

Applications are available:
Complete the JOT form or call for an application
Pearl Barr 253-876-3094/253-569-8107
Completed Applications can be dropped off at:
The MEIA building at 15599 SE 376th St. Auburn, WA. 98092
Scanned and E-mailed to Pearl Barr at pbar@tribe.muckleshoot.nsn.us
Faxed to 253-876-3037
Make sure you sign and date all documents.

CALL US TODAY!!!

Muckleshoot Head Start
253-876-3056

Now Accepting Applications for the 2022-2023 Program Year